
































Metompkin Inlet, VA - Apr 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:16	3.7	8:32	4.0	1:55	-0.3	2:11	-0.1	6:47	7:25	
2	Tue	8:55	3.7	9:11	4.1	2:38	-0.3	2:46	-0.2	6:45	7:26	
3	Wed	9:33	3.6	9:50	4.2	3:17	-0.3	3:21	-0.1	6:44	7:27	
4	Thu	10:12	3.5	10:29	4.2	3:56	-0.2	3:57	0.0	6:42	7:27	
5	Fri	10:50	3.4	11:09	4.1	4:34	0.0	4:33	0.1	6:41	7:28	
6	Sat	11:29	3.3	11:50	4.0	5:14	0.2	5:11	0.3	6:39	7:29	
7	Sun			12:09	3.1	5:56	0.4	5:52	0.5	6:38	7:30	
8	Mon	12:32	3.9	12:52	3.0	6:41	0.7	6:37	0.7	6:36	7:31	
9	Tue	1:18	3.7	1:38	2.9	7:29	0.9	7:28	0.8	6:35	7:32	
10	Wed	2:09	3.6	2:31	2.9	8:21	1.0	8:23	0.9	6:33	7:33	
11	Thu	3:05	3.6	3:30	3.0	9:14	1.0	9:21	0.8	6:32	7:34	
12	Fri	4:03	3.6	4:30	3.2	10:08	0.9	10:20	0.6	6:31	7:35	
13	Sat	5:01	3.7	5:26	3.5	11:00	0.6	11:20	0.4	6:29	7:36	
14	Sun	5:55	3.9	6:19	3.9	11:52	0.3			6:28	7:37	
15	Mon	6:46	4.0	7:09	4.4	12:18	0.0	12:41	0.0	6:26	7:37	
16	Tue	7:35	4.1	7:59	4.8	1:13	-0.3	1:29	-0.3	6:25	7:38	
17	Wed	8:24	4.2	8:48	5.1	2:06	-0.6	2:16	-0.6	6:24	7:39	
18	Thu	9:14	4.1	9:39	5.2	2:57	-0.8	3:03	-0.8	6:22	7:40	
19	Fri	10:04	4.1	10:30	5.3	3:49	-0.9	3:52	-0.8	6:21	7:41	
20	Sat	10:55	3.9	11:23	5.1	4:41	-0.8	4:42	-0.7	6:19	7:42	
21	Sun	11:47	3.7			5:36	-0.6	5:36	-0.5	6:18	7:43	
22	Mon	12:17	4.9	12:42	3.5	6:33	-0.3	6:34	-0.3	6:17	7:44	
23	Tue	1:13	4.5	1:40	3.3	7:33	0.0	7:36	0.0	6:16	7:45	
24	Wed	2:13	4.2	2:44	3.2	8:34	0.2	8:41	0.2	6:14	7:46	
25	Thu	3:18	3.9	3:53	3.2	9:35	0.3	9:48	0.3	6:13	7:47	
26	Fri	4:25	3.7	5:00	3.3	10:33	0.3	10:54	0.3	6:12	7:48	
27	Sat	5:26	3.5	5:57	3.5	11:26	0.3	11:56	0.3	6:11	7:48	
28	Sun	6:19	3.4	6:44	3.8			12:14	0.2	6:09	7:49	
29	Mon	7:04	3.4	7:26	4.0	12:51	0.2	12:56	0.2	6:08	7:50	
30	Tue	7:44	3.4	8:05	4.1	1:37	0.1	1:35	0.1	6:07	7:51	