US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jun 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:36	3.8	4:18	4.0	9:42	0.0	10:20	0.3	5:42	8:18	
2	Fri	4:37	3.6	5:19	4.2	10:35	-0.1	11:26	0.2	5:41	8:19	
3	Sat	5:36	3.4	6:15	4.5	11:29	-0.2			5:41	8:19	
4	Sun	6:32	3.3	7:08	4.7	12:29	0.1	12:22	-0.3	5:41	8:20	
5	Mon	7:25	3.3	7:58	4.8	1:27	-0.1	1:13	-0.3	5:40	8:21	
6	Tue	8:16	3.2	8:47	4.8	2:19	-0.1	2:03	-0.4	5:40	8:21	
7	Wed	9:04	3.2	9:34	4.7	3:07	-0.2	2:50	-0.3	5:40	8:22	
8	Thu	9:52	3.2	10:20	4.6	3:52	-0.1	3:36	-0.2	5:40	8:22	
9	Fri	10:38	3.2	11:05	4.4	4:35	0.0	4:21	-0.1	5:40	8:23	
10	Sat	11:23	3.2	11:48	4.2	5:19	0.2	5:06	0.1	5:40	8:23	
11	Sun			12:08	3.1	6:02	0.4	5:54	0.4	5:40	8:24	
12	Mon	12:31	4.0	12:54	3.1	6:45	0.5	6:43	0.6	5:40	8:24	
13	Tue	1:15	3.7	1:42	3.2	7:27	0.6	7:34	0.8	5:40	8:25	
14	Wed	2:00	3.5	2:32	3.2	8:09	0.7	8:28	1.0	5:40	8:25	
15	Thu	2:48	3.3	3:25	3.4	8:52	0.8	9:22	1.1	5:40	8:25	
16	Fri	3:40	3.1	4:19	3.6	9:35	0.8	10:18	1.1	5:40	8:26	
17	Sat	4:33	3.0	5:11	3.8	10:21	0.7	11:14	1.0	5:40	8:26	
18	Sun	5:25	3.0	6:00	4.1	11:09	0.6			5:40	8:26	
19	Mon	6:15	3.1	6:48	4.3	12:09	0.8	11:58 AM	0.4	5:40	8:27	
20	Tue	7:04	3.2	7:36	4.6	1:01	0.6	12:48	0.2	5:40	8:27	
21	Wed	7:53	3.3	8:24	4.8	1:50	0.4	1:37	0.0	5:41	8:27	
22	Thu	8:42	3.4	9:12	5.0	2:38	0.2	2:26	-0.2	5:41	8:27	
23	Fri	9:31	3.5	10:01	5.1	3:25	0.0	3:15	-0.3	5:41	8:27	
24	Sat	10:21	3.6	10:50	5.0	4:12	-0.2	4:05	-0.4	5:42	8:27	
25	Sun	11:12	3.7	11:39	4.9	5:00	-0.2	4:58	-0.3	5:42	8:28	
26	Mon			12:04	3.8	5:48	-0.2	5:54	-0.2	5:42	8:28	
27	Tue	12:28	4.6	12:58	3.9	6:38	-0.2	6:53	0.0	5:43	8:28	
28	Wed	1:19	4.3	1:55	4.0	7:29	-0.2	7:56	0.2	5:43	8:28	
29	Thu	2:13	3.9	2:55	4.1	8:21	-0.2	9:00	0.3	5:43	8:28	
30	Fri	3:11	3.5	3:58	4.1	9:14	-0.1	10:07	0.4	5:44	8:28	