

Metompkin Inlet, VA - Sep 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:05	4.6	5:30	0.2	6:10	0.5	6:32	7:31	
2	Wed	12:22	3.8	12:54	4.6	6:15	0.3	7:07	0.7	6:33	7:30	
3	Thu	1:11	3.5	1:49	4.5	7:06	0.4	8:09	0.9	6:34	7:28	
4	Fri	2:07	3.3	2:53	4.5	8:05	0.5	9:15	0.9	6:35	7:27	
5	Sat	3:13	3.1	4:03	4.5	9:08	0.5	10:24	0.9	6:36	7:25	
6	Sun	4:25	3.1	5:13	4.5	10:15	0.4	11:31	0.8	6:36	7:24	
7	Mon	5:34	3.3	6:17	4.7	11:23	0.2			6:37	7:22	
8	Tue	6:35	3.5	7:12	4.8	12:32	0.5	12:27	0.0	6:38	7:21	
9	Wed	7:30	3.9	8:02	4.8	1:23	0.2	1:25	-0.2	6:39	7:19	
10	Thu	8:21	4.1	8:49	4.7	2:09	0.0	2:18	-0.3	6:40	7:18	
11	Fri	9:08	4.4	9:33	4.5	2:51	-0.1	3:07	-0.3	6:41	7:16	
12	Sat	9:53	4.5	10:15	4.3	3:30	-0.2	3:53	-0.2	6:41	7:15	
13	Sun	10:36	4.6	10:56	4.0	4:08	-0.1	4:39	0.0	6:42	7:13	
14	Mon	11:19	4.5	11:37	3.7	4:47	0.1	5:25	0.3	6:43	7:12	
15	Tue			12:02	4.4	5:26	0.4	6:12	0.6	6:44	7:10	
16	Wed	12:19	3.4	12:47	4.2	6:08	0.7	7:02	1.0	6:45	7:08	
17	Thu	1:03	3.2	1:36	4.0	6:53	0.9	7:56	1.3	6:46	7:07	
18	Fri	1:52	2.9	2:31	3.8	7:44	1.1	8:54	1.5	6:46	7:05	
19	Sat	2:49	2.8	3:34	3.8	8:40	1.3	9:54	1.6	6:47	7:04	
20	Sun	3:52	2.8	4:37	3.8	9:38	1.3	10:52	1.5	6:48	7:02	
21	Mon	4:54	3.0	5:34	3.9	10:37	1.2	11:43	1.4	6:49	7:01	
22	Tue	5:49	3.2	6:22	4.1	11:32	1.0			6:50	6:59	
23	Wed	6:37	3.5	7:05	4.3	12:27	1.1	12:24	0.8	6:51	6:58	
24	Thu	7:21	3.9	7:45	4.4	1:06	0.9	1:12	0.5	6:52	6:56	
25	Fri	8:03	4.2	8:26	4.5	1:43	0.6	1:57	0.3	6:52	6:55	
26	Sat	8:45	4.5	9:06	4.5	2:21	0.3	2:42	0.1	6:53	6:53	
27	Sun	9:27	4.8	9:48	4.4	2:58	0.1	3:27	0.0	6:54	6:51	
28	Mon	10:10	5.0	10:31	4.2	3:37	0.0	4:14	0.0	6:55	6:50	
29	Tue	10:56	5.1	11:16	4.0	4:18	0.0	5:03	0.2	6:56	6:48	
30	Wed	11:44	5.0			5:02	0.1	5:56	0.4	6:57	6:47	