US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Dec 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:57	4.1	4:16	3.6	10:00	0.3	10:12	-0.2	6:59	4:44	
2	Sun	4:55	4.5	5:13	3.6	11:03	0.0	11:07	-0.5	7:00	4:43	
3	Mon	5:50	4.9	6:09	3.6			12:03	-0.3	7:00	4:43	
4	Tue	6:45	5.1	7:03	3.6	12:01	-0.8	1:00	-0.5	7:01	4:43	
5	Wed	7:38	5.2	7:56	3.6	12:54	-0.9	1:53	-0.6	7:02	4:43	
6	Thu	8:31	5.2	8:49	3.6	1:46	-1.0	2:45	-0.6	7:03	4:43	
7	Fri	9:23	5.1	9:41	3.5	2:38	-1.0	3:36	-0.5	7:04	4:43	
8	Sat	10:14	4.8	10:34	3.4	3:30	-0.8	4:27	-0.4	7:05	4:43	
9	Sun	11:04	4.5	11:26	3.3	4:23	-0.6	5:19	-0.2	7:06	4:43	
10	Mon	11:54	4.1			5:18	-0.2	6:10	0.0	7:06	4:43	
11	Tue	12:19	3.2	12:44	3.7	6:15	0.1	7:01	0.2	7:07	4:44	
12	Wed	1:15	3.2	1:36	3.4	7:14	0.4	7:50	0.3	7:08	4:44	
13	Thu	2:14	3.2	2:30	3.1	8:14	0.6	8:37	0.4	7:09	4:44	
14	Fri	3:13	3.2	3:26	2.9	9:15	0.7	9:23	0.4	7:09	4:44	
15	Sat	4:08	3.4	4:18	2.8	10:13	0.8	10:09	0.4	7:10	4:45	
16	Sun	4:57	3.6	5:07	2.8	11:08	0.7	10:55	0.3	7:11	4:45	
17	Mon	5:43	3.8	5:53	2.9	11:56	0.6	11:40	0.2	7:11	4:45	
18	Tue	6:26	4.0	6:37	2.9			12:39	0.5	7:12	4:46	
19	Wed	7:08	4.1	7:20	3.0	12:23	0.1	1:20	0.4	7:12	4:46	
20	Thu	7:50	4.3	8:02	3.1	1:05	0.0	1:59	0.3	7:13	4:46	
21	Fri	8:32	4.3	8:44	3.2	1:46	-0.1	2:38	0.2	7:13	4:47	
22	Sat	9:13	4.4	9:27	3.2	2:27	-0.2	3:17	0.1	7:14	4:47	
23	Sun	9:53	4.4	10:10	3.3	3:08	-0.2	3:58	0.1	7:14	4:48	
24	Mon	10:35	4.3	10:54	3.3	3:52	-0.1	4:40	0.1	7:15	4:49	
25	Tue	11:17	4.1	11:41	3.4	4:40	0.0	5:25	0.0	7:15	4:49	
26	Wed			12:02	3.9	5:32	0.1	6:11	0.0	7:16	4:50	
27	Thu	12:32	3.5	12:51	3.7	6:30	0.2	7:01	-0.1	7:16	4:50	
28	Fri	1:28	3.6	1:46	3.4	7:31	0.3	7:53	-0.1	7:16	4:51	
29	Sat	2:29	3.8	2:47	3.2	8:35	0.3	8:48	-0.3	7:16	4:52	
30	Sun	3:33	4.0	3:50	3.1	9:41	0.2	9:45	-0.4	7:17	4:53	
31	Mon	4:35	4.3	4:51	3.1	10:47	0.0	10:46	-0.6	7:17	4:53	