US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Oct 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**9:17**	4.9	**9:39**	4.3	**2:49**	-0.4	**3:23**	-0.4	6:57	6:46	
2	Thu	**10:03**	4.9	**10:24**	4.1	**3:32**	-0.4	**4:09**	-0.2	6:58	6:44	
3	Fri	**10:48**	4.8	**11:08**	3.9	**4:14**	-0.2	**4:56**	0.0	6:59	6:43	
4	Sat	**11:34**	4.6	**11:52**	3.6	**4:57**	0.1	**5:44**	0.4	7:00	6:41	
5	Sun			**12:19**	4.4	**5:42**	0.4	**6:33**	0.7	7:01	6:40	
6	Mon	**12:38**	3.4	**1:08**	4.2	**6:29**	0.7	**7:25**	1.0	7:02	6:38	
7	Tue	**1:26**	3.2	**1:59**	3.9	**7:20**	0.9	**8:19**	1.2	7:03	6:37	
8	Wed	**2:20**	3.1	**2:56**	3.8	**8:15**	1.1	**9:14**	1.3	7:04	6:35	
9	Thu	**3:19**	3.1	**3:56**	3.7	**9:11**	1.2	**10:07**	1.3	7:05	6:34	
10	Fri	**4:20**	3.2	**4:52**	3.8	**10:09**	1.2	**10:56**	1.2	7:06	6:32	
11	Sat	**5:16**	3.4	**5:43**	3.9	**11:04**	1.1	**11:42**	1.1	7:06	6:31	
12	Sun	**6:05**	3.7	**6:28**	4.0	**11:56**	0.9			7:07	6:29	
13	Mon	**6:50**	4.0	**7:11**	4.1	**12:24**	0.8	**12:45**	0.7	7:08	6:28	
14	Tue	**7:32**	4.3	**7:52**	4.2	**1:05**	0.6	**1:31**	0.5	7:09	6:27	
15	Wed	**8:14**	4.6	**8:34**	4.2	**1:44**	0.4	**2:15**	0.3	7:10	6:25	
16	Thu	**8:56**	4.9	**9:16**	4.2	**2:24**	0.2	**2:59**	0.1	7:11	6:24	
17	Fri	**9:40**	5.0	**9:59**	4.2	**3:05**	0.0	**3:44**	0.1	7:12	6:22	
18	Sat	**10:25**	5.1	**10:44**	4.0	**3:47**	0.0	**4:30**	0.1	7:13	6:21	
19	Sun	**11:12**	5.1	**11:32**	3.9	**4:31**	0.0	**5:20**	0.2	7:14	6:20	
20	Mon			**12:02**	5.0	**5:20**	0.1	**6:14**	0.4	7:15	6:18	
21	Tue	**12:23**	3.7	**12:55**	4.8	**6:14**	0.2	**7:12**	0.5	7:16	6:17	
22	Wed	**1:19**	3.6	**1:53**	4.6	**7:14**	0.4	**8:13**	0.6	7:17	6:16	
23	Thu	**2:21**	3.5	**2:57**	4.4	**8:18**	0.5	**9:14**	0.5	7:18	6:14	
24	Fri	**3:29**	3.6	**4:02**	4.3	**9:25**	0.5	**10:14**	0.4	7:19	6:13	
25	Sat	**4:37**	3.7	**5:06**	4.2	**10:32**	0.4	**11:11**	0.2	7:20	6:12	
26	Sun	**5:40**	4.0	**6:04**	4.1	**11:37**	0.2			7:21	6:11	
27	Mon	**6:35**	4.3	**6:56**	4.1	**12:04**	0.0	**12:37**	0.0	7:22	6:10	
28	Tue	**7:25**	4.6	**7:44**	4.0	**12:53**	-0.1	**1:32**	-0.1	7:23	6:08	
29	Wed	**8:11**	4.7	**8:30**	3.9	**1:39**	-0.3	**2:21**	-0.2	7:24	6:07	
30	Thu	**8:56**	4.8	**9:14**	3.8	**2:22**	-0.3	**3:06**	-0.2	7:25	6:06	
31	Fri	**9:39**	4.8	**9:57**	3.7	**3:04**	-0.3	**3:50**	-0.1	7:26	6:05	