






























Metompkin Inlet, VA - Feb 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:13	4.4	7:27	3.3	12:30	-0.9	1:24	-0.5	7:05	5:26	
2	Sat	8:02	4.4	8:16	3.5	1:22	-1.1	2:09	-0.7	7:04	5:27	
3	Sun	8:47	4.3	9:02	3.6	2:10	-1.1	2:51	-0.7	7:03	5:28	
4	Mon	9:30	4.1	9:47	3.6	2:56	-1.0	3:30	-0.6	7:03	5:29	
5	Tue	10:11	3.9	10:30	3.6	3:41	-0.8	4:10	-0.5	7:02	5:30	
6	Wed	10:51	3.6	11:12	3.5	4:26	-0.5	4:49	-0.3	7:01	5:31	
7	Thu	11:31	3.3	11:56	3.4	5:12	-0.1	5:29	-0.1	7:00	5:32	
8	Fri			12:13	3.0	5:59	0.2	6:12	0.1	6:59	5:33	
9	Sat	12:43	3.3	12:58	2.8	6:49	0.5	6:57	0.3	6:58	5:35	
10	Sun	1:34	3.2	1:49	2.6	7:42	0.7	7:46	0.4	6:57	5:36	
11	Mon	2:32	3.2	2:46	2.5	8:39	0.9	8:39	0.5	6:55	5:37	
12	Tue	3:32	3.3	3:45	2.5	9:37	0.9	9:34	0.4	6:54	5:38	
13	Wed	4:31	3.4	4:41	2.7	10:35	0.8	10:30	0.3	6:53	5:39	
14	Thu	5:23	3.6	5:33	2.9	11:28	0.6	11:23	0.0	6:52	5:40	
15	Fri	6:11	3.9	6:21	3.1			12:15	0.4	6:51	5:41	
16	Sat	6:55	4.1	7:08	3.4	12:13	-0.2	12:58	0.1	6:50	5:42	
17	Sun	7:39	4.3	7:53	3.7	1:00	-0.5	1:39	-0.2	6:48	5:43	
18	Mon	8:22	4.4	8:38	4.0	1:46	-0.7	2:19	-0.5	6:47	5:44	
19	Tue	9:05	4.4	9:23	4.2	2:32	-0.8	3:01	-0.6	6:46	5:45	
20	Wed	9:48	4.3	10:10	4.3	3:20	-0.8	3:43	-0.7	6:45	5:46	
21	Thu	10:33	4.0	10:58	4.3	4:09	-0.7	4:28	-0.7	6:43	5:47	
22	Fri	11:20	3.8	11:49	4.3	5:02	-0.5	5:16	-0.6	6:42	5:48	
23	Sat			12:10	3.4	5:59	-0.3	6:09	-0.4	6:41	5:49	
24	Sun	12:45	4.1	1:06	3.1	7:00	0.0	7:07	-0.3	6:40	5:50	
25	Mon	1:48	4.0	2:09	2.9	8:05	0.2	8:09	-0.2	6:38	5:51	
26	Tue	2:57	3.9	3:18	2.8	9:13	0.2	9:14	-0.2	6:37	5:53	
27	Wed	4:07	3.9	4:27	2.9	10:21	0.2	10:20	-0.3	6:35	5:54	
28	Thu	5:12	3.9	5:29	3.1	11:24	0.0	11:23	-0.4	6:34	5:55	