

































Metompkin Inlet, VA - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:41	4.3	5:00	3.7	10:45	0.2	10:53	-0.3	6:59	4:44	
2	Tue	5:35	4.7	5:54	3.6	11:45	-0.1	11:45	-0.6	6:59	4:43	
3	Wed	6:28	5.0	6:47	3.6			12:43	-0.4	7:00	4:43	
4	Thu	7:21	5.3	7:40	3.6	12:36	-0.8	1:37	-0.6	7:01	4:43	
5	Fri	8:14	5.3	8:33	3.5	1:28	-0.9	2:30	-0.6	7:02	4:43	
6	Sat	9:08	5.3	9:26	3.4	2:20	-1.0	3:23	-0.5	7:03	4:43	
7	Sun	10:01	5.1	10:20	3.3	3:12	-0.9	4:17	-0.4	7:04	4:43	
8	Mon	10:55	4.8	11:14	3.2	4:07	-0.6	5:12	-0.2	7:05	4:43	
9	Tue	11:47	4.4			5:03	-0.3	6:07	0.0	7:06	4:43	
10	Wed	12:10	3.1	12:41	4.0	6:03	0.0	7:02	0.2	7:06	4:43	
11	Thu	1:10	3.1	1:36	3.6	7:05	0.3	7:54	0.3	7:07	4:44	
12	Fri	2:12	3.1	2:33	3.3	8:09	0.5	8:43	0.4	7:08	4:44	
13	Sat	3:15	3.2	3:29	3.0	9:12	0.6	9:29	0.4	7:09	4:44	
14	Sun	4:11	3.4	4:22	2.9	10:14	0.7	10:13	0.4	7:09	4:44	
15	Mon	5:00	3.5	5:10	2.8	11:11	0.6	10:57	0.4	7:10	4:45	
16	Tue	5:43	3.7	5:54	2.8			12:00	0.6	7:11	4:45	
17	Wed	6:25	3.9	6:36	2.8			12:43	0.5	7:11	4:45	
18	Thu	7:06	4.0	7:18	2.9	12:21	0.2	1:22	0.4	7:12	4:46	
19	Fri	7:47	4.2	8:00	2.9	1:01	0.1	2:00	0.3	7:12	4:46	
20	Sat	8:29	4.2	8:41	3.0	1:41	0.0	2:38	0.3	7:13	4:46	
21	Sun	9:10	4.3	9:23	3.0	2:21	0.0	3:17	0.3	7:13	4:47	
22	Mon	9:51	4.3	10:04	3.0	3:01	0.0	3:58	0.3	7:14	4:47	
23	Tue	10:31	4.2	10:47	3.0	3:43	0.1	4:39	0.3	7:14	4:48	
24	Wed	11:12	4.1	11:32	3.1	4:28	0.2	5:22	0.3	7:15	4:49	
25	Thu	11:55	3.9			5:17	0.3	6:07	0.3	7:15	4:49	
26	Fri	12:20	3.2	12:41	3.7	6:12	0.3	6:53	0.2	7:16	4:50	
27	Sat	1:14	3.3	1:33	3.5	7:12	0.4	7:42	0.1	7:16	4:50	
28	Sun	2:13	3.6	2:30	3.3	8:15	0.4	8:33	-0.1	7:16	4:51	
29	Mon	3:14	3.9	3:31	3.2	9:20	0.3	9:27	-0.2	7:16	4:52	
30	Tue	4:15	4.2	4:32	3.1	10:26	0.1	10:24	-0.5	7:17	4:53	
31	Wed	5:14	4.5	5:31	3.1	11:30	-0.1	11:21	-0.7	7:17	4:53	