

































## Metompkin Inlet, VA - Apr 2029

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Sun | 10:57 | 3.9 | 11:24 | 5.0 | 4:41  | -1.0 | 4:46  | -0.9 | 6:46  | 7:25 |    |
| 2    | Mon | 11:48 | 3.7 |       |     | 5:35  | -0.7 | 5:37  | -0.6 | 6:45  | 7:26 |    |
| 3    | Tue | 12:16 | 4.7 | 12:40 | 3.4 | 6:32  | -0.3 | 6:32  | -0.3 | 6:43  | 7:27 |    |
| 4    | Wed | 1:12  | 4.4 | 1:35  | 3.1 | 7:32  | 0.0  | 7:31  | 0.0  | 6:42  | 7:28 |    |
| 5    | Thu | 2:12  | 4.0 | 2:37  | 2.9 | 8:35  | 0.3  | 8:34  | 0.2  | 6:40  | 7:29 |    |
| 6    | Fri | 3:18  | 3.7 | 3:45  | 2.8 | 9:39  | 0.5  | 9:40  | 0.4  | 6:39  | 7:29 |    |
| 7    | Sat | 4:27  | 3.5 | 4:54  | 2.9 | 10:41 | 0.6  | 10:45 | 0.4  | 6:37  | 7:30 |    |
| 8    | Sun | 5:31  | 3.5 | 5:53  | 3.1 | 11:37 | 0.6  | 11:46 | 0.4  | 6:36  | 7:31 |    |
| 9    | Mon | 6:22  | 3.5 | 6:39  | 3.3 |       |      | 12:23 | 0.5  | 6:34  | 7:32 |    |
| 10   | Tue | 7:04  | 3.5 | 7:20  | 3.6 | 12:40 | 0.3  | 1:01  | 0.4  | 6:33  | 7:33 |    |
| 11   | Wed | 7:43  | 3.5 | 7:58  | 3.8 | 1:25  | 0.2  | 1:36  | 0.3  | 6:32  | 7:34 |    |
| 12   | Thu | 8:20  | 3.5 | 8:36  | 4.0 | 2:05  | 0.1  | 2:09  | 0.2  | 6:30  | 7:35 |   |
| 13   | Fri | 8:58  | 3.5 | 9:14  | 4.2 | 2:43  | 0.0  | 2:43  | 0.2  | 6:29  | 7:36 |  |
| 14   | Sat | 9:35  | 3.5 | 9:52  | 4.3 | 3:20  | 0.0  | 3:18  | 0.2  | 6:27  | 7:37 |  |
| 15   | Sun | 10:14 | 3.4 | 10:31 | 4.3 | 3:57  | 0.1  | 3:53  | 0.2  | 6:26  | 7:38 |  |
| 16   | Mon | 10:52 | 3.3 | 11:11 | 4.2 | 4:36  | 0.2  | 4:30  | 0.3  | 6:25  | 7:39 |  |
| 17   | Tue | 11:31 | 3.2 | 11:52 | 4.2 | 5:16  | 0.4  | 5:10  | 0.5  | 6:23  | 7:39 |  |
| 18   | Wed |       |     | 12:11 | 3.1 | 6:00  | 0.6  | 5:53  | 0.6  | 6:22  | 7:40 |  |
| 19   | Thu | 12:35 | 4.1 | 12:56 | 3.1 | 6:48  | 0.7  | 6:42  | 0.7  | 6:20  | 7:41 |  |
| 20   | Fri | 1:24  | 4.0 | 1:46  | 3.0 | 7:40  | 0.8  | 7:38  | 0.7  | 6:19  | 7:42 |  |
| 21   | Sat | 2:18  | 3.9 | 2:45  | 3.1 | 8:35  | 0.8  | 8:39  | 0.6  | 6:18  | 7:43 |  |
| 22   | Sun | 3:18  | 3.9 | 3:48  | 3.3 | 9:30  | 0.6  | 9:43  | 0.5  | 6:17  | 7:44 |  |
| 23   | Mon | 4:20  | 3.9 | 4:51  | 3.6 | 10:26 | 0.4  | 10:47 | 0.2  | 6:15  | 7:45 |  |
| 24   | Tue | 5:19  | 4.0 | 5:49  | 4.1 | 11:20 | 0.1  | 11:50 | -0.1 | 6:14  | 7:46 |  |
| 25   | Wed | 6:16  | 4.1 | 6:44  | 4.5 |       |      | 12:13 | -0.2 | 6:13  | 7:47 |  |
| 26   | Thu | 7:10  | 4.1 | 7:37  | 4.9 | 12:51 | -0.4 | 1:04  | -0.5 | 6:11  | 7:48 |  |
| 27   | Fri | 8:02  | 4.1 | 8:29  | 5.2 | 1:48  | -0.7 | 1:54  | -0.7 | 6:10  | 7:49 |  |
| 28   | Sat | 8:54  | 4.0 | 9:21  | 5.3 | 2:42  | -0.8 | 2:43  | -0.9 | 6:09  | 7:50 |  |
| 29   | Sun | 9:46  | 3.9 | 10:13 | 5.3 | 3:34  | -0.9 | 3:33  | -0.9 | 6:08  | 7:50 |  |
| 30   | Mon | 10:37 | 3.7 | 11:05 | 5.1 | 4:27  | -0.7 | 4:23  | -0.7 | 6:07  | 7:51 |  |