

## Metompkin Inlet, VA - Dec 2026

| Date |     | High  |     |       |     | Low   |      |       |      | ☀️   |      | 🌙    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise | Set  | Moon |
| 1    | Tue | 1:38  | 3.3 | 2:06  | 3.8 | 7:34  | 0.2  | 8:20  | 0.2  | 6:58 | 4:44 | 🌓    |
| 2    | Wed | 2:47  | 3.4 | 3:08  | 3.5 | 8:42  | 0.4  | 9:14  | 0.2  | 6:59 | 4:43 | 🌓    |
| 3    | Thu | 3:52  | 3.6 | 4:07  | 3.3 | 9:49  | 0.4  | 10:04 | 0.1  | 7:00 | 4:43 | 🌓    |
| 4    | Fri | 4:48  | 3.8 | 5:01  | 3.1 | 10:54 | 0.4  | 10:51 | 0.1  | 7:01 | 4:43 | 🌓    |
| 5    | Sat | 5:36  | 4.0 | 5:48  | 3.0 | 11:50 | 0.3  | 11:36 | 0.1  | 7:02 | 4:43 | 🌑    |
| 6    | Sun | 6:19  | 4.1 | 6:31  | 3.0 |       |      | 12:38 | 0.3  | 7:03 | 4:43 | 🌑    |
| 7    | Mon | 7:00  | 4.2 | 7:12  | 3.0 | 12:18 | 0.0  | 1:20  | 0.2  | 7:04 | 4:43 | 🌑    |
| 8    | Tue | 7:41  | 4.3 | 7:53  | 3.0 | 12:58 | 0.0  | 1:59  | 0.2  | 7:05 | 4:43 | 🌑    |
| 9    | Wed | 8:22  | 4.3 | 8:34  | 3.0 | 1:38  | 0.0  | 2:36  | 0.3  | 7:05 | 4:43 | 🌑    |
| 10   | Thu | 9:03  | 4.3 | 9:15  | 3.0 | 2:17  | 0.0  | 3:14  | 0.3  | 7:06 | 4:43 | 🌑    |
| 11   | Fri | 9:44  | 4.2 | 9:57  | 2.9 | 2:56  | 0.1  | 3:53  | 0.4  | 7:07 | 4:44 | 🌑    |
| 12   | Sat | 10:25 | 4.1 | 10:39 | 2.9 | 3:36  | 0.2  | 4:33  | 0.5  | 7:08 | 4:44 | 🌑    |
| 13   | Sun | 11:05 | 4.0 | 11:22 | 2.9 | 4:18  | 0.3  | 5:15  | 0.6  | 7:08 | 4:44 | 🌑    |
| 14   | Mon | 11:46 | 3.8 |       |     | 5:03  | 0.5  | 5:57  | 0.7  | 7:09 | 4:44 | 🌑    |
| 15   | Tue | 12:07 | 2.9 | 12:29 | 3.7 | 5:52  | 0.7  | 6:40  | 0.6  | 7:10 | 4:44 | 🌑    |
| 16   | Wed | 12:56 | 3.0 | 1:15  | 3.5 | 6:46  | 0.7  | 7:25  | 0.6  | 7:10 | 4:45 | 🌑    |
| 17   | Thu | 1:49  | 3.2 | 2:06  | 3.3 | 7:43  | 0.8  | 8:11  | 0.4  | 7:11 | 4:45 | 🌓    |
| 18   | Fri | 2:45  | 3.5 | 3:01  | 3.2 | 8:43  | 0.7  | 8:59  | 0.3  | 7:12 | 4:45 | 🌓    |
| 19   | Sat | 3:42  | 3.8 | 3:58  | 3.2 | 9:45  | 0.5  | 9:51  | 0.0  | 7:12 | 4:46 | 🌓    |
| 20   | Sun | 4:38  | 4.2 | 4:55  | 3.2 | 10:46 | 0.3  | 10:45 | -0.2 | 7:13 | 4:46 | 🌓    |
| 21   | Mon | 5:33  | 4.5 | 5:50  | 3.2 | 11:46 | 0.0  | 11:39 | -0.5 | 7:13 | 4:47 | 🌑    |
| 22   | Tue | 6:27  | 4.8 | 6:44  | 3.3 |       |      | 12:43 | -0.3 | 7:14 | 4:47 | 🌑    |
| 23   | Wed | 7:22  | 5.1 | 7:38  | 3.4 | 12:34 | -0.8 | 1:37  | -0.5 | 7:14 | 4:48 | 🌑    |
| 24   | Thu | 8:16  | 5.2 | 8:32  | 3.4 | 1:28  | -1.0 | 2:30  | -0.6 | 7:15 | 4:48 | 🌑    |
| 25   | Fri | 9:10  | 5.1 | 9:27  | 3.5 | 2:21  | -1.1 | 3:22  | -0.7 | 7:15 | 4:49 | 🌑    |
| 26   | Sat | 10:02 | 5.0 | 10:21 | 3.5 | 3:15  | -1.1 | 4:14  | -0.6 | 7:15 | 4:50 | 🌑    |
| 27   | Sun | 10:54 | 4.7 | 11:16 | 3.5 | 4:11  | -0.9 | 5:06  | -0.5 | 7:16 | 4:50 | 🌑    |
| 28   | Mon | 11:46 | 4.3 |       |     | 5:09  | -0.6 | 5:58  | -0.4 | 7:16 | 4:51 | 🌑    |
| 29   | Tue | 12:12 | 3.4 | 12:38 | 3.8 | 6:09  | -0.3 | 6:50  | -0.3 | 7:16 | 4:52 | 🌑    |
| 30   | Wed | 1:11  | 3.4 | 1:32  | 3.4 | 7:12  | 0.0  | 7:41  | -0.1 | 7:17 | 4:52 | 🌑    |
| 31   | Thu | 2:13  | 3.4 | 2:29  | 3.0 | 8:18  | 0.3  | 8:29  | -0.1 | 7:17 | 4:53 | 🌓    |