US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Mar 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:26	3.2	11:50	3.8	5:10	0.3	5:14	0.3	6:32	5:56	
2	Thu			12:07	3.0	5:58	0.5	5:59	0.4	6:31	5:57	
3	Fri	12:39	3.7	12:56	2.8	6:53	0.6	6:52	0.4	6:29	5:58	
4	Sat	1:37	3.7	1:55	2.7	7:53	0.7	7:52	0.3	6:28	5:59	
5	Sun	2:42	3.8	3:03	2.8	8:57	0.7	8:57	0.2	6:26	6:00	
6	Mon	3:50	4.0	4:10	3.0	10:01	0.5	10:02	-0.1	6:25	6:01	
7	Tue	4:53	4.2	5:12	3.3	11:02	0.2	11:07	-0.5	6:23	6:02	
8	Wed	5:51	4.4	6:10	3.7	11:58	-0.2			6:22	6:03	
9	Thu	6:45	4.5	7:04	4.1	12:07	-0.8	12:48	-0.6	6:21	6:04	
10	Fri	7:36	4.6	7:56	4.4	1:04	-1.1	1:35	-0.9	6:19	6:05	
11	Sat	8:25	4.5	8:46	4.6	1:57	-1.3	2:21	-1.0	6:18	6:06	
12	Sun	10:13	4.3	10:36	4.7	3:49	-1.3	4:06	-1.0	7:16	7:07	
13	Mon	11:01	4.0	11:25	4.7	4:41	-1.1	4:52	-0.9	7:15	7:08	
14	Tue	11:48	3.7			5:34	-0.8	5:39	-0.7	7:13	7:09	
15	Wed	12:15	4.4	12:36	3.3	6:28	-0.4	6:29	-0.3	7:12	7:10	
16	Thu	1:07	4.1	1:27	3.0	7:25	0.1	7:23	0.0	7:10	7:10	
17	Fri	2:03	3.8	2:22	2.7	8:26	0.4	8:21	0.3	7:09	7:11	
18	Sat	3:06	3.5	3:25	2.5	9:30	0.7	9:22	0.5	7:07	7:12	
19	Sun	4:15	3.4	4:33	2.5	10:36	0.8	10:25	0.5	7:06	7:13	
20	Mon	5:22	3.4	5:35	2.7	11:37	0.8	11:26	0.5	7:04	7:14	
21	Tue	6:16	3.4	6:25	2.9			12:25	0.7	7:03	7:15	
22	Wed	7:00	3.5	7:09	3.2	12:20	0.3	1:03	0.6	7:01	7:16	
23	Thu	7:39	3.6	7:49	3.5	1:07	0.2	1:37	0.4	7:00	7:17	
24	Fri	8:16	3.7	8:28	3.7	1:48	0.1	2:09	0.3	6:58	7:18	
25	Sat	8:52	3.7	9:06	3.9	2:28	-0.1	2:42	0.2	6:56	7:19	
26	Sun	9:29	3.7	9:44	4.1	3:06	-0.1	3:15	0.1	6:55	7:20	
27	Mon	10:06	3.6	10:22	4.2	3:44	-0.1	3:49	0.1	6:53	7:21	
28	Tue	10:44	3.5	11:01	4.2	4:23	0.0	4:25	0.2	6:52	7:22	
29	Wed	11:22	3.4	11:42	4.2	5:05	0.1	5:03	0.2	6:50	7:22	
30	Thu			12:02	3.2	5:49	0.3	5:45	0.3	6:49	7:23	
31	Fri	12:26	4.2	12:46	3.1	6:39	0.5	6:34	0.4	6:47	7:24	