US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jan 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:38	3.9	10:55	3.1	3:58	0.0	4:40	0.2	7:17	4:54	
2	Fri	11:17	3.7	11:38	3.2	4:41	0.2	5:20	0.3	7:17	4:55	
3	Sat	11:57	3.6			5:26	0.4	6:01	0.3	7:17	4:55	
4	Sun	12:23	3.2	12:40	3.4	6:15	0.5	6:45	0.4	7:17	4:56	
5	Mon	1:12	3.2	1:28	3.2	7:08	0.6	7:32	0.3	7:17	4:57	
6	Tue	2:06	3.4	2:21	3.1	8:05	0.7	8:22	0.2	7:17	4:58	
7	Wed	3:04	3.6	3:19	3.0	9:05	0.6	9:15	0.1	7:17	4:59	
8	Thu	4:02	3.8	4:18	3.1	10:06	0.4	10:11	-0.2	7:17	5:00	
9	Fri	4:59	4.2	5:15	3.2	11:06	0.1	11:08	-0.5	7:17	5:01	
10	Sat	5:54	4.5	6:10	3.4			12:04	-0.2	7:17	5:02	
11	Sun	6:48	4.8	7:05	3.6	12:04	-0.8	12:58	-0.6	7:17	5:03	
12	Mon	7:40	5.0	7:58	3.8	12:58	-1.2	1:50	-0.8	7:17	5:04	
13	Tue	8:32	5.0	8:52	3.9	1:51	-1.4	2:40	-1.0	7:16	5:05	
14	Wed	9:23	5.0	9:45	4.0	2:44	-1.4	3:29	-1.1	7:16	5:06	
15	Thu	10:14	4.8	10:38	4.0	3:38	-1.3	4:19	-1.1	7:16	5:07	
16	Fri	11:04	4.4	11:31	3.9	4:33	-1.1	5:10	-1.0	7:15	5:08	
17	Sat	11:55	4.0			5:30	-0.8	6:02	-0.8	7:15	5:09	
18	Sun	12:26	3.8	12:47	3.6	6:30	-0.4	6:55	-0.6	7:15	5:10	
19	Mon	1:25	3.6	1:43	3.1	7:32	-0.1	7:49	-0.4	7:14	5:11	
20	Tue	2:28	3.5	2:43	2.8	8:36	0.2	8:45	-0.2	7:14	5:12	
21	Wed	3:33	3.5	3:45	2.7	9:43	0.3	9:41	-0.1	7:13	5:13	
22	Thu	4:35	3.5	4:44	2.6	10:48	0.3	10:37	-0.1	7:13	5:14	
23	Fri	5:29	3.6	5:36	2.7	11:46	0.3	11:29	-0.2	7:12	5:15	
24	Sat	6:16	3.7	6:22	2.8			12:32	0.2	7:12	5:16	
25	Sun	6:58	3.8	7:05	2.9	12:15	-0.3	1:11	0.1	7:11	5:17	
26	Mon	7:38	3.9	7:46	3.0	12:58	-0.3	1:46	0.0	7:10	5:18	
27	Tue	8:17	3.9	8:27	3.2	1:38	-0.4	2:21	0.0	7:10	5:20	
28	Wed	8:55	4.0	9:07	3.3	2:17	-0.4	2:55	-0.1	7:09	5:21	
29	Thu	9:33	3.9	9:47	3.4	2:55	-0.4	3:30	-0.1	7:08	5:22	
30	Fri	10:10	3.8	10:27	3.4	3:34	-0.2	4:06	0.0	7:07	5:23	
31	Sat	10:47	3.7	11:07	3.4	4:15	-0.1	4:43	0.1	7:06	5:24	