US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Sep 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**2:27**	3.0	**3:10**	3.8	**8:20**	1.1	**9:21**	1.5	6:32	7:31	
2	Sun	**3:26**	3.0	**4:11**	3.9	**9:16**	1.1	**10:19**	1.4	6:33	7:29	
3	Mon	**4:27**	3.1	**5:10**	4.1	**10:14**	1.0	**11:16**	1.3	6:34	7:28	
4	Tue	**5:26**	3.3	**6:04**	4.4	**11:13**	0.7			6:35	7:26	
5	Wed	**6:20**	3.6	**6:53**	4.6	**12:09**	0.9	**12:09**	0.4	6:36	7:25	
6	Thu	**7:11**	4.0	**7:41**	4.8	**12:58**	0.6	**1:03**	0.1	6:37	7:23	
7	Fri	**8:00**	4.4	**8:27**	4.9	**1:43**	0.2	**1:55**	-0.2	6:38	7:22	
8	Sat	**8:48**	4.7	**9:14**	4.9	**2:27**	-0.1	**2:46**	-0.4	6:38	7:20	
9	Sun	**9:37**	5.0	**10:01**	4.8	**3:11**	-0.4	**3:37**	-0.5	6:39	7:19	
10	Mon	**10:26**	5.2	**10:49**	4.6	**3:55**	-0.5	**4:28**	-0.4	6:40	7:17	
11	Tue	**11:16**	5.2	**11:37**	4.2	**4:41**	-0.4	**5:22**	-0.2	6:41	7:16	
12	Wed			**12:08**	5.1	**5:30**	-0.3	**6:19**	0.1	6:42	7:14	
13	Thu	**12:28**	3.9	**1:04**	4.9	**6:23**	-0.1	**7:20**	0.4	6:43	7:13	
14	Fri	**1:23**	3.6	**2:04**	4.6	**7:20**	0.2	**8:26**	0.6	6:43	7:11	
15	Sat	**2:25**	3.3	**3:11**	4.4	**8:23**	0.4	**9:34**	0.8	6:44	7:10	
16	Sun	**3:34**	3.1	**4:23**	4.2	**9:28**	0.5	**10:42**	0.8	6:45	7:08	
17	Mon	**4:47**	3.2	**5:31**	4.2	**10:35**	0.5	**11:45**	0.8	6:46	7:07	
18	Tue	**5:52**	3.3	**6:27**	4.2	**11:39**	0.5			6:47	7:05	
19	Wed	**6:44**	3.5	**7:13**	4.2	**12:37**	0.6	**12:36**	0.4	6:48	7:03	
20	Thu	**7:29**	3.8	**7:53**	4.2	**1:19**	0.5	**1:26**	0.3	6:48	7:02	
21	Fri	**8:09**	4.0	**8:31**	4.2	**1:56**	0.4	**2:09**	0.2	6:49	7:00	
22	Sat	**8:48**	4.2	**9:08**	4.1	**2:29**	0.3	**2:49**	0.2	6:50	6:59	
23	Sun	**9:26**	4.3	**9:45**	4.0	**3:02**	0.3	**3:27**	0.3	6:51	6:57	
24	Mon	**10:04**	4.4	**10:23**	3.9	**3:35**	0.4	**4:05**	0.4	6:52	6:56	
25	Tue	**10:43**	4.4	**11:01**	3.7	**4:09**	0.5	**4:44**	0.6	6:53	6:54	
26	Wed	**11:22**	4.4	**11:39**	3.5	**4:44**	0.6	**5:25**	0.8	6:54	6:53	
27	Thu			**12:04**	4.3	**5:22**	0.8	**6:09**	1.1	6:54	6:51	
28	Fri	**12:20**	3.4	**12:48**	4.1	**6:04**	1.0	**6:57**	1.3	6:55	6:49	
29	Sat	**1:03**	3.2	**1:36**	4.0	**6:51**	1.1	**7:50**	1.4	6:56	6:48	
30	Sun	**1:53**	3.1	**2:31**	4.0	**7:44**	1.2	**8:46**	1.5	6:57	6:46	