

































## Metompkin Inlet, VA - Mar 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:58	3.6	11:19	3.9	4:35	0.0	4:48	0.1	6:32	5:56	
2	Tue	11:38	3.4			5:22	0.2	5:32	0.1	6:31	5:57	
3	Wed	12:05	3.9	12:24	3.2	6:13	0.3	6:22	0.2	6:29	5:58	
4	Thu	12:57	3.8	1:18	3.1	7:10	0.4	7:18	0.2	6:28	5:59	
5	Fri	1:58	3.9	2:20	3.0	8:11	0.5	8:19	0.1	6:26	6:00	
6	Sat	3:04	3.9	3:27	3.1	9:15	0.4	9:23	-0.1	6:25	6:01	
7	Sun	4:09	4.1	4:32	3.3	10:18	0.1	10:28	-0.4	6:23	6:02	
8	Mon	5:11	4.3	5:32	3.6	11:18	-0.2	11:30	-0.7	6:22	6:03	
9	Tue	6:08	4.5	6:29	4.0			12:13	-0.5	6:21	6:04	
10	Wed	7:02	4.6	7:22	4.3	12:29	-1.0	1:04	-0.8	6:19	6:05	
11	Thu	7:53	4.6	8:14	4.5	1:24	-1.3	1:52	-1.0	6:18	6:06	
12	Fri	8:42	4.4	9:04	4.6	2:16	-1.3	2:39	-1.1	6:16	6:07	
13	Sat	9:30	4.2	9:53	4.6	3:07	-1.2	3:24	-1.0	6:15	6:08	
14	Sun	11:17	4.0	11:42	4.4	4:57	-1.0	5:11	-0.8	7:13	7:09	
15	Mon			12:04	3.6	5:49	-0.7	5:58	-0.5	7:12	7:10	
16	Tue	12:30	4.2	12:52	3.3	6:42	-0.3	6:48	-0.2	7:10	7:10	
17	Wed	1:21	3.9	1:42	3.0	7:36	0.1	7:41	0.1	7:09	7:11	
18	Thu	2:15	3.6	2:36	2.8	8:34	0.5	8:36	0.4	7:07	7:12	
19	Fri	3:15	3.4	3:36	2.7	9:33	0.7	9:34	0.5	7:06	7:13	
20	Sat	4:19	3.3	4:39	2.7	10:32	0.8	10:33	0.5	7:04	7:14	
21	Sun	5:19	3.3	5:36	2.9	11:27	0.8	11:29	0.5	7:02	7:15	
22	Mon	6:11	3.4	6:25	3.1			12:15	0.7	7:01	7:16	
23	Tue	6:56	3.6	7:09	3.4	12:21	0.3	12:56	0.5	6:59	7:17	
24	Wed	7:37	3.7	7:51	3.6	1:07	0.2	1:33	0.4	6:58	7:18	
25	Thu	8:17	3.8	8:31	3.9	1:50	0.0	2:10	0.2	6:56	7:19	
26	Fri	8:56	3.9	9:11	4.1	2:30	-0.1	2:46	0.1	6:55	7:20	
27	Sat	9:35	3.9	9:51	4.2	3:10	-0.2	3:22	0.0	6:53	7:21	
28	Sun	10:14	3.8	10:31	4.3	3:50	-0.2	3:59	0.0	6:52	7:22	
29	Mon	10:53	3.7	11:13	4.4	4:32	-0.1	4:38	0.0	6:50	7:22	
30	Tue	11:34	3.6	11:56	4.4	5:16	0.0	5:21	0.1	6:49	7:23	
31	Wed			12:18	3.5	6:04	0.1	6:07	0.1	6:47	7:24	