US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Nov 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:26	3.7	4:51	4.1	10:19	0.7	10:53	0.5	7:28	6:03	
2	Fri	5:24	4.1	5:47	4.2	11:21	0.4	11:45	0.1	7:29	6:02	
3	Sat	6:18	4.6	6:40	4.2			12:21	0.1	7:30	6:01	
4	Sun	6:11	5.0	6:32	4.2	12:36	-0.2	12:19	-0.3	6:31	5:00	
5	Mon	7:02	5.3	7:23	4.2	12:26	-0.5	1:13	-0.5	6:32	4:59	
6	Tue	7:54	5.5	8:15	4.1	1:15	-0.7	2:06	-0.6	6:33	4:58	
7	Wed	8:46	5.5	9:07	3.9	2:04	-0.8	2:59	-0.5	6:34	4:57	
8	Thu	9:39	5.4	9:59	3.8	2:55	-0.8	3:52	-0.4	6:35	4:56	
9	Fri	10:32	5.2	10:53	3.6	3:47	-0.6	4:47	-0.1	6:36	4:55	
10	Sat	11:26	4.8	11:48	3.4	4:42	-0.3	5:45	0.1	6:37	4:55	
11	Sun			12:22	4.4	5:41	0.0	6:44	0.3	6:38	4:54	
12	Mon	12:47	3.2	1:20	4.0	6:43	0.3	7:42	0.5	6:39	4:53	
13	Tue	1:52	3.2	2:21	3.7	7:47	0.6	8:38	0.6	6:40	4:52	
14	Wed	2:59	3.2	3:21	3.5	8:52	0.7	9:29	0.6	6:41	4:51	
15	Thu	4:00	3.4	4:16	3.4	9:54	0.8	10:15	0.6	6:42	4:51	
16	Fri	4:51	3.6	5:04	3.3	10:52	0.7	10:57	0.5	6:43	4:50	
17	Sat	5:34	3.8	5:46	3.3	11:42	0.6	11:37	0.4	6:44	4:49	
18	Sun	6:14	4.0	6:27	3.3			12:25	0.5	6:46	4:49	
19	Mon	6:53	4.2	7:07	3.3	12:15	0.3	1:05	0.5	6:47	4:48	
20	Tue	7:32	4.3	7:47	3.3	12:53	0.3	1:43	0.4	6:48	4:48	
21	Wed	8:12	4.4	8:27	3.3	1:31	0.2	2:21	0.4	6:49	4:47	
22	Thu	8:53	4.5	9:08	3.3	2:09	0.2	2:59	0.4	6:50	4:47	
23	Fri	9:34	4.4	9:49	3.2	2:48	0.3	3:39	0.5	6:51	4:46	
24	Sat	10:15	4.4	10:31	3.2	3:28	0.3	4:22	0.6	6:52	4:46	
25	Sun	10:57	4.3	11:15	3.2	4:11	0.4	5:06	0.6	6:53	4:45	
26	Mon	11:40	4.2			4:58	0.5	5:53	0.6	6:54	4:45	
27	Tue	12:03	3.2	12:28	4.1	5:51	0.6	6:43	0.6	6:55	4:45	
28	Wed	12:56	3.3	1:20	3.9	6:50	0.7	7:33	0.5	6:56	4:44	
29	Thu	1:55	3.5	2:17	3.8	7:52	0.6	8:25	0.3	6:57	4:44	
30	Fri	2:56	3.8	3:17	3.7	8:55	0.5	9:18	0.0	6:58	4:44	