US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Mar 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:42	4.6	9:03	4.6	2:12	-1.2	2:39	-1.0	6:32	5:56	
2	Fri	9:30	4.4	9:53	4.7	3:03	-1.2	3:24	-1.0	6:31	5:57	
3	Sat	10:18	4.1	10:44	4.6	3:56	-1.1	4:11	-1.0	6:30	5:58	
4	Sun	11:07	3.8	11:36	4.5	4:50	-0.8	5:01	-0.8	6:28	5:59	
5	Mon	11:58	3.4			5:48	-0.5	5:54	-0.5	6:27	6:00	
6	Tue	12:32	4.2	12:53	3.0	6:49	-0.1	6:52	-0.3	6:25	6:01	
7	Wed	1:34	3.9	1:55	2.8	7:55	0.2	7:54	0.0	6:24	6:02	
8	Thu	2:43	3.7	3:05	2.6	9:03	0.4	9:00	0.1	6:22	6:03	
9	Fri	3:57	3.6	4:16	2.7	10:13	0.5	10:06	0.1	6:21	6:04	
10	Sat	5:03	3.6	5:16	2.8	11:15	0.4	11:08	0.0	6:19	6:05	
11	Sun	6:55	3.6	7:05	3.0			1:04	0.3	7:18	7:06	
12	Mon	7:39	3.7	7:48	3.3	1:01	-0.1	1:43	0.2	7:16	7:06	
13	Tue	8:17	3.7	8:27	3.5	1:47	-0.2	2:17	0.1	7:15	7:07	
14	Wed	8:53	3.7	9:05	3.7	2:27	-0.3	2:49	0.0	7:13	7:08	
15	Thu	9:29	3.7	9:43	3.8	3:05	-0.3	3:20	0.0	7:12	7:09	
16	Fri	10:06	3.6	10:20	3.9	3:42	-0.2	3:53	0.0	7:10	7:10	
17	Sat	10:42	3.5	10:59	4.0	4:20	-0.1	4:27	0.1	7:09	7:11	
18	Sun	11:19	3.4	11:37	3.9	4:59	0.1	5:02	0.2	7:07	7:12	
19	Mon	11:57	3.2			5:39	0.3	5:40	0.4	7:06	7:13	
20	Tue	12:18	3.8	12:36	3.0	6:23	0.5	6:21	0.5	7:04	7:14	
21	Wed	1:01	3.8	1:19	2.9	7:11	0.7	7:09	0.6	7:03	7:15	
22	Thu	1:51	3.7	2:09	2.8	8:04	0.9	8:03	0.6	7:01	7:16	
23	Fri	2:48	3.7	3:09	2.8	9:02	0.9	9:03	0.6	7:00	7:17	
24	Sat	3:51	3.7	4:14	3.0	10:01	0.8	10:06	0.4	6:58	7:18	
25	Sun	4:54	3.9	5:16	3.3	11:00	0.6	11:09	0.1	6:57	7:19	
26	Mon	5:52	4.1	6:14	3.7	11:55	0.2			6:55	7:19	
27	Tue	6:46	4.3	7:08	4.1	12:10	-0.2	12:47	-0.1	6:54	7:20	
28	Wed	7:38	4.4	8:00	4.5	1:08	-0.6	1:36	-0.5	6:52	7:21	
29	Thu	8:28	4.4	8:51	4.9	2:04	-0.9	2:23	-0.8	6:51	7:22	
30	Fri	9:18	4.3	9:41	5.1	2:57	-1.1	3:10	-1.0	6:49	7:23	
31	Sat	10:08	4.2	10:32	5.1	3:49	-1.1	3:57	-1.0	6:48	7:24	