

































Metompkin Inlet, VA - Oct 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:06	3.3	2:41	4.1	8:00	1.1	8:55	1.2	6:58	6:45	
2	Sun	3:06	3.3	3:42	4.2	8:59	1.0	9:52	1.1	6:59	6:43	
3	Mon	4:09	3.5	4:43	4.3	10:00	0.8	10:49	0.8	7:00	6:42	
4	Tue	5:10	3.8	5:41	4.5	11:02	0.5	11:44	0.5	7:01	6:40	
5	Wed	6:07	4.2	6:35	4.7			12:02	0.2	7:01	6:39	
6	Thu	7:00	4.6	7:27	4.9	12:37	0.1	1:00	-0.2	7:02	6:37	
7	Fri	7:52	5.0	8:17	4.9	1:27	-0.3	1:55	-0.5	7:03	6:36	
8	Sat	8:43	5.3	9:08	4.8	2:15	-0.6	2:48	-0.7	7:04	6:34	
9	Sun	9:35	5.4	9:58	4.7	3:03	-0.7	3:40	-0.7	7:05	6:33	
10	Mon	10:26	5.5	10:49	4.4	3:51	-0.7	4:33	-0.6	7:06	6:31	
11	Tue	11:18	5.3	11:41	4.1	4:41	-0.6	5:28	-0.3	7:07	6:30	
12	Wed			12:11	5.1	5:33	-0.3	6:25	0.0	7:08	6:29	
13	Thu	12:34	3.8	1:06	4.7	6:28	0.0	7:25	0.3	7:09	6:27	
14	Fri	1:30	3.5	2:05	4.4	7:27	0.3	8:27	0.6	7:10	6:26	
15	Sat	2:32	3.3	3:08	4.1	8:29	0.5	9:30	0.7	7:11	6:24	
16	Sun	3:40	3.2	4:15	3.9	9:33	0.7	10:30	0.8	7:12	6:23	
17	Mon	4:47	3.3	5:16	3.8	10:36	0.8	11:25	0.8	7:13	6:22	
18	Tue	5:45	3.5	6:06	3.8	11:35	0.7			7:14	6:20	
19	Wed	6:31	3.7	6:49	3.8	12:11	0.7	12:27	0.7	7:15	6:19	
20	Thu	7:11	3.9	7:28	3.9	12:50	0.6	1:12	0.6	7:15	6:18	
21	Fri	7:49	4.1	8:07	3.9	1:26	0.5	1:52	0.5	7:16	6:16	
22	Sat	8:27	4.3	8:45	3.9	2:00	0.4	2:31	0.4	7:17	6:15	
23	Sun	9:06	4.5	9:24	3.9	2:35	0.3	3:08	0.4	7:18	6:14	
24	Mon	9:45	4.5	10:03	3.8	3:10	0.3	3:46	0.4	7:19	6:13	
25	Tue	10:24	4.6	10:42	3.7	3:47	0.4	4:26	0.5	7:20	6:11	
26	Wed	11:04	4.5	11:22	3.6	4:24	0.5	5:07	0.7	7:21	6:10	
27	Thu	11:45	4.5			5:04	0.6	5:51	0.8	7:22	6:09	
28	Fri	12:04	3.5	12:29	4.4	5:48	0.8	6:40	0.9	7:23	6:08	
29	Sat	12:50	3.4	1:17	4.3	6:37	0.9	7:32	1.0	7:24	6:07	
30	Sun	1:41	3.4	2:10	4.2	7:33	0.9	8:27	0.9	7:26	6:05	
31	Mon	2:40	3.4	3:09	4.2	8:34	0.9	9:23	0.7	7:27	6:04	