US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Aug 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**5:19**	3.0	**6:04**	4.1	**11:09**	0.3			6:06	8:10	
2	Mon	**6:16**	3.0	**6:54**	4.1	**12:22**	0.6	**12:05**	0.3	6:07	8:09	
3	Tue	**7:05**	3.1	**7:39**	4.2	**1:13**	0.6	**12:55**	0.2	6:08	8:08	
4	Wed	**7:49**	3.3	**8:19**	4.3	**1:55**	0.5	**1:41**	0.1	6:09	8:07	
5	Thu	**8:31**	3.4	**8:59**	4.3	**2:32**	0.4	**2:22**	0.1	6:10	8:06	
6	Fri	**9:12**	3.6	**9:37**	4.3	**3:06**	0.3	**3:02**	0.1	6:11	8:05	
7	Sat	**9:53**	3.7	**10:15**	4.3	**3:40**	0.3	**3:41**	0.2	6:11	8:04	
8	Sun	**10:33**	3.8	**10:53**	4.2	**4:14**	0.3	**4:21**	0.3	6:12	8:03	
9	Mon	**11:13**	3.9	**11:31**	4.0	**4:49**	0.4	**5:01**	0.5	6:13	8:01	
10	Tue	**11:53**	3.9			**5:26**	0.5	**5:44**	0.7	6:14	8:00	
11	Wed	**12:09**	3.9	**12:34**	3.9	**6:04**	0.6	**6:29**	0.9	6:15	7:59	
12	Thu	**12:48**	3.7	**1:18**	3.9	**6:45**	0.7	**7:19**	1.0	6:16	7:58	
13	Fri	**1:32**	3.5	**2:07**	3.9	**7:31**	0.8	**8:13**	1.1	6:17	7:57	
14	Sat	**2:21**	3.3	**3:03**	4.0	**8:21**	0.7	**9:11**	1.1	6:17	7:55	
15	Sun	**3:19**	3.3	**4:04**	4.2	**9:16**	0.7	**10:12**	1.0	6:18	7:54	
16	Mon	**4:21**	3.3	**5:05**	4.4	**10:15**	0.5	**11:13**	0.8	6:19	7:53	
17	Tue	**5:23**	3.5	**6:03**	4.7	**11:15**	0.2			6:20	7:52	
18	Wed	**6:22**	3.7	**6:59**	5.0	**12:12**	0.5	**12:15**	-0.1	6:21	7:50	
19	Thu	**7:18**	4.1	**7:52**	5.2	**1:07**	0.1	**1:13**	-0.4	6:22	7:49	
20	Fri	**8:12**	4.4	**8:44**	5.2	**1:59**	-0.3	**2:09**	-0.7	6:23	7:48	
21	Sat	**9:06**	4.6	**9:34**	5.2	**2:48**	-0.6	**3:02**	-0.9	6:23	7:46	
22	Sun	**9:58**	4.8	**10:24**	5.0	**3:36**	-0.7	**3:56**	-0.9	6:24	7:45	
23	Mon	**10:50**	4.9	**11:14**	4.7	**4:24**	-0.7	**4:49**	-0.7	6:25	7:44	
24	Tue	**11:42**	4.8			**5:12**	-0.6	**5:45**	-0.4	6:26	7:42	
25	Wed	**12:04**	4.3	**12:35**	4.7	**6:02**	-0.4	**6:42**	0.0	6:27	7:41	
26	Thu	**12:55**	3.9	**1:29**	4.5	**6:55**	-0.1	**7:43**	0.3	6:28	7:39	
27	Fri	**1:48**	3.6	**2:28**	4.2	**7:50**	0.2	**8:46**	0.6	6:29	7:38	
28	Sat	**2:47**	3.2	**3:32**	4.0	**8:47**	0.4	**9:51**	0.8	6:29	7:36	
29	Sun	**3:51**	3.1	**4:39**	4.0	**9:46**	0.6	**10:57**	0.9	6:30	7:35	
30	Mon	**4:56**	3.0	**5:40**	4.0	**10:46**	0.6	**11:56**	0.9	6:31	7:34	
31	Tue	**5:54**	3.1	**6:31**	4.0	**11:43**	0.6			6:32	7:32	