


































## Metompkin Inlet, VA - Dec 2024

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Fri | 12:14 | 3.4 | 12:42 | 4.2 | 6:09  | -0.1 | 7:02  | 0.0  | 6:58  | 4:44 |    |
| 2    | Sat | 1:14  | 3.3 | 1:40  | 3.8 | 7:11  | 0.2  | 7:58  | 0.1  | 6:59  | 4:43 |    |
| 3    | Sun | 2:19  | 3.3 | 2:40  | 3.5 | 8:15  | 0.4  | 8:53  | 0.2  | 7:00  | 4:43 |    |
| 4    | Mon | 3:24  | 3.3 | 3:40  | 3.3 | 9:18  | 0.5  | 9:44  | 0.2  | 7:01  | 4:43 |    |
| 5    | Tue | 4:22  | 3.4 | 4:33  | 3.2 | 10:20 | 0.5  | 10:32 | 0.2  | 7:02  | 4:43 |    |
| 6    | Wed | 5:11  | 3.6 | 5:21  | 3.2 | 11:15 | 0.5  | 11:16 | 0.2  | 7:03  | 4:43 |    |
| 7    | Thu | 5:54  | 3.8 | 6:04  | 3.2 |       |      | 12:03 | 0.4  | 7:04  | 4:43 |    |
| 8    | Fri | 6:34  | 4.0 | 6:45  | 3.2 |       |      | 12:45 | 0.3  | 7:05  | 4:43 |    |
| 9    | Sat | 7:13  | 4.1 | 7:26  | 3.2 | 12:36 | 0.0  | 1:24  | 0.2  | 7:05  | 4:43 |    |
| 10   | Sun | 7:53  | 4.2 | 8:07  | 3.3 | 1:15  | 0.0  | 2:01  | 0.2  | 7:06  | 4:43 |    |
| 11   | Mon | 8:33  | 4.3 | 8:48  | 3.3 | 1:53  | -0.1 | 2:39  | 0.2  | 7:07  | 4:43 |    |
| 12   | Tue | 9:13  | 4.3 | 9:29  | 3.3 | 2:31  | 0.0  | 3:18  | 0.2  | 7:08  | 4:44 |   |
| 13   | Wed | 9:54  | 4.3 | 10:11 | 3.2 | 3:11  | 0.1  | 3:57  | 0.3  | 7:08  | 4:44 |  |
| 14   | Thu | 10:34 | 4.2 | 10:53 | 3.2 | 3:51  | 0.2  | 4:39  | 0.3  | 7:09  | 4:44 |  |
| 15   | Fri | 11:15 | 4.1 | 11:37 | 3.2 | 4:35  | 0.3  | 5:23  | 0.4  | 7:10  | 4:44 |  |
| 16   | Sat | 11:58 | 4.0 |       |     | 5:23  | 0.4  | 6:10  | 0.4  | 7:10  | 4:45 |  |
| 17   | Sun | 12:25 | 3.3 | 12:46 | 3.8 | 6:17  | 0.5  | 6:59  | 0.3  | 7:11  | 4:45 |  |
| 18   | Mon | 1:19  | 3.4 | 1:39  | 3.7 | 7:14  | 0.5  | 7:50  | 0.2  | 7:12  | 4:45 |  |
| 19   | Tue | 2:18  | 3.5 | 2:37  | 3.6 | 8:15  | 0.4  | 8:43  | 0.0  | 7:12  | 4:46 |  |
| 20   | Wed | 3:19  | 3.8 | 3:37  | 3.6 | 9:18  | 0.3  | 9:38  | -0.3 | 7:13  | 4:46 |  |
| 21   | Thu | 4:19  | 4.1 | 4:37  | 3.6 | 10:22 | 0.0  | 10:34 | -0.5 | 7:13  | 4:47 |  |
| 22   | Fri | 5:16  | 4.5 | 5:34  | 3.6 | 11:24 | -0.3 | 11:30 | -0.8 | 7:14  | 4:47 |  |
| 23   | Sat | 6:12  | 4.8 | 6:30  | 3.7 |       |      | 12:23 | -0.6 | 7:14  | 4:48 |  |
| 24   | Sun | 7:06  | 5.0 | 7:24  | 3.7 | 12:25 | -1.1 | 1:18  | -0.8 | 7:15  | 4:48 |  |
| 25   | Mon | 7:59  | 5.1 | 8:18  | 3.7 | 1:18  | -1.3 | 2:11  | -0.9 | 7:15  | 4:49 |  |
| 26   | Tue | 8:52  | 5.1 | 9:12  | 3.7 | 2:10  | -1.3 | 3:02  | -1.0 | 7:15  | 4:50 |  |
| 27   | Wed | 9:43  | 4.9 | 10:04 | 3.6 | 3:02  | -1.3 | 3:53  | -0.9 | 7:16  | 4:50 |  |
| 28   | Thu | 10:33 | 4.6 | 10:56 | 3.5 | 3:55  | -1.0 | 4:44  | -0.7 | 7:16  | 4:51 |  |
| 29   | Fri | 11:23 | 4.3 | 11:48 | 3.4 | 4:48  | -0.7 | 5:35  | -0.5 | 7:16  | 4:52 |  |
| 30   | Sat |       |     | 12:13 | 3.9 | 5:44  | -0.4 | 6:27  | -0.3 | 7:17  | 4:52 |  |
| 31   | Sun | 12:42 | 3.3 | 1:04  | 3.5 | 6:42  | 0.0  | 7:18  | -0.1 | 7:17  | 4:53 |  |