US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Nov 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:45**	4.3	**8:02**	3.9	**1:13**	0.5	**1:47**	0.5	7:28	6:03	
2	Tue	**8:26**	4.6	**8:43**	3.9	**1:52**	0.3	**2:29**	0.4	7:29	6:02	
3	Wed	**9:07**	4.7	**9:24**	3.9	**2:30**	0.2	**3:10**	0.3	7:30	6:01	
4	Thu	**9:48**	4.8	**10:06**	3.8	**3:10**	0.1	**3:52**	0.3	7:31	6:00	
5	Fri	**10:31**	4.9	**10:49**	3.7	**3:50**	0.1	**4:36**	0.3	7:32	5:59	
6	Sat	**11:15**	4.8	**11:35**	3.7	**4:34**	0.2	**5:24**	0.4	7:33	5:58	
7	Sun	**11:02**	4.7	**11:24**	3.6	**4:21**	0.3	**5:14**	0.4	6:34	4:57	
8	Mon	**11:53**	4.6			**5:13**	0.4	**6:09**	0.5	6:35	4:56	
9	Tue	**12:18**	3.5	**12:48**	4.4	**6:12**	0.4	**7:05**	0.5	6:36	4:55	
10	Wed	**1:18**	3.5	**1:47**	4.2	**7:15**	0.5	**8:03**	0.4	6:37	4:54	
11	Thu	**2:23**	3.7	**2:50**	4.1	**8:20**	0.4	**9:00**	0.2	6:38	4:54	
12	Fri	**3:29**	3.9	**3:53**	4.0	**9:26**	0.3	**9:56**	0.0	6:39	4:53	
13	Sat	**4:30**	4.2	**4:52**	4.0	**10:30**	0.1	**10:51**	-0.3	6:41	4:52	
14	Sun	**5:27**	4.5	**5:46**	4.0	**11:32**	-0.1	**11:43**	-0.5	6:42	4:51	
15	Mon	**6:19**	4.8	**6:38**	3.9			**12:29**	-0.3	6:43	4:51	
16	Tue	**7:09**	5.0	**7:28**	3.9	**12:33**	-0.6	**1:21**	-0.4	6:44	4:50	
17	Wed	**7:58**	5.0	**8:16**	3.8	**1:20**	-0.7	**2:10**	-0.5	6:45	4:49	
18	Thu	**8:45**	5.0	**9:04**	3.6	**2:07**	-0.7	**2:57**	-0.4	6:46	4:49	
19	Fri	**9:32**	4.8	**9:50**	3.5	**2:52**	-0.5	**3:44**	-0.2	6:47	4:48	
20	Sat	**10:18**	4.6	**10:37**	3.4	**3:38**	-0.3	**4:31**	0.0	6:48	4:47	
21	Sun	**11:04**	4.3	**11:24**	3.2	**4:25**	0.0	**5:19**	0.3	6:49	4:47	
22	Mon	**11:50**	4.0			**5:14**	0.3	**6:07**	0.5	6:50	4:46	
23	Tue	**12:13**	3.1	**12:38**	3.8	**6:05**	0.6	**6:56**	0.7	6:51	4:46	
24	Wed	**1:06**	3.0	**1:29**	3.5	**6:59**	0.8	**7:44**	0.8	6:52	4:46	
25	Thu	**2:02**	3.1	**2:23**	3.4	**7:55**	1.0	**8:31**	0.8	6:53	4:45	
26	Fri	**2:59**	3.2	**3:17**	3.3	**8:51**	1.0	**9:17**	0.7	6:54	4:45	
27	Sat	**3:54**	3.4	**4:09**	3.3	**9:47**	1.0	**10:03**	0.6	6:55	4:44	
28	Sun	**4:44**	3.7	**4:58**	3.3	**10:40**	0.8	**10:48**	0.5	6:56	4:44	
29	Mon	**5:30**	4.0	**5:44**	3.4	**11:31**	0.6	**11:33**	0.3	6:57	4:44	
30	Tue	**6:14**	4.2	**6:28**	3.5			**12:18**	0.4	6:58	4:44	