US HARBORS www.USHarbors.com

Metompkin Inlet, VA - May 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:29	3.5	11:57	4.8	5:20	-0.5	5:15	-0.5	6:06	7:52	
2	Wed			12:21	3.4	6:15	-0.2	6:10	-0.2	6:04	7:53	
3	Thu	12:51	4.4	1:15	3.2	7:11	0.1	7:09	0.1	6:03	7:54	
4	Fri	1:46	4.0	2:14	3.1	8:08	0.3	8:10	0.4	6:02	7:55	
5	Sat	2:44	3.7	3:16	3.0	9:04	0.5	9:12	0.6	6:01	7:56	
6	Sun	3:45	3.5	4:20	3.1	9:57	0.6	10:14	0.7	6:00	7:57	
7	Mon	4:43	3.3	5:16	3.3	10:46	0.6	11:14	0.7	5:59	7:58	
8	Tue	5:35	3.2	6:03	3.5	11:30	0.6			5:58	7:59	
9	Wed	6:21	3.2	6:46	3.8	12:08	0.6	12:11	0.5	5:57	8:00	
10	Thu	7:03	3.2	7:26	4.0	12:56	0.5	12:51	0.5	5:56	8:00	
11	Fri	7:44	3.3	8:05	4.2	1:38	0.4	1:29	0.4	5:55	8:01	
12	Sat	8:25	3.3	8:46	4.4	2:17	0.3	2:07	0.3	5:54	8:02	
13	Sun	9:05	3.3	9:26	4.4	2:56	0.3	2:46	0.3	5:53	8:03	
14	Mon	9:46	3.3	10:07	4.5	3:35	0.3	3:24	0.3	5:53	8:04	
15	Tue	10:27	3.3	10:48	4.5	4:15	0.3	4:04	0.3	5:52	8:05	
16	Wed	11:08	3.3	11:31	4.4	4:56	0.4	4:46	0.4	5:51	8:06	
17	Thu	11:51	3.2			5:41	0.5	5:32	0.4	5:50	8:07	
18	Fri	12:15	4.4	12:37	3.2	6:28	0.5	6:22	0.5	5:49	8:07	
19	Sat	1:01	4.2	1:28	3.3	7:17	0.5	7:19	0.6	5:49	8:08	
20	Sun	1:53	4.1	2:25	3.4	8:08	0.5	8:20	0.6	5:48	8:09	
21	Mon	2:49	4.0	3:25	3.7	9:01	0.3	9:23	0.5	5:47	8:10	
22	Tue	3:48	3.8	4:27	4.0	9:54	0.2	10:28	0.3	5:47	8:11	
23	Wed	4:49	3.8	5:27	4.3	10:47	-0.1	11:32	0.1	5:46	8:11	
24	Thu	5:48	3.7	6:23	4.7	11:42	-0.3			5:45	8:12	
25	Fri	6:44	3.7	7:18	5.0	12:35	-0.2	12:36	-0.5	5:45	8:13	
26	Sat	7:39	3.7	8:11	5.2	1:33	-0.4	1:29	-0.7	5:44	8:14	
27	Sun	8:32	3.6	9:04	5.2	2:28	-0.5	2:21	-0.8	5:44	8:15	
28	Mon	9:25	3.6	9:56	5.1	3:21	-0.6	3:12	-0.7	5:43	8:15	
29	Tue	10:18	3.5	10:47	5.0	4:12	-0.5	4:03	-0.6	5:43	8:16	
30	Wed	11:09	3.5	11:37	4.7	5:02	-0.4	4:55	-0.4	5:42	8:17	
31	Thu			12:00	3.4	5:53	-0.1	5:48	-0.1	5:42	8:17	