


Metompkin Inlet, VA - Feb 2025

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 10:28 | 4.4 | 10:50 | 3.9 | 3:53 | -0.9 | 4:29 | -0.6 | 7:05 | 5:26 | ☀ |
| 2 | Sun | 11:13 | 4.1 | 11:40 | 4.0 | 4:45 | -0.7 | 5:15 | -0.6 | 7:04 | 5:27 | 🌙 |
| 3 | Mon | | | 12:01 | 3.7 | 5:42 | -0.4 | 6:03 | -0.5 | 7:03 | 5:28 | 🌙 |
| 4 | Tue | 12:34 | 3.9 | 12:53 | 3.3 | 6:43 | -0.2 | 6:55 | -0.4 | 7:02 | 5:29 | 🌙 |
| 5 | Wed | 1:33 | 3.9 | 1:51 | 2.9 | 7:47 | 0.1 | 7:51 | -0.3 | 7:01 | 5:30 | 🌙 |
| 6 | Thu | 2:38 | 3.8 | 2:56 | 2.6 | 8:56 | 0.2 | 8:51 | -0.2 | 7:00 | 5:31 | 🌙 |
| 7 | Fri | 3:48 | 3.8 | 4:05 | 2.5 | 10:07 | 0.3 | 9:55 | -0.2 | 6:59 | 5:33 | 🌙 |
| 8 | Sat | 4:56 | 3.9 | 5:10 | 2.6 | 11:18 | 0.2 | 10:59 | -0.3 | 6:58 | 5:34 | 🌙 |
| 9 | Sun | 5:57 | 4.0 | 6:08 | 2.7 | | | 12:18 | 0.1 | 6:57 | 5:35 | ☀ |
| 10 | Mon | 6:51 | 4.1 | 6:59 | 2.9 | | | 1:07 | -0.1 | 6:56 | 5:36 | ☀ |
| 11 | Tue | 7:38 | 4.1 | 7:46 | 3.0 | 12:51 | -0.6 | 1:49 | -0.2 | 6:55 | 5:37 | ☀ |
| 12 | Wed | 8:20 | 4.1 | 8:29 | 3.2 | 1:38 | -0.7 | 2:26 | -0.2 | 6:54 | 5:38 | ☀ |
| 13 | Thu | 8:59 | 4.0 | 9:10 | 3.3 | 2:21 | -0.7 | 3:01 | -0.2 | 6:53 | 5:39 | ☀ |
| 14 | Fri | 9:37 | 3.9 | 9:50 | 3.4 | 3:02 | -0.6 | 3:35 | -0.2 | 6:52 | 5:40 | ☀ |
| 15 | Sat | 10:14 | 3.7 | 10:29 | 3.5 | 3:43 | -0.4 | 4:09 | -0.1 | 6:51 | 5:41 | ☀ |
| 16 | Sun | 10:51 | 3.5 | 11:09 | 3.5 | 4:24 | -0.2 | 4:44 | 0.1 | 6:49 | 5:42 | ☀ |
| 17 | Mon | 11:28 | 3.2 | 11:50 | 3.4 | 5:07 | 0.1 | 5:20 | 0.2 | 6:48 | 5:43 | ☀ |
| 18 | Tue | | | 12:08 | 2.9 | 5:53 | 0.4 | 5:59 | 0.4 | 6:47 | 5:44 | ☀ |
| 19 | Wed | 12:34 | 3.4 | 12:51 | 2.7 | 6:41 | 0.7 | 6:43 | 0.6 | 6:46 | 5:46 | ☀ |
| 20 | Thu | 1:24 | 3.3 | 1:40 | 2.5 | 7:35 | 0.9 | 7:32 | 0.6 | 6:44 | 5:47 | ☀ |
| 21 | Fri | 2:22 | 3.3 | 2:38 | 2.4 | 8:33 | 1.0 | 8:27 | 0.6 | 6:43 | 5:48 | 🌙 |
| 22 | Sat | 3:25 | 3.4 | 3:40 | 2.5 | 9:34 | 1.0 | 9:26 | 0.5 | 6:42 | 5:49 | 🌙 |
| 23 | Sun | 4:26 | 3.6 | 4:40 | 2.6 | 10:35 | 0.8 | 10:26 | 0.3 | 6:41 | 5:50 | 🌙 |
| 24 | Mon | 5:22 | 3.9 | 5:35 | 2.9 | 11:31 | 0.6 | 11:23 | -0.1 | 6:39 | 5:51 | 🌙 |
| 25 | Tue | 6:14 | 4.2 | 6:26 | 3.2 | | | 12:21 | 0.2 | 6:38 | 5:52 | 🌙 |
| 26 | Wed | 7:02 | 4.4 | 7:15 | 3.6 | 12:17 | -0.4 | 1:07 | -0.1 | 6:37 | 5:53 | 🌙 |
| 27 | Thu | 7:48 | 4.6 | 8:03 | 3.9 | 1:08 | -0.8 | 1:50 | -0.5 | 6:35 | 5:54 | 🌙 |
| 28 | Fri | 8:34 | 4.6 | 8:52 | 4.2 | 1:58 | -1.0 | 2:32 | -0.7 | 6:34 | 5:55 | ☀ |