

































Metompkin Inlet, VA - May 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:55	3.5	8:14	4.1	1:44	0.2	1:47	0.2	6:06	7:52	
2	Tue	8:34	3.5	8:53	4.2	2:23	0.1	2:23	0.1	6:05	7:53	
3	Wed	9:14	3.5	9:32	4.3	3:00	0.1	2:59	0.1	6:04	7:54	
4	Thu	9:53	3.5	10:12	4.3	3:38	0.1	3:36	0.2	6:02	7:55	
5	Fri	10:33	3.5	10:51	4.3	4:16	0.2	4:13	0.3	6:01	7:56	
6	Sat	11:13	3.4	11:32	4.3	4:56	0.3	4:52	0.4	6:00	7:57	
7	Sun	11:54	3.3			5:38	0.4	5:34	0.6	5:59	7:58	
8	Mon	12:13	4.2	12:37	3.2	6:22	0.6	6:20	0.7	5:58	7:58	
9	Tue	12:58	4.1	1:23	3.2	7:10	0.7	7:11	0.8	5:57	7:59	
10	Wed	1:46	4.0	2:16	3.3	8:01	0.7	8:08	0.8	5:56	8:00	
11	Thu	2:40	3.9	3:14	3.4	8:53	0.6	9:08	0.7	5:55	8:01	
12	Fri	3:39	3.9	4:15	3.6	9:47	0.4	10:09	0.5	5:54	8:02	
13	Sat	4:39	3.9	5:14	4.0	10:42	0.2	11:12	0.2	5:54	8:03	
14	Sun	5:37	4.0	6:10	4.4	11:36	-0.1			5:53	8:04	
15	Mon	6:33	4.1	7:04	4.8	12:13	-0.1	12:30	-0.4	5:52	8:05	
16	Tue	7:27	4.1	7:57	5.1	1:11	-0.5	1:22	-0.7	5:51	8:06	
17	Wed	8:21	4.1	8:49	5.3	2:07	-0.7	2:13	-0.9	5:50	8:06	
18	Thu	9:14	4.1	9:42	5.3	3:01	-0.9	3:04	-1.0	5:50	8:07	
19	Fri	10:07	4.0	10:34	5.3	3:54	-0.9	3:55	-0.9	5:49	8:08	
20	Sat	11:00	3.9	11:27	5.0	4:47	-0.8	4:47	-0.7	5:48	8:09	
21	Sun	11:53	3.7			5:40	-0.6	5:42	-0.5	5:47	8:10	
22	Mon	12:19	4.7	12:47	3.5	6:36	-0.3	6:39	-0.1	5:47	8:10	
23	Tue	1:12	4.3	1:43	3.4	7:32	-0.1	7:38	0.2	5:46	8:11	
24	Wed	2:08	4.0	2:43	3.3	8:27	0.1	8:39	0.4	5:45	8:12	
25	Thu	3:06	3.7	3:45	3.3	9:22	0.3	9:41	0.6	5:45	8:13	
26	Fri	4:05	3.4	4:45	3.4	10:13	0.4	10:42	0.7	5:44	8:14	
27	Sat	5:01	3.3	5:38	3.5	11:01	0.4	11:39	0.6	5:44	8:14	
28	Sun	5:52	3.2	6:23	3.7	11:46	0.4			5:43	8:15	
29	Mon	6:37	3.2	7:05	3.9	12:31	0.6	12:29	0.4	5:43	8:16	
30	Tue	7:20	3.3	7:45	4.1	1:16	0.5	1:09	0.3	5:42	8:17	
31	Wed	8:02	3.3	8:25	4.3	1:57	0.4	1:48	0.2	5:42	8:17	