
































Metompkin Inlet, VA - Nov 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:20	4.4	8:37	3.7	1:45	0.5	2:26	0.5	7:28	6:03	
2	Thu	8:59	4.6	9:16	3.6	2:22	0.4	3:05	0.4	7:29	6:02	
3	Fri	9:39	4.7	9:56	3.6	2:59	0.3	3:45	0.5	7:30	6:01	
4	Sat	10:20	4.7	10:37	3.5	3:37	0.3	4:27	0.5	7:31	6:00	
5	Sun	10:03	4.7	10:20	3.4	3:17	0.4	4:12	0.6	6:32	4:59	
6	Mon	10:48	4.6	11:06	3.3	4:01	0.5	5:00	0.7	6:33	4:58	
7	Tue	11:36	4.5	11:56	3.2	4:50	0.5	5:53	0.8	6:34	4:57	
8	Wed			12:28	4.4	5:45	0.6	6:48	0.8	6:35	4:56	
9	Thu	12:54	3.3	1:26	4.2	6:47	0.7	7:44	0.6	6:36	4:55	
10	Fri	1:58	3.4	2:27	4.1	7:53	0.6	8:39	0.5	6:37	4:54	
11	Sat	3:03	3.7	3:29	4.0	8:59	0.5	9:33	0.2	6:38	4:54	
12	Sun	4:06	4.1	4:28	4.0	10:05	0.3	10:27	-0.1	6:39	4:53	
13	Mon	5:03	4.5	5:24	3.9	11:08	0.0	11:19	-0.3	6:40	4:52	
14	Tue	5:57	4.8	6:17	3.9			12:07	-0.2	6:42	4:51	
15	Wed	6:49	5.1	7:08	3.8	12:09	-0.5	1:03	-0.4	6:43	4:51	
16	Thu	7:39	5.2	7:58	3.7	12:58	-0.7	1:54	-0.5	6:44	4:50	
17	Fri	8:29	5.2	8:48	3.6	1:47	-0.7	2:44	-0.4	6:45	4:49	
18	Sat	9:19	5.0	9:37	3.4	2:34	-0.6	3:34	-0.2	6:46	4:49	
19	Sun	10:08	4.8	10:25	3.3	3:23	-0.4	4:24	0.0	6:47	4:48	
20	Mon	10:57	4.5	11:15	3.1	4:12	-0.1	5:14	0.3	6:48	4:47	
21	Tue	11:46	4.2			5:03	0.2	6:06	0.5	6:49	4:47	
22	Wed	12:06	3.0	12:35	3.9	5:58	0.5	6:57	0.7	6:50	4:46	
23	Thu	1:00	3.0	1:27	3.6	6:54	0.7	7:46	0.8	6:51	4:46	
24	Fri	1:58	3.0	2:21	3.4	7:52	0.9	8:33	0.8	6:52	4:46	
25	Sat	2:57	3.1	3:15	3.2	8:50	1.0	9:17	0.8	6:53	4:45	
26	Sun	3:52	3.3	4:07	3.2	9:47	1.0	10:00	0.7	6:54	4:45	
27	Mon	4:41	3.6	4:55	3.2	10:42	0.9	10:43	0.6	6:55	4:44	
28	Tue	5:26	3.9	5:40	3.2	11:32	0.7	11:26	0.4	6:56	4:44	
29	Wed	6:09	4.1	6:23	3.2			12:18	0.6	6:57	4:44	
30	Thu	6:51	4.3	7:06	3.3	12:08	0.3	1:01	0.4	6:58	4:44	