US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Apr 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**10:57**	3.9	**11:24**	5.0	**4:41**	-1.0	**4:46**	-0.9	6:46	7:25	
2	Mon	**11:48**	3.7			**5:35**	-0.7	**5:37**	-0.6	6:45	7:26	
3	Tue	**12:16**	4.7	**12:40**	3.4	**6:32**	-0.3	**6:32**	-0.3	6:43	7:27	
4	Wed	**1:12**	4.4	**1:35**	3.1	**7:32**	0.0	**7:31**	0.0	6:42	7:28	
5	Thu	**2:12**	4.0	**2:37**	2.9	**8:35**	0.3	**8:34**	0.2	6:40	7:29	
6	Fri	**3:18**	3.7	**3:45**	2.8	**9:39**	0.5	**9:40**	0.4	6:39	7:29	
7	Sat	**4:27**	3.5	**4:54**	2.9	**10:41**	0.6	**10:45**	0.4	6:37	7:30	
8	Sun	**5:31**	3.5	**5:53**	3.1	**11:37**	0.6	**11:46**	0.4	6:36	7:31	
9	Mon	**6:22**	3.5	**6:39**	3.3			**12:23**	0.5	6:34	7:32	
10	Tue	**7:04**	3.5	**7:20**	3.6	**12:40**	0.3	**1:01**	0.4	6:33	7:33	
11	Wed	**7:43**	3.5	**7:58**	3.8	**1:25**	0.2	**1:36**	0.3	6:32	7:34	
12	Thu	**8:20**	3.5	**8:36**	4.0	**2:05**	0.1	**2:09**	0.2	6:30	7:35	
13	Fri	**8:58**	3.5	**9:14**	4.2	**2:43**	0.0	**2:43**	0.2	6:29	7:36	
14	Sat	**9:35**	3.5	**9:52**	4.3	**3:20**	0.0	**3:18**	0.2	6:27	7:37	
15	Sun	**10:14**	3.4	**10:31**	4.3	**3:57**	0.1	**3:53**	0.2	6:26	7:38	
16	Mon	**10:52**	3.3	**11:11**	4.2	**4:36**	0.2	**4:30**	0.3	6:25	7:39	
17	Tue	**11:31**	3.2	**11:52**	4.2	**5:16**	0.4	**5:10**	0.5	6:23	7:39	
18	Wed			**12:11**	3.1	**6:00**	0.6	**5:53**	0.6	6:22	7:40	
19	Thu	**12:35**	4.1	**12:56**	3.1	**6:48**	0.7	**6:42**	0.7	6:20	7:41	
20	Fri	**1:24**	4.0	**1:46**	3.0	**7:40**	0.8	**7:38**	0.7	6:19	7:42	
21	Sat	**2:18**	3.9	**2:45**	3.1	**8:35**	0.8	**8:39**	0.6	6:18	7:43	
22	Sun	**3:18**	3.9	**3:48**	3.3	**9:30**	0.6	**9:43**	0.5	6:17	7:44	
23	Mon	**4:20**	3.9	**4:51**	3.6	**10:26**	0.4	**10:47**	0.2	6:15	7:45	
24	Tue	**5:19**	4.0	**5:49**	4.1	**11:20**	0.1	**11:50**	-0.1	6:14	7:46	
25	Wed	**6:16**	4.1	**6:44**	4.5			**12:13**	-0.2	6:13	7:47	
26	Thu	**7:10**	4.1	**7:37**	4.9	**12:51**	-0.4	**1:04**	-0.5	6:11	7:48	
27	Fri	**8:02**	4.1	**8:29**	5.2	**1:48**	-0.7	**1:54**	-0.7	6:10	7:49	
28	Sat	**8:54**	4.0	**9:21**	5.3	**2:42**	-0.8	**2:43**	-0.9	6:09	7:50	
29	Sun	**9:46**	3.9	**10:13**	5.3	**3:34**	-0.9	**3:33**	-0.9	6:08	7:50	
30	Mon	**10:37**	3.7	**11:05**	5.1	**4:27**	-0.7	**4:23**	-0.7	6:07	7:51	