US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Mar 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**10:58**	3.6	**11:19**	3.9	**4:35**	0.0	**4:48**	0.1	6:32	5:56	
2	Tue	**11:38**	3.4			**5:22**	0.2	**5:32**	0.1	6:31	5:57	
3	Wed	**12:05**	3.9	**12:24**	3.2	**6:13**	0.3	**6:22**	0.2	6:29	5:58	
4	Thu	**12:57**	3.8	**1:18**	3.1	**7:10**	0.4	**7:18**	0.2	6:28	5:59	
5	Fri	**1:58**	3.9	**2:20**	3.0	**8:11**	0.5	**8:19**	0.1	6:26	6:00	
6	Sat	**3:04**	3.9	**3:27**	3.1	**9:15**	0.4	**9:23**	-0.1	6:25	6:01	
7	Sun	**4:09**	4.1	**4:32**	3.3	**10:18**	0.1	**10:28**	-0.4	6:23	6:02	
8	Mon	**5:11**	4.3	**5:32**	3.6	**11:18**	-0.2	**11:30**	-0.7	6:22	6:03	
9	Tue	**6:08**	4.5	**6:29**	4.0			**12:13**	-0.5	6:21	6:04	
10	Wed	**7:02**	4.6	**7:22**	4.3	**12:29**	-1.0	**1:04**	-0.8	6:19	6:05	
11	Thu	**7:53**	4.6	**8:14**	4.5	**1:24**	-1.3	**1:52**	-1.0	6:18	6:06	
12	Fri	**8:42**	4.4	**9:04**	4.6	**2:16**	-1.3	**2:39**	-1.1	6:16	6:07	
13	Sat	**9:30**	4.2	**9:53**	4.6	**3:07**	-1.2	**3:24**	-1.0	6:15	6:08	
14	Sun	**11:17**	4.0	**11:42**	4.4	**4:57**	-1.0	**5:11**	-0.8	7:13	7:09	
15	Mon			**12:04**	3.6	**5:49**	-0.7	**5:58**	-0.5	7:12	7:10	
16	Tue	**12:30**	4.2	**12:52**	3.3	**6:42**	-0.3	**6:48**	-0.2	7:10	7:10	
17	Wed	**1:21**	3.9	**1:42**	3.0	**7:36**	0.1	**7:41**	0.1	7:09	7:11	
18	Thu	**2:15**	3.6	**2:36**	2.8	**8:34**	0.5	**8:36**	0.4	7:07	7:12	
19	Fri	**3:15**	3.4	**3:36**	2.7	**9:33**	0.7	**9:34**	0.5	7:06	7:13	
20	Sat	**4:19**	3.3	**4:39**	2.7	**10:32**	0.8	**10:33**	0.5	7:04	7:14	
21	Sun	**5:19**	3.3	**5:36**	2.9	**11:27**	0.8	**11:29**	0.5	7:02	7:15	
22	Mon	**6:11**	3.4	**6:25**	3.1			**12:15**	0.7	7:01	7:16	
23	Tue	**6:56**	3.6	**7:09**	3.4	**12:21**	0.3	**12:56**	0.5	6:59	7:17	
24	Wed	**7:37**	3.7	**7:51**	3.6	**1:07**	0.2	**1:33**	0.4	6:58	7:18	
25	Thu	**8:17**	3.8	**8:31**	3.9	**1:50**	0.0	**2:10**	0.2	6:56	7:19	
26	Fri	**8:56**	3.9	**9:11**	4.1	**2:30**	-0.1	**2:46**	0.1	6:55	7:20	
27	Sat	**9:35**	3.9	**9:51**	4.2	**3:10**	-0.2	**3:22**	0.0	6:53	7:21	
28	Sun	**10:14**	3.8	**10:31**	4.3	**3:50**	-0.2	**3:59**	0.0	6:52	7:22	
29	Mon	**10:53**	3.7	**11:13**	4.4	**4:32**	-0.1	**4:38**	0.0	6:50	7:22	
30	Tue	**11:34**	3.6	**11:56**	4.4	**5:16**	0.0	**5:21**	0.1	6:49	7:23	
31	Wed			**12:18**	3.5	**6:04**	0.1	**6:07**	0.1	6:47	7:24	