



## Metompkin Inlet, VA - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:20	4.5	9:40	4.4	2:48	-1.1	3:15	-0.8	6:32	5:56	☀
2	Sun	10:05	4.2	10:29	4.5	3:39	-1.0	3:59	-0.8	6:31	5:57	☀
3	Mon	10:52	3.9	11:19	4.5	4:32	-0.8	4:45	-0.7	6:30	5:58	☀
4	Tue	11:41	3.5			5:29	-0.5	5:35	-0.5	6:28	5:59	☀
5	Wed	12:13	4.3	12:34	3.1	6:29	-0.2	6:30	-0.3	6:27	6:00	☀
6	Thu	1:12	4.1	1:33	2.8	7:34	0.2	7:30	0.0	6:25	6:01	☀
7	Fri	2:19	3.9	2:41	2.6	8:43	0.4	8:35	0.1	6:24	6:02	☀
8	Sat	3:34	3.7	3:55	2.5	9:56	0.5	9:43	0.1	6:22	6:03	☀
9	Sun	5:47	3.7	6:03	2.7			12:06	0.4	7:21	7:04	☀
10	Mon	6:47	3.8	6:59	2.9			1:02	0.3	7:19	7:05	☀
11	Tue	7:36	3.8	7:45	3.1	12:49	-0.1	1:45	0.2	7:18	7:05	☀
12	Wed	8:17	3.9	8:26	3.3	1:39	-0.3	2:22	0.1	7:17	7:06	☀
13	Thu	8:55	3.9	9:05	3.6	2:23	-0.4	2:54	0.0	7:15	7:07	☀
14	Fri	9:31	3.8	9:42	3.7	3:03	-0.4	3:25	-0.1	7:14	7:08	☀
15	Sat	10:07	3.7	10:20	3.8	3:41	-0.3	3:56	0.0	7:12	7:09	☀
16	Sun	10:42	3.6	10:57	3.9	4:19	-0.2	4:28	0.1	7:11	7:10	☀
17	Mon	11:19	3.4	11:35	3.9	4:58	0.0	5:02	0.2	7:09	7:11	☀
18	Tue	11:56	3.2			5:38	0.2	5:38	0.4	7:08	7:12	☀
19	Wed	12:15	3.8	12:34	3.0	6:21	0.5	6:17	0.6	7:06	7:13	☀
20	Thu	12:57	3.7	1:15	2.8	7:08	0.7	7:01	0.7	7:04	7:14	☀
21	Fri	1:45	3.6	2:03	2.6	8:00	1.0	7:53	0.8	7:03	7:15	☀
22	Sat	2:41	3.5	3:01	2.6	8:57	1.1	8:52	0.8	7:01	7:16	☀
23	Sun	3:45	3.6	4:06	2.7	9:58	1.0	9:54	0.6	7:00	7:17	☀
24	Mon	4:49	3.7	5:09	2.9	10:58	0.9	10:57	0.4	6:58	7:18	☀
25	Tue	5:48	3.9	6:06	3.2	11:54	0.6	11:57	0.0	6:57	7:19	☀
26	Wed	6:41	4.2	6:59	3.7			12:45	0.2	6:55	7:19	☀
27	Thu	7:31	4.4	7:50	4.1	12:55	-0.3	1:31	-0.2	6:54	7:20	☀
28	Fri	8:19	4.4	8:39	4.5	1:49	-0.7	2:16	-0.5	6:52	7:21	☀
29	Sat	9:07	4.4	9:28	4.8	2:42	-0.9	3:00	-0.8	6:51	7:22	☀
30	Sun	9:55	4.3	10:18	5.0	3:33	-1.0	3:45	-0.8	6:49	7:23	☀
31	Mon	10:43	4.0	11:08	5.0	4:25	-1.0	4:31	-0.8	6:48	7:24	☀