
































Metompkin Inlet, VA - Sep 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:22	3.3	7:52	4.2	1:27	0.8	1:13	0.4	6:33	7:31	
2	Sat	8:02	3.6	8:29	4.2	2:01	0.6	1:56	0.3	6:34	7:29	
3	Sun	8:41	3.8	9:05	4.2	2:33	0.5	2:35	0.3	6:34	7:28	
4	Mon	9:19	4.0	9:41	4.2	3:03	0.5	3:13	0.3	6:35	7:26	
5	Tue	9:57	4.1	10:17	4.1	3:34	0.5	3:51	0.4	6:36	7:25	
6	Wed	10:35	4.2	10:53	3.9	4:07	0.5	4:30	0.5	6:37	7:23	
7	Thu	11:13	4.2	11:30	3.7	4:40	0.6	5:10	0.7	6:38	7:22	
8	Fri	11:52	4.2			5:16	0.7	5:53	0.9	6:39	7:20	
9	Sat	12:08	3.5	12:34	4.2	5:54	0.9	6:41	1.1	6:39	7:19	
10	Sun	12:48	3.3	1:21	4.1	6:38	1.0	7:34	1.3	6:40	7:17	
11	Mon	1:35	3.2	2:15	4.1	7:28	1.0	8:32	1.4	6:41	7:15	
12	Tue	2:31	3.1	3:17	4.2	8:26	1.0	9:33	1.3	6:42	7:14	
13	Wed	3:37	3.1	4:23	4.3	9:29	0.9	10:35	1.1	6:43	7:12	
14	Thu	4:44	3.3	5:25	4.5	10:33	0.6	11:34	0.8	6:44	7:11	
15	Fri	5:46	3.6	6:21	4.8	11:37	0.3			6:44	7:09	
16	Sat	6:42	4.1	7:14	4.9	12:28	0.4	12:37	-0.1	6:45	7:08	
17	Sun	7:36	4.5	8:05	5.0	1:18	0.0	1:34	-0.4	6:46	7:06	
18	Mon	8:27	4.9	8:54	4.9	2:06	-0.3	2:29	-0.6	6:47	7:05	
19	Tue	9:18	5.2	9:43	4.7	2:51	-0.6	3:22	-0.7	6:48	7:03	
20	Wed	10:09	5.3	10:32	4.5	3:37	-0.6	4:14	-0.6	6:49	7:01	
21	Thu	10:59	5.3	11:21	4.1	4:23	-0.6	5:08	-0.3	6:49	7:00	
22	Fri	11:51	5.1			5:11	-0.3	6:04	0.0	6:50	6:58	
23	Sat	12:11	3.8	12:44	4.8	6:02	0.0	7:03	0.4	6:51	6:57	
24	Sun	1:03	3.4	1:41	4.5	6:58	0.3	8:06	0.8	6:52	6:55	
25	Mon	2:01	3.2	2:44	4.2	7:57	0.6	9:12	1.0	6:53	6:54	
26	Tue	3:06	3.0	3:54	4.0	9:00	0.8	10:19	1.1	6:54	6:52	
27	Wed	4:17	3.0	5:02	3.9	10:05	0.9	11:20	1.1	6:55	6:51	
28	Thu	5:22	3.1	5:57	3.9	11:07	0.9			6:55	6:49	
29	Fri	6:14	3.3	6:41	4.0	12:09	1.0	12:03	0.8	6:56	6:48	
30	Sat	6:56	3.6	7:19	4.0	12:47	0.9	12:51	0.7	6:57	6:46	