US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Dec 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:38	3.3	2:06	3.8	7:34	0.2	8:20	0.2	6:58	4:44	
2	Wed	2:47	3.4	3:08	3.5	8:42	0.4	9:14	0.2	6:59	4:43	
3	Thu	3:52	3.6	4:07	3.3	9:49	0.4	10:04	0.1	7:00	4:43	
4	Fri	4:48	3.8	5:01	3.1	10:54	0.4	10:51	0.1	7:01	4:43	
5	Sat	5:36	4.0	5:48	3.0	11:50	0.3	11:36	0.1	7:02	4:43	
6	Sun	6:19	4.1	6:31	3.0			12:38	0.3	7:03	4:43	
7	Mon	7:00	4.2	7:12	3.0	12:18	0.0	1:20	0.2	7:04	4:43	
8	Tue	7:41	4.3	7:53	3.0	12:58	0.0	1:59	0.2	7:05	4:43	
9	Wed	8:22	4.3	8:34	3.0	1:38	0.0	2:36	0.3	7:05	4:43	
10	Thu	9:03	4.3	9:15	3.0	2:17	0.0	3:14	0.3	7:06	4:43	
11	Fri	9:44	4.2	9:57	2.9	2:56	0.1	3:53	0.4	7:07	4:44	
12	Sat	10:25	4.1	10:39	2.9	3:36	0.2	4:33	0.5	7:08	4:44	
13	Sun	11:05	4.0	11:22	2.9	4:18	0.3	5:15	0.6	7:08	4:44	
14	Mon	11:46	3.8			5:03	0.5	5:57	0.7	7:09	4:44	
15	Tue	12:07	2.9	12:29	3.7	5:52	0.7	6:40	0.6	7:10	4:44	
16	Wed	12:56	3.0	1:15	3.5	6:46	0.7	7:25	0.6	7:10	4:45	
17	Thu	1:49	3.2	2:06	3.3	7:43	0.8	8:11	0.4	7:11	4:45	
18	Fri	2:45	3.5	3:01	3.2	8:43	0.7	8:59	0.3	7:12	4:45	
19	Sat	3:42	3.8	3:58	3.2	9:45	0.5	9:51	0.0	7:12	4:46	
20	Sun	4:38	4.2	4:55	3.2	10:46	0.3	10:45	-0.2	7:13	4:46	
21	Mon	5:33	4.5	5:50	3.2	11:46	0.0	11:39	-0.5	7:13	4:47	
22	Tue	6:27	4.8	6:44	3.3			12:43	-0.3	7:14	4:47	
23	Wed	7:22	5.1	7:38	3.4	12:34	-0.8	1:37	-0.5	7:14	4:48	
24	Thu	8:16	5.2	8:32	3.4	1:28	-1.0	2:30	-0.6	7:15	4:48	
25	Fri	9:10	5.1	9:27	3.5	2:21	-1.1	3:22	-0.7	7:15	4:49	
26	Sat	10:02	5.0	10:21	3.5	3:15	-1.1	4:14	-0.6	7:15	4:50	
27	Sun	10:54	4.7	11:16	3.5	4:11	-0.9	5:06	-0.5	7:16	4:50	
28	Mon	11:46	4.3			5:09	-0.6	5:58	-0.4	7:16	4:51	
29	Tue	12:12	3.4	12:38	3.8	6:09	-0.3	6:50	-0.3	7:16	4:52	
30	Wed	1:11	3.4	1:32	3.4	7:12	0.0	7:41	-0.1	7:17	4:52	
31	Thu	2:13	3.4	2:29	3.0	8:18	0.3	8:29	-0.1	7:17	4:53	