
































Metompkin Inlet, VA - Nov 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:35	3.8	1:07	4.8	6:29	-0.1	7:26	0.1	7:27	6:04	
2	Thu	1:34	3.6	2:07	4.4	7:30	0.1	8:29	0.3	7:28	6:02	
3	Fri	2:39	3.4	3:11	4.1	8:35	0.4	9:31	0.4	7:29	6:01	
4	Sat	3:48	3.4	4:17	3.9	9:41	0.5	10:30	0.4	7:30	6:00	
5	Sun	3:56	3.5	4:19	3.8	9:46	0.5	10:24	0.4	6:32	4:59	
6	Mon	4:54	3.6	5:11	3.7	10:47	0.5	11:12	0.3	6:33	4:58	
7	Tue	5:40	3.8	5:55	3.7	11:41	0.4	11:53	0.2	6:34	4:57	
8	Wed	6:21	4.0	6:36	3.7			12:27	0.3	6:35	4:57	
9	Thu	7:00	4.2	7:15	3.6	12:31	0.2	1:08	0.3	6:36	4:56	
10	Fri	7:38	4.3	7:54	3.6	1:07	0.1	1:46	0.2	6:37	4:55	
11	Sat	8:17	4.4	8:34	3.6	1:43	0.1	2:24	0.3	6:38	4:54	
12	Sun	8:56	4.5	9:14	3.5	2:19	0.2	3:01	0.3	6:39	4:53	
13	Mon	9:36	4.4	9:54	3.4	2:57	0.3	3:41	0.5	6:40	4:52	
14	Tue	10:17	4.3	10:35	3.3	3:35	0.4	4:22	0.6	6:41	4:52	
15	Wed	10:58	4.2	11:18	3.3	4:16	0.6	5:06	0.7	6:42	4:51	
16	Thu	11:41	4.1			5:00	0.7	5:52	0.8	6:43	4:50	
17	Fri	12:04	3.2	12:28	4.0	5:49	0.9	6:41	0.9	6:44	4:50	
18	Sat	12:54	3.2	1:19	3.9	6:44	0.9	7:33	0.8	6:45	4:49	
19	Sun	1:51	3.3	2:14	3.9	7:42	0.9	8:25	0.7	6:46	4:48	
20	Mon	2:50	3.5	3:13	3.9	8:42	0.8	9:17	0.4	6:47	4:48	
21	Tue	3:49	3.8	4:10	4.0	9:44	0.5	10:10	0.1	6:48	4:47	
22	Wed	4:45	4.2	5:05	4.0	10:44	0.2	11:03	-0.2	6:49	4:47	
23	Thu	5:39	4.7	5:59	4.1	11:43	-0.2	11:55	-0.6	6:50	4:46	
24	Fri	6:31	5.0	6:51	4.2			12:39	-0.5	6:52	4:46	
25	Sat	7:23	5.3	7:44	4.1	12:46	-0.9	1:33	-0.7	6:53	4:45	
26	Sun	8:15	5.4	8:36	4.1	1:36	-1.0	2:26	-0.8	6:54	4:45	
27	Mon	9:08	5.4	9:29	4.0	2:27	-1.1	3:18	-0.8	6:55	4:45	
28	Tue	10:00	5.2	10:23	3.8	3:19	-1.0	4:12	-0.7	6:55	4:44	
29	Wed	10:53	4.9	11:17	3.6	4:13	-0.7	5:07	-0.5	6:56	4:44	
30	Thu	11:47	4.6			5:09	-0.4	6:04	-0.2	6:57	4:44	