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# Metompkin Inlet, VA - Sep 2031

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | **8:49** | 4.6 | **9:17** | 4.9 | **2:31** | -0.4 | **2:48** | -0.7 | 6:32 | 7:32 | |
| 2 | Tue | **9:39** | 4.7 | **10:04** | 4.7 | **3:17** | -0.6 | **3:39** | -0.7 | 6:33 | 7:30 | |
| 3 | Wed | **10:28** | 4.8 | **10:51** | 4.4 | **4:02** | -0.5 | **4:29** | -0.5 | 6:34 | 7:29 | |
| 4 | Thu | **11:16** | 4.7 | **11:36** | 4.1 | **4:46** | -0.4 | **5:20** | -0.2 | 6:35 | 7:27 | |
| 5 | Fri | | | **12:04** | 4.6 | **5:31** | -0.1 | **6:11** | 0.2 | 6:35 | 7:26 | |
| 6 | Sat | **12:22** | 3.8 | **12:52** | 4.3 | **6:18** | 0.2 | **7:05** | 0.6 | 6:36 | 7:24 | |
| 7 | Sun | **1:09** | 3.4 | **1:44** | 4.1 | **7:07** | 0.5 | **8:01** | 0.9 | 6:37 | 7:23 | |
| 8 | Mon | **2:00** | 3.2 | **2:39** | 3.9 | **7:59** | 0.7 | **8:59** | 1.2 | 6:38 | 7:21 | |
| 9 | Tue | **2:57** | 3.0 | **3:40** | 3.8 | **8:54** | 0.9 | **9:59** | 1.3 | 6:39 | 7:20 | |
| 10 | Wed | **3:58** | 3.0 | **4:42** | 3.8 | **9:50** | 1.0 | **10:56** | 1.3 | 6:40 | 7:18 | |
| 11 | Thu | **4:58** | 3.1 | **5:38** | 3.9 | **10:47** | 1.0 | **11:47** | 1.2 | 6:40 | 7:17 | |
| 12 | Fri | **5:52** | 3.3 | **6:25** | 4.0 | **11:40** | 0.9 | | | 6:41 | 7:15 | |
| 13 | Sat | **6:39** | 3.5 | **7:08** | 4.2 | **12:31** | 1.1 | **12:30** | 0.7 | 6:42 | 7:13 | |
| 14 | Sun | **7:23** | 3.8 | **7:48** | 4.3 | **1:10** | 0.9 | **1:15** | 0.6 | 6:43 | 7:12 | |
| 15 | Mon | **8:04** | 4.1 | **8:27** | 4.4 | **1:47** | 0.7 | **1:58** | 0.4 | 6:44 | 7:10 | |
| 16 | Tue | **8:45** | 4.3 | **9:06** | 4.4 | **2:23** | 0.5 | **2:40** | 0.3 | 6:45 | 7:09 | |
| 17 | Wed | **9:25** | 4.5 | **9:46** | 4.4 | **2:59** | 0.3 | **3:21** | 0.2 | 6:45 | 7:07 | |
| 18 | Thu | **10:06** | 4.7 | **10:25** | 4.3 | **3:36** | 0.3 | **4:03** | 0.3 | 6:46 | 7:06 | |
| 19 | Fri | **10:48** | 4.7 | **11:07** | 4.1 | **4:15** | 0.2 | **4:48** | 0.3 | 6:47 | 7:04 | |
| 20 | Sat | **11:32** | 4.8 | **11:50** | 3.9 | **4:56** | 0.3 | **5:36** | 0.5 | 6:48 | 7:03 | |
| 21 | Sun | | | **12:19** | 4.7 | **5:41** | 0.4 | **6:29** | 0.6 | 6:49 | 7:01 | |
| 22 | Mon | **12:37** | 3.7 | **1:11** | 4.6 | **6:31** | 0.5 | **7:26** | 0.8 | 6:50 | 6:59 | |
| 23 | Tue | **1:31** | 3.6 | **2:09** | 4.5 | **7:28** | 0.5 | **8:28** | 0.9 | 6:51 | 6:58 | |
| 24 | Wed | **2:32** | 3.5 | **3:14** | 4.5 | **8:31** | 0.5 | **9:31** | 0.8 | 6:51 | 6:56 | |
| 25 | Thu | **3:40** | 3.5 | **4:22** | 4.5 | **9:36** | 0.5 | **10:34** | 0.7 | 6:52 | 6:55 | |
| 26 | Fri | **4:49** | 3.6 | **5:26** | 4.5 | **10:42** | 0.3 | **11:34** | 0.4 | 6:53 | 6:53 | |
| 27 | Sat | **5:52** | 3.9 | **6:24** | 4.6 | **11:47** | 0.1 | | | 6:54 | 6:52 | |
| 28 | Sun | **6:49** | 4.2 | **7:17** | 4.6 | **12:29** | 0.1 | **12:47** | -0.1 | 6:55 | 6:50 | |
| 29 | Mon | **7:41** | 4.6 | **8:06** | 4.6 | **1:19** | -0.1 | **1:43** | -0.3 | 6:56 | 6:49 | |
| 30 | Tue | **8:30** | 4.8 | **8:53** | 4.5 | **2:06** | -0.3 | **2:34** | -0.4 | 6:57 | 6:47 | |