

Metompkin Inlet, VA - Oct 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:03	3.7	12:36	4.9	5:52	0.3	6:55	0.6	6:58	6:45	
2	Fri	12:56	3.4	1:34	4.7	6:48	0.4	7:58	0.8	6:59	6:44	
3	Sat	1:56	3.2	2:40	4.5	7:51	0.5	9:05	0.9	6:59	6:42	
4	Sun	3:05	3.1	3:51	4.4	8:59	0.6	10:12	0.9	7:00	6:41	
5	Mon	4:19	3.2	5:01	4.4	10:08	0.5	11:15	0.7	7:01	6:39	
6	Tue	5:28	3.5	6:02	4.4	11:16	0.4			7:02	6:38	
7	Wed	6:27	3.8	6:54	4.4	12:10	0.5	12:19	0.2	7:03	6:36	
8	Thu	7:17	4.1	7:41	4.3	12:58	0.3	1:16	0.1	7:04	6:35	
9	Fri	8:02	4.4	8:24	4.2	1:40	0.1	2:06	0.0	7:05	6:33	
10	Sat	8:45	4.6	9:05	4.1	2:19	0.0	2:51	-0.1	7:06	6:32	
11	Sun	9:27	4.7	9:46	3.9	2:56	0.0	3:34	0.0	7:07	6:30	
12	Mon	10:07	4.7	10:26	3.7	3:33	0.1	4:16	0.2	7:08	6:29	
13	Tue	10:48	4.6	11:06	3.5	4:10	0.3	4:58	0.4	7:08	6:28	
14	Wed	11:30	4.5	11:48	3.3	4:49	0.5	5:42	0.7	7:09	6:26	
15	Thu			12:14	4.3	5:30	0.7	6:29	1.0	7:10	6:25	
16	Fri	12:31	3.1	1:02	4.1	6:15	1.0	7:20	1.3	7:11	6:23	
17	Sat	1:19	2.9	1:54	3.9	7:05	1.2	8:15	1.5	7:12	6:22	
18	Sun	2:13	2.9	2:51	3.8	8:01	1.3	9:10	1.5	7:13	6:21	
19	Mon	3:13	2.9	3:51	3.8	9:00	1.3	10:02	1.4	7:14	6:19	
20	Tue	4:16	3.1	4:47	3.8	9:59	1.2	10:51	1.2	7:15	6:18	
21	Wed	5:12	3.3	5:37	4.0	10:56	1.1	11:36	1.0	7:16	6:17	
22	Thu	6:01	3.7	6:23	4.1	11:51	0.8			7:17	6:15	
23	Fri	6:47	4.1	7:07	4.2	12:19	0.7	12:43	0.5	7:18	6:14	
24	Sat	7:31	4.6	7:51	4.2	1:01	0.4	1:32	0.2	7:19	6:13	
25	Sun	8:15	4.9	8:35	4.2	1:42	0.1	2:21	0.0	7:20	6:12	
26	Mon	9:00	5.2	9:21	4.1	2:24	-0.1	3:09	-0.1	7:21	6:11	
27	Tue	9:47	5.3	10:08	3.9	3:08	-0.2	3:58	-0.1	7:22	6:09	
28	Wed	10:37	5.3	10:57	3.8	3:53	-0.3	4:49	0.0	7:23	6:08	
29	Thu	11:29	5.2	11:49	3.6	4:42	-0.2	5:44	0.2	7:24	6:07	
30	Fri			12:23	5.0	5:36	0.0	6:43	0.4	7:25	6:06	
31	Sat	12:45	3.4	1:22	4.7	6:35	0.2	7:46	0.5	7:26	6:05	