






























Metompkin Inlet, VA - May 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:18	3.5	4:48	3.4	10:17	0.8	10:40	0.8	6:06	7:52	
2	Fri	5:12	3.5	5:40	3.7	11:06	0.7	11:36	0.6	6:05	7:53	
3	Sat	6:02	3.6	6:29	4.1	11:54	0.4			6:04	7:54	
4	Sun	6:50	3.8	7:16	4.5	12:30	0.3	12:41	0.1	6:03	7:55	
5	Mon	7:38	3.9	8:03	4.8	1:22	0.0	1:28	-0.1	6:02	7:56	
6	Tue	8:26	3.9	8:51	5.1	2:12	-0.3	2:14	-0.4	6:01	7:56	
7	Wed	9:14	3.9	9:40	5.2	3:01	-0.5	3:01	-0.5	6:00	7:57	
8	Thu	10:04	3.9	10:30	5.2	3:50	-0.5	3:50	-0.6	5:59	7:58	
9	Fri	10:55	3.8	11:22	5.1	4:41	-0.5	4:41	-0.5	5:58	7:59	
10	Sat	11:47	3.7			5:35	-0.4	5:35	-0.4	5:57	8:00	
11	Sun	12:15	4.9	12:42	3.6	6:30	-0.3	6:34	-0.2	5:56	8:01	
12	Mon	1:10	4.6	1:40	3.5	7:28	-0.1	7:36	0.0	5:55	8:02	
13	Tue	2:09	4.3	2:44	3.5	8:26	0.0	8:41	0.2	5:54	8:03	
14	Wed	3:11	4.0	3:50	3.6	9:24	0.0	9:47	0.3	5:53	8:04	
15	Thu	4:15	3.7	4:55	3.7	10:20	0.1	10:54	0.3	5:52	8:04	
16	Fri	5:16	3.5	5:53	3.9	11:14	0.0	11:57	0.2	5:51	8:05	
17	Sat	6:11	3.4	6:43	4.1			12:04	0.0	5:50	8:06	
18	Sun	7:00	3.4	7:28	4.3	12:54	0.1	12:51	-0.1	5:50	8:07	
19	Mon	7:45	3.3	8:11	4.4	1:44	0.0	1:35	-0.1	5:49	8:08	
20	Tue	8:28	3.3	8:52	4.4	2:27	0.0	2:16	-0.1	5:48	8:09	
21	Wed	9:10	3.3	9:34	4.4	3:08	0.0	2:56	0.0	5:48	8:09	
22	Thu	9:52	3.3	10:15	4.4	3:47	0.1	3:35	0.0	5:47	8:10	
23	Fri	10:34	3.3	10:56	4.3	4:26	0.2	4:15	0.2	5:46	8:11	
24	Sat	11:16	3.2	11:38	4.2	5:05	0.3	4:56	0.4	5:46	8:12	
25	Sun	11:58	3.2			5:46	0.5	5:40	0.5	5:45	8:13	
26	Mon	12:20	4.0	12:42	3.2	6:29	0.6	6:26	0.7	5:45	8:13	
27	Tue	1:03	3.9	1:29	3.2	7:13	0.7	7:16	0.9	5:44	8:14	
28	Wed	1:48	3.7	2:19	3.2	7:58	0.8	8:10	1.0	5:43	8:15	
29	Thu	2:37	3.6	3:12	3.4	8:44	0.7	9:05	1.0	5:43	8:16	
30	Fri	3:30	3.5	4:07	3.6	9:32	0.7	10:03	0.9	5:43	8:16	
31	Sat	4:25	3.5	5:02	3.9	10:21	0.5	11:01	0.7	5:42	8:17	