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# Metompkin Inlet, VA - Jun 2033

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | | | 12:12 | 3.4 | 6:02 | -0.1 | 6:01 | 0.1 | 5:42 | 8:18 | |
| 2 | Thu | 12:35 | 4.2 | 1:01 | 3.3 | 6:51 | 0.1 | 6:53 | 0.4 | 5:41 | 8:19 | |
| 3 | Fri | 1:22 | 3.9 | 1:52 | 3.2 | 7:39 | 0.4 | 7:47 | 0.6 | 5:41 | 8:19 | |
| 4 | Sat | 2:11 | 3.6 | 2:45 | 3.2 | 8:26 | 0.5 | 8:42 | 0.8 | 5:41 | 8:20 | |
| 5 | Sun | 3:03 | 3.4 | 3:41 | 3.3 | 9:13 | 0.6 | 9:37 | 0.9 | 5:41 | 8:21 | |
| 6 | Mon | 3:57 | 3.2 | 4:36 | 3.4 | 9:58 | 0.7 | 10:33 | 1.0 | 5:40 | 8:21 | |
| 7 | Tue | 4:50 | 3.2 | 5:26 | 3.6 | 10:44 | 0.6 | 11:27 | 0.9 | 5:40 | 8:22 | |
| 8 | Wed | 5:41 | 3.2 | 6:14 | 3.9 | 11:30 | 0.6 | | | 5:40 | 8:22 | |
| 9 | Thu | 6:28 | 3.2 | 6:58 | 4.1 | 12:18 | 0.8 | 12:15 | 0.4 | 5:40 | 8:23 | |
| 10 | Fri | 7:14 | 3.3 | 7:42 | 4.4 | 1:05 | 0.6 | 1:00 | 0.3 | 5:40 | 8:23 | |
| 11 | Sat | 7:59 | 3.4 | 8:25 | 4.6 | 1:50 | 0.4 | 1:44 | 0.1 | 5:40 | 8:24 | |
| 12 | Sun | 8:43 | 3.5 | 9:09 | 4.7 | 2:34 | 0.2 | 2:28 | 0.0 | 5:40 | 8:24 | |
| 13 | Mon | 9:28 | 3.6 | 9:53 | 4.8 | 3:17 | 0.1 | 3:12 | -0.1 | 5:40 | 8:25 | |
| 14 | Tue | 10:14 | 3.6 | 10:38 | 4.8 | 4:01 | 0.0 | 3:57 | -0.1 | 5:40 | 8:25 | |
| 15 | Wed | 11:00 | 3.7 | 11:24 | 4.8 | 4:46 | -0.1 | 4:44 | -0.1 | 5:40 | 8:25 | |
| 16 | Thu | 11:48 | 3.7 | | | 5:33 | -0.1 | 5:35 | 0.0 | 5:40 | 8:26 | |
| 17 | Fri | 12:11 | 4.6 | 12:39 | 3.8 | 6:22 | -0.1 | 6:30 | 0.1 | 5:40 | 8:26 | |
| 18 | Sat | 1:00 | 4.4 | 1:33 | 3.8 | 7:13 | -0.1 | 7:29 | 0.2 | 5:40 | 8:26 | |
| 19 | Sun | 1:53 | 4.2 | 2:31 | 3.9 | 8:06 | -0.1 | 8:31 | 0.3 | 5:40 | 8:27 | |
| 20 | Mon | 2:51 | 3.9 | 3:33 | 4.0 | 9:00 | -0.1 | 9:35 | 0.3 | 5:40 | 8:27 | |
| 21 | Tue | 3:52 | 3.7 | 4:36 | 4.2 | 9:55 | -0.2 | 10:40 | 0.2 | 5:41 | 8:27 | |
| 22 | Wed | 4:53 | 3.5 | 5:36 | 4.4 | 10:51 | -0.3 | 11:45 | 0.1 | 5:41 | 8:27 | |
| 23 | Thu | 5:53 | 3.5 | 6:33 | 4.6 | 11:48 | -0.4 | | | 5:41 | 8:27 | |
| 24 | Fri | 6:50 | 3.5 | 7:26 | 4.7 | 12:46 | -0.1 | 12:43 | -0.5 | 5:41 | 8:27 | |
| 25 | Sat | 7:44 | 3.5 | 8:17 | 4.8 | 1:42 | -0.2 | 1:36 | -0.5 | 5:42 | 8:28 | |
| 26 | Sun | 8:35 | 3.5 | 9:06 | 4.8 | 2:33 | -0.3 | 2:26 | -0.6 | 5:42 | 8:28 | |
| 27 | Mon | 9:24 | 3.5 | 9:53 | 4.7 | 3:20 | -0.3 | 3:13 | -0.5 | 5:43 | 8:28 | |
| 28 | Tue | 10:12 | 3.5 | 10:38 | 4.6 | 4:05 | -0.3 | 3:59 | -0.4 | 5:43 | 8:28 | |
| 29 | Wed | 10:58 | 3.5 | 11:22 | 4.4 | 4:49 | -0.2 | 4:45 | -0.2 | 5:43 | 8:28 | |
| 30 | Thu | 11:44 | 3.5 | | | 5:31 | 0.0 | 5:32 | 0.1 | 5:44 | 8:28 | |