US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Aug 2033

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**12:54**	3.7	**1:23**	3.6	**6:55**	0.6	**7:21**	0.9	6:06	8:10	
2	Tue	**1:38**	3.4	**2:11**	3.6	**7:38**	0.7	**8:12**	1.1	6:07	8:09	
3	Wed	**2:25**	3.3	**3:04**	3.7	**8:24**	0.8	**9:06**	1.2	6:08	8:08	
4	Thu	**3:18**	3.1	**4:00**	3.8	**9:13**	0.8	**10:02**	1.2	6:09	8:07	
5	Fri	**4:15**	3.1	**4:56**	4.0	**10:05**	0.8	**10:59**	1.1	6:10	8:06	
6	Sat	**5:11**	3.2	**5:50**	4.2	**10:59**	0.6	**11:55**	0.9	6:10	8:05	
7	Sun	**6:06**	3.4	**6:41**	4.5	**11:54**	0.4			6:11	8:04	
8	Mon	**6:58**	3.6	**7:30**	4.8	**12:48**	0.6	**12:47**	0.1	6:12	8:03	
9	Tue	**7:48**	3.9	**8:19**	5.0	**1:38**	0.3	**1:39**	-0.2	6:13	8:02	
10	Wed	**8:38**	4.1	**9:07**	5.1	**2:25**	-0.1	**2:30**	-0.4	6:14	8:01	
11	Thu	**9:28**	4.4	**9:55**	5.1	**3:11**	-0.3	**3:20**	-0.6	6:15	7:59	
12	Fri	**10:18**	4.6	**10:43**	5.0	**3:57**	-0.5	**4:12**	-0.6	6:16	7:58	
13	Sat	**11:09**	4.7	**11:32**	4.8	**4:44**	-0.5	**5:05**	-0.5	6:16	7:57	
14	Sun			**12:00**	4.7	**5:32**	-0.5	**6:00**	-0.3	6:17	7:56	
15	Mon	**12:22**	4.4	**12:54**	4.6	**6:23**	-0.4	**6:59**	0.0	6:18	7:54	
16	Tue	**1:14**	4.1	**1:51**	4.5	**7:17**	-0.2	**8:02**	0.3	6:19	7:53	
17	Wed	**2:10**	3.7	**2:53**	4.4	**8:13**	0.0	**9:06**	0.5	6:20	7:52	
18	Thu	**3:12**	3.4	**3:59**	4.3	**9:13**	0.1	**10:13**	0.6	6:21	7:51	
19	Fri	**4:19**	3.2	**5:06**	4.2	**10:14**	0.2	**11:20**	0.6	6:22	7:49	
20	Sat	**5:24**	3.2	**6:07**	4.3	**11:15**	0.2			6:22	7:48	
21	Sun	**6:23**	3.3	**6:59**	4.3	**12:22**	0.5	**12:13**	0.2	6:23	7:47	
22	Mon	**7:14**	3.4	**7:45**	4.4	**1:14**	0.4	**1:06**	0.1	6:24	7:45	
23	Tue	**7:59**	3.6	**8:27**	4.4	**1:57**	0.3	**1:53**	0.0	6:25	7:44	
24	Wed	**8:41**	3.7	**9:06**	4.4	**2:35**	0.2	**2:36**	0.0	6:26	7:42	
25	Thu	**9:22**	3.9	**9:45**	4.3	**3:10**	0.2	**3:16**	0.0	6:27	7:41	
26	Fri	**10:02**	4.0	**10:23**	4.2	**3:45**	0.2	**3:56**	0.1	6:27	7:40	
27	Sat	**10:42**	4.0	**11:02**	4.1	**4:20**	0.3	**4:35**	0.3	6:28	7:38	
28	Sun	**11:22**	4.1	**11:40**	3.9	**4:55**	0.4	**5:16**	0.5	6:29	7:37	
29	Mon			**12:03**	4.0	**5:33**	0.6	**5:59**	0.8	6:30	7:35	
30	Tue	**12:20**	3.7	**12:45**	4.0	**6:12**	0.7	**6:46**	1.0	6:31	7:34	
31	Wed	**1:01**	3.5	**1:31**	3.9	**6:55**	0.9	**7:36**	1.2	6:32	7:32	