

































Metompkin Inlet, VA - Jul 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:13	3.2	5:00	4.3	10:09	-0.1	11:14	0.4	5:44	8:28	
2	Sun	5:15	3.0	5:59	4.4	11:04	0.0			5:45	8:27	
3	Mon	6:13	3.0	6:54	4.4	12:19	0.4	12:01	-0.1	5:45	8:27	
4	Tue	7:07	3.0	7:44	4.5	1:17	0.3	12:55	-0.1	5:46	8:27	
5	Wed	7:57	3.0	8:32	4.5	2:08	0.2	1:45	-0.1	5:46	8:27	
6	Thu	8:45	3.1	9:16	4.5	2:52	0.2	2:32	-0.2	5:47	8:27	
7	Fri	9:30	3.2	9:59	4.4	3:32	0.2	3:16	-0.1	5:48	8:26	
8	Sat	10:13	3.3	10:40	4.3	4:11	0.2	3:58	0.0	5:48	8:26	
9	Sun	10:56	3.3	11:19	4.2	4:48	0.3	4:41	0.2	5:49	8:26	
10	Mon	11:38	3.4	11:59	4.0	5:25	0.4	5:24	0.4	5:49	8:25	
11	Tue			12:21	3.4	6:03	0.5	6:09	0.6	5:50	8:25	
12	Wed	12:38	3.7	1:04	3.5	6:41	0.6	6:57	0.8	5:51	8:25	
13	Thu	1:19	3.5	1:50	3.5	7:20	0.7	7:47	1.0	5:51	8:24	
14	Fri	2:02	3.3	2:39	3.6	8:02	0.8	8:41	1.1	5:52	8:24	
15	Sat	2:51	3.1	3:32	3.7	8:47	0.8	9:37	1.2	5:53	8:23	
16	Sun	3:45	3.0	4:29	3.9	9:36	0.8	10:35	1.1	5:54	8:23	
17	Mon	4:42	2.9	5:25	4.1	10:28	0.6	11:34	1.0	5:54	8:22	
18	Tue	5:39	3.0	6:19	4.4	11:23	0.4			5:55	8:21	
19	Wed	6:33	3.2	7:11	4.7	12:31	0.7	12:19	0.2	5:56	8:21	
20	Thu	7:26	3.4	8:02	4.9	1:24	0.4	1:14	-0.1	5:57	8:20	
21	Fri	8:18	3.6	8:52	5.1	2:14	0.1	2:07	-0.4	5:57	8:19	
22	Sat	9:10	3.8	9:41	5.2	3:02	-0.1	2:59	-0.6	5:58	8:19	
23	Sun	10:02	4.1	10:30	5.1	3:48	-0.4	3:51	-0.7	5:59	8:18	
24	Mon	10:53	4.2	11:19	4.9	4:35	-0.5	4:44	-0.6	6:00	8:17	
25	Tue	11:45	4.4			5:22	-0.5	5:40	-0.4	6:01	8:16	
26	Wed	12:07	4.5	12:38	4.4	6:10	-0.4	6:39	-0.1	6:01	8:16	
27	Thu	12:57	4.1	1:33	4.4	7:01	-0.3	7:40	0.2	6:02	8:15	
28	Fri	1:50	3.7	2:32	4.3	7:53	-0.1	8:45	0.4	6:03	8:14	
29	Sat	2:47	3.3	3:36	4.2	8:48	0.0	9:52	0.6	6:04	8:13	
30	Sun	3:50	3.0	4:42	4.2	9:45	0.2	11:02	0.7	6:05	8:12	
31	Mon	4:56	2.9	5:46	4.2	10:45	0.3			6:05	8:11	