US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Aug 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:58	2.9	6:43	4.2	12:09	0.7	11:44 AM	0.3	6:06	8:10	
2	Wed	6:53	3.0	7:32	4.3	1:06	0.6	12:40	0.2	6:07	8:09	
3	Thu	7:41	3.1	8:16	4.3	1:53	0.5	1:30	0.1	6:08	8:08	
4	Fri	8:25	3.3	8:56	4.4	2:32	0.4	2:15	0.1	6:09	8:07	
5	Sat	9:07	3.4	9:34	4.3	3:07	0.4	2:56	0.1	6:10	8:06	
6	Sun	9:47	3.6	10:12	4.3	3:40	0.3	3:36	0.1	6:11	8:05	
7	Mon	10:27	3.7	10:49	4.1	4:13	0.3	4:16	0.2	6:11	8:04	
8	Tue	11:07	3.8	11:26	4.0	4:46	0.4	4:56	0.4	6:12	8:03	
9	Wed	11:46	3.8			5:20	0.5	5:38	0.6	6:13	8:01	
10	Thu	12:03	3.8	12:27	3.8	5:56	0.6	6:23	0.9	6:14	8:00	
11	Fri	12:41	3.5	1:09	3.8	6:34	0.8	7:11	1.1	6:15	7:59	
12	Sat	1:22	3.3	1:56	3.8	7:16	0.9	8:04	1.2	6:16	7:58	
13	Sun	2:08	3.1	2:50	3.9	8:04	0.9	9:01	1.3	6:17	7:57	
14	Mon	3:03	3.0	3:50	4.0	8:57	0.9	10:01	1.3	6:17	7:55	
15	Tue	4:05	3.0	4:52	4.2	9:55	0.8	11:03	1.1	6:18	7:54	
16	Wed	5:08	3.1	5:51	4.5	10:55	0.5			6:19	7:53	
17	Thu	6:07	3.4	6:46	4.8	12:02	0.8	11:56 AM	0.2	6:20	7:52	
18	Fri	7:03	3.7	7:39	5.0	12:57	0.5	12:54	-0.1	6:21	7:50	
19	Sat	7:56	4.0	8:29	5.2	1:48	0.1	1:50	-0.5	6:22	7:49	
20	Sun	8:49	4.4	9:19	5.2	2:35	-0.2	2:44	-0.7	6:23	7:48	
21	Mon	9:40	4.7	10:07	5.0	3:21	-0.5	3:36	-0.7	6:23	7:46	
22	Tue	10:31	4.8	10:56	4.8	4:06	-0.6	4:30	-0.7	6:24	7:45	
23	Wed	11:23	4.9	11:44	4.4	4:52	-0.6	5:25	-0.4	6:25	7:44	
24	Thu			12:15	4.9	5:40	-0.4	6:22	-0.1	6:26	7:42	
25	Fri	12:34	4.0	1:09	4.7	6:31	-0.2	7:23	0.3	6:27	7:41	
26	Sat	1:27	3.5	2:07	4.5	7:25	0.1	8:27	0.6	6:28	7:39	
27	Sun	2:24	3.2	3:12	4.2	8:23	0.3	9:35	0.9	6:28	7:38	
28	Mon	3:29	3.0	4:22	4.1	9:24	0.5	10:45	1.0	6:29	7:36	
29	Tue	4:39	2.9	5:30	4.1	10:27	0.6	11:52	1.0	6:30	7:35	
30	Wed	5:44	3.0	6:27	4.1	11:29	0.6			6:31	7:34	
31	Thu	6:37	3.1	7:13	4.2	12:46	0.9	12:25	0.5	6:32	7:32	