US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Nov 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:23	4.7	10:40	3.6	3:45	-0.1	4:33	0.1	7:27	6:04	
2	Sun	10:06	4.6	10:24	3.4	3:26	0.1	4:17	0.4	6:28	5:03	
3	Mon	10:50	4.4	11:08	3.3	4:09	0.3	5:02	0.6	6:29	5:02	
4	Tue	11:35	4.1	11:54	3.1	4:54	0.6	5:49	0.9	6:30	5:01	
5	Wed			12:22	3.9	5:43	0.8	6:38	1.0	6:31	5:00	
6	Thu	12:45	3.1	1:13	3.8	6:35	1.0	7:28	1.1	6:32	4:59	
7	Fri	1:40	3.1	2:07	3.6	7:30	1.1	8:16	1.1	6:33	4:58	
8	Sat	2:38	3.2	3:02	3.6	8:27	1.2	9:04	1.0	6:34	4:57	
9	Sun	3:34	3.4	3:55	3.6	9:23	1.1	9:51	0.9	6:35	4:56	
10	Mon	4:26	3.7	4:44	3.7	10:18	0.9	10:37	0.6	6:37	4:55	
11	Tue	5:14	4.1	5:31	3.8	11:11	0.7	11:22	0.4	6:38	4:54	
12	Wed	5:59	4.4	6:17	3.9			12:02	0.4	6:39	4:53	
13	Thu	6:44	4.7	7:02	3.9	12:07	0.1	12:50	0.1	6:40	4:53	
14	Fri	7:30	5.0	7:49	3.9	12:52	-0.2	1:38	-0.1	6:41	4:52	
15	Sat	8:17	5.2	8:36	3.9	1:37	-0.3	2:26	-0.2	6:42	4:51	
16	Sun	9:06	5.2	9:25	3.9	2:24	-0.5	3:15	-0.2	6:43	4:50	
17	Mon	9:55	5.2	10:16	3.8	3:12	-0.5	4:06	-0.2	6:44	4:50	
18	Tue	10:47	5.0	11:10	3.7	4:04	-0.4	4:59	-0.1	6:45	4:49	
19	Wed	11:40	4.8			5:00	-0.2	5:56	0.0	6:46	4:48	
20	Thu	12:06	3.6	12:36	4.5	6:01	0.0	6:54	0.1	6:47	4:48	
21	Fri	1:08	3.6	1:36	4.2	7:05	0.2	7:52	0.1	6:48	4:47	
22	Sat	2:14	3.6	2:39	3.9	8:12	0.3	8:49	0.1	6:49	4:47	
23	Sun	3:21	3.7	3:42	3.7	9:19	0.3	9:44	0.0	6:50	4:46	
24	Mon	4:24	3.9	4:41	3.5	10:25	0.2	10:37	-0.1	6:51	4:46	
25	Tue	5:19	4.2	5:34	3.4	11:26	0.1	11:27	-0.2	6:52	4:45	
26	Wed	6:08	4.3	6:22	3.4			12:20	0.0	6:53	4:45	
27	Thu	6:53	4.4	7:07	3.4	12:14	-0.3	1:08	0.0	6:54	4:45	
28	Fri	7:36	4.5	7:50	3.3	12:58	-0.3	1:51	-0.1	6:55	4:44	
29	Sat	8:18	4.5	8:33	3.3	1:39	-0.3	2:31	0.0	6:56	4:44	
30	Sun	9:00	4.4	9:15	3.3	2:20	-0.2	3:11	0.1	6:57	4:44	