



Metompkin Inlet, VA - Jun 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:15	3.2	9:39	4.4	3:11	0.3	2:57	0.2	5:42	8:18	☀
2	Sun	9:57	3.2	10:20	4.4	3:49	0.3	3:36	0.3	5:41	8:19	☀
3	Mon	10:38	3.3	11:00	4.4	4:27	0.4	4:16	0.3	5:41	8:19	☀
4	Tue	11:20	3.3	11:41	4.3	5:07	0.5	4:58	0.4	5:41	8:20	☀
5	Wed			12:02	3.3	5:48	0.5	5:43	0.6	5:41	8:20	☀
6	Thu	12:22	4.2	12:46	3.3	6:31	0.5	6:32	0.7	5:40	8:21	☀
7	Fri	1:05	4.0	1:34	3.4	7:16	0.5	7:25	0.7	5:40	8:22	☀
8	Sat	1:52	3.9	2:27	3.6	8:03	0.5	8:23	0.7	5:40	8:22	☀
9	Sun	2:44	3.7	3:24	3.8	8:52	0.4	9:24	0.6	5:40	8:23	☀
10	Mon	3:42	3.6	4:23	4.1	9:44	0.2	10:26	0.5	5:40	8:23	☀
11	Tue	4:41	3.6	5:22	4.5	10:37	0.0	11:30	0.3	5:40	8:24	☀
12	Wed	5:41	3.6	6:19	4.8	11:33	-0.2			5:40	8:24	☀
13	Thu	6:38	3.6	7:14	5.1	12:31	0.0	12:30	-0.5	5:40	8:24	☀
14	Fri	7:35	3.6	8:09	5.3	1:30	-0.3	1:26	-0.7	5:40	8:25	☀
15	Sat	8:30	3.7	9:04	5.3	2:26	-0.5	2:20	-0.9	5:40	8:25	☀
16	Sun	9:25	3.7	9:58	5.3	3:19	-0.6	3:14	-0.9	5:40	8:26	☀
17	Mon	10:20	3.8	10:50	5.1	4:11	-0.6	4:08	-0.8	5:40	8:26	☀
18	Tue	11:14	3.8	11:41	4.8	5:02	-0.6	5:02	-0.6	5:40	8:26	☀
19	Wed			12:07	3.7	5:53	-0.4	5:58	-0.3	5:40	8:26	☀
20	Thu	12:31	4.4	1:00	3.6	6:44	-0.2	6:56	0.0	5:40	8:27	☀
21	Fri	1:21	4.0	1:55	3.6	7:35	-0.1	7:55	0.3	5:41	8:27	☀
22	Sat	2:12	3.6	2:52	3.6	8:24	0.1	8:55	0.6	5:41	8:27	☀
23	Sun	3:06	3.3	3:50	3.6	9:12	0.3	9:56	0.8	5:41	8:27	☀
24	Mon	4:01	3.0	4:46	3.7	10:00	0.4	10:56	0.8	5:41	8:27	☀
25	Tue	4:56	2.9	5:38	3.8	10:47	0.5	11:53	0.8	5:42	8:28	☀
26	Wed	5:48	2.9	6:25	3.9	11:35	0.5			5:42	8:28	☀
27	Thu	6:36	2.9	7:09	4.1	12:44	0.8	12:21	0.4	5:42	8:28	☀
28	Fri	7:21	3.0	7:52	4.2	1:28	0.7	1:07	0.4	5:43	8:28	☀
29	Sat	8:05	3.1	8:34	4.3	2:08	0.6	1:50	0.3	5:43	8:28	☀
30	Sun	8:48	3.2	9:16	4.4	2:46	0.5	2:32	0.2	5:44	8:28	☀