
































## Metompkin Inlet, VA - Nov 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:45	4.3	8:02	3.9	1:13	0.5	1:47	0.5	7:28	6:03	
2	Tue	8:26	4.6	8:43	3.9	1:52	0.3	2:29	0.4	7:29	6:02	
3	Wed	9:07	4.7	9:24	3.9	2:30	0.2	3:10	0.3	7:30	6:01	
4	Thu	9:48	4.8	10:06	3.8	3:10	0.1	3:52	0.3	7:31	6:00	
5	Fri	10:31	4.9	10:49	3.7	3:50	0.1	4:36	0.3	7:32	5:59	
6	Sat	11:15	4.8	11:35	3.7	4:34	0.2	5:24	0.4	7:33	5:58	
7	Sun	11:02	4.7	11:24	3.6	4:21	0.3	5:14	0.4	6:34	4:57	
8	Mon	11:53	4.6			5:13	0.4	6:09	0.5	6:35	4:56	
9	Tue	12:18	3.5	12:48	4.4	6:12	0.4	7:05	0.5	6:36	4:55	
10	Wed	1:18	3.5	1:47	4.2	7:15	0.5	8:03	0.4	6:37	4:54	
11	Thu	2:23	3.7	2:50	4.1	8:20	0.4	9:00	0.2	6:38	4:54	
12	Fri	3:29	3.9	3:53	4.0	9:26	0.3	9:56	0.0	6:39	4:53	
13	Sat	4:30	4.2	4:52	4.0	10:30	0.1	10:51	-0.3	6:41	4:52	
14	Sun	5:27	4.5	5:46	4.0	11:32	-0.1	11:43	-0.5	6:42	4:51	
15	Mon	6:19	4.8	6:38	3.9			12:29	-0.3	6:43	4:51	
16	Tue	7:09	5.0	7:28	3.9	12:33	-0.6	1:21	-0.4	6:44	4:50	
17	Wed	7:58	5.0	8:16	3.8	1:20	-0.7	2:10	-0.5	6:45	4:49	
18	Thu	8:45	5.0	9:04	3.6	2:07	-0.7	2:57	-0.4	6:46	4:49	
19	Fri	9:32	4.8	9:50	3.5	2:52	-0.5	3:44	-0.2	6:47	4:48	
20	Sat	10:18	4.6	10:37	3.4	3:38	-0.3	4:31	0.0	6:48	4:47	
21	Sun	11:04	4.3	11:24	3.2	4:25	0.0	5:19	0.3	6:49	4:47	
22	Mon	11:50	4.0			5:14	0.3	6:07	0.5	6:50	4:46	
23	Tue	12:13	3.1	12:38	3.8	6:05	0.6	6:56	0.7	6:51	4:46	
24	Wed	1:06	3.0	1:29	3.5	6:59	0.8	7:44	0.8	6:52	4:46	
25	Thu	2:02	3.1	2:23	3.4	7:55	1.0	8:31	0.8	6:53	4:45	
26	Fri	2:59	3.2	3:17	3.3	8:51	1.0	9:17	0.7	6:54	4:45	
27	Sat	3:54	3.4	4:09	3.3	9:47	1.0	10:03	0.6	6:55	4:44	
28	Sun	4:44	3.7	4:58	3.3	10:40	0.8	10:48	0.5	6:56	4:44	
29	Mon	5:30	4.0	5:44	3.4	11:31	0.6	11:33	0.3	6:57	4:44	
30	Tue	6:14	4.2	6:28	3.5			12:18	0.4	6:58	4:44	