US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Sep 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:33	4.8	11:52	4.2	5:00	0.0	5:35	0.2	6:32	7:31	
2	Mon			12:22	4.8	5:46	0.0	6:30	0.4	6:33	7:30	
3	Tue	12:40	3.9	1:15	4.7	6:37	0.1	7:29	0.6	6:34	7:28	
4	Wed	1:34	3.6	2:15	4.6	7:33	0.3	8:33	0.7	6:35	7:27	
5	Thu	2:35	3.4	3:21	4.5	8:34	0.3	9:39	0.8	6:36	7:25	
6	Fri	3:43	3.3	4:30	4.5	9:39	0.3	10:46	0.7	6:36	7:24	
7	Sat	4:53	3.3	5:36	4.5	10:45	0.3	11:49	0.5	6:37	7:22	
8	Sun	5:57	3.5	6:35	4.6	11:49	0.1			6:38	7:21	
9	Mon	6:54	3.8	7:26	4.6	12:45	0.3	12:49	-0.1	6:39	7:19	
10	Tue	7:45	4.1	8:13	4.6	1:33	0.1	1:43	-0.2	6:40	7:18	
11	Wed	8:32	4.3	8:57	4.5	2:16	-0.1	2:32	-0.3	6:41	7:16	
12	Thu	9:17	4.4	9:39	4.3	2:56	-0.1	3:17	-0.2	6:41	7:15	
13	Fri	10:00	4.5	10:20	4.1	3:35	-0.1	4:01	-0.1	6:42	7:13	
14	Sat	10:42	4.5	11:00	3.9	4:13	0.0	4:44	0.2	6:43	7:12	
15	Sun	11:23	4.4	11:41	3.7	4:51	0.2	5:28	0.5	6:44	7:10	
16	Mon			12:06	4.3	5:31	0.5	6:13	0.8	6:45	7:08	
17	Tue	12:23	3.4	12:51	4.1	6:13	0.7	7:02	1.1	6:46	7:07	
18	Wed	1:07	3.2	1:40	4.0	6:59	1.0	7:54	1.3	6:47	7:05	
19	Thu	1:56	3.1	2:34	3.8	7:50	1.1	8:49	1.5	6:47	7:04	
20	Fri	2:52	3.0	3:34	3.8	8:44	1.2	9:44	1.5	6:48	7:02	
21	Sat	3:53	3.0	4:33	3.9	9:41	1.2	10:39	1.4	6:49	7:01	
22	Sun	4:53	3.2	5:27	4.0	10:38	1.1	11:30	1.2	6:50	6:59	
23	Mon	5:46	3.5	6:16	4.2	11:33	0.9			6:51	6:58	
24	Tue	6:35	3.8	7:01	4.4	12:16	0.9	12:26	0.6	6:52	6:56	
25	Wed	7:21	4.2	7:45	4.5	1:00	0.6	1:16	0.3	6:52	6:54	
26	Thu	8:05	4.6	8:28	4.6	1:42	0.3	2:04	0.1	6:53	6:53	
27	Fri	8:50	4.9	9:13	4.6	2:23	0.0	2:51	-0.1	6:54	6:51	
28	Sat	9:36	5.1	9:58	4.5	3:05	-0.1	3:39	-0.2	6:55	6:50	
29	Sun	10:23	5.2	10:44	4.3	3:48	-0.2	4:28	-0.1	6:56	6:48	
30	Mon	11:12	5.2	11:33	4.1	4:34	-0.2	5:20	0.0	6:57	6:47	