



Metompkin Inlet, VA - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:31	3.3	9:56	4.5	3:24	0.4	3:13	0.2	5:44	8:28	☀
2	Tue	10:13	3.4	10:36	4.5	4:02	0.3	3:54	0.2	5:45	8:27	☀
3	Wed	10:55	3.5	11:16	4.4	4:40	0.3	4:36	0.3	5:45	8:27	☀
4	Thu	11:37	3.6	11:56	4.3	5:20	0.3	5:21	0.3	5:46	8:27	☀
5	Fri			12:21	3.7	6:01	0.3	6:10	0.5	5:46	8:27	☾
6	Sat	12:38	4.1	1:08	3.8	6:44	0.3	7:04	0.6	5:47	8:27	☾
7	Sun	1:23	3.9	1:59	3.9	7:31	0.2	8:01	0.6	5:47	8:26	☾
8	Mon	2:14	3.7	2:56	4.1	8:20	0.2	9:03	0.6	5:48	8:26	☾
9	Tue	3:12	3.5	3:57	4.3	9:14	0.1	10:06	0.5	5:49	8:26	☾
10	Wed	4:14	3.4	5:00	4.5	10:10	0.0	11:11	0.4	5:49	8:26	☾
11	Thu	5:17	3.3	6:01	4.7	11:10	-0.2			5:50	8:25	☾
12	Fri	6:18	3.4	6:59	5.0	12:16	0.2	12:10	-0.4	5:50	8:25	☾
13	Sat	7:17	3.5	7:55	5.1	1:16	-0.1	1:09	-0.6	5:51	8:24	☾
14	Sun	8:13	3.7	8:49	5.1	2:11	-0.3	2:06	-0.8	5:52	8:24	☾
15	Mon	9:08	3.8	9:41	5.1	3:02	-0.5	2:59	-0.8	5:53	8:23	☾
16	Tue	10:01	3.9	10:30	4.9	3:51	-0.5	3:52	-0.8	5:53	8:23	☾
17	Wed	10:52	3.9	11:17	4.6	4:37	-0.5	4:43	-0.6	5:54	8:22	☾
18	Thu	11:42	3.9			5:23	-0.4	5:35	-0.3	5:55	8:22	☾
19	Fri	12:03	4.3	12:30	3.9	6:09	-0.2	6:28	0.1	5:55	8:21	☾
20	Sat	12:48	3.9	1:19	3.8	6:55	0.0	7:23	0.4	5:56	8:20	☾
21	Sun	1:34	3.5	2:10	3.7	7:40	0.3	8:19	0.7	5:57	8:20	☾
22	Mon	2:23	3.2	3:05	3.7	8:27	0.5	9:16	1.0	5:58	8:19	☾
23	Tue	3:16	2.9	4:02	3.7	9:15	0.6	10:14	1.1	5:59	8:18	☾
24	Wed	4:13	2.8	4:59	3.7	10:05	0.7	11:12	1.1	5:59	8:18	☾
25	Thu	5:09	2.8	5:52	3.9	10:56	0.7			6:00	8:17	☾
26	Fri	6:02	2.9	6:41	4.0	12:07	1.1	11:47 AM	0.6	6:01	8:16	☾
27	Sat	6:50	3.1	7:25	4.2	12:55	1.0	12:37	0.5	6:02	8:15	☾
28	Sun	7:36	3.2	8:08	4.4	1:37	0.8	1:23	0.3	6:03	8:14	☾
29	Mon	8:21	3.4	8:49	4.5	2:16	0.6	2:07	0.2	6:03	8:13	☾
30	Tue	9:04	3.6	9:30	4.6	2:54	0.4	2:50	0.1	6:04	8:12	☾
31	Wed	9:46	3.8	10:10	4.6	3:32	0.3	3:32	0.1	6:05	8:12	☾