US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Aug 2035

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**6:44**	3.7	**7:21**	5.1	**12:37**	0.0	**12:37**	-0.5	6:06	8:11	
2	Thu	**7:41**	3.9	**8:15**	5.2	**1:34**	-0.2	**1:34**	-0.7	6:07	8:10	
3	Fri	**8:36**	4.0	**9:08**	5.2	**2:28**	-0.5	**2:29**	-0.9	6:07	8:09	
4	Sat	**9:29**	4.1	**9:59**	5.1	**3:18**	-0.6	**3:22**	-0.9	6:08	8:08	
5	Sun	**10:21**	4.2	**10:48**	4.9	**4:06**	-0.6	**4:14**	-0.7	6:09	8:07	
6	Mon	**11:12**	4.2	**11:36**	4.6	**4:54**	-0.5	**5:06**	-0.5	6:10	8:06	
7	Tue			**12:02**	4.1	**5:41**	-0.4	**5:59**	-0.2	6:11	8:05	
8	Wed	**12:23**	4.2	**12:51**	4.0	**6:28**	-0.1	**6:53**	0.2	6:12	8:03	
9	Thu	**1:10**	3.8	**1:42**	3.9	**7:16**	0.1	**7:49**	0.5	6:13	8:02	
10	Fri	**1:59**	3.5	**2:36**	3.8	**8:05**	0.4	**8:47**	0.8	6:13	8:01	
11	Sat	**2:52**	3.2	**3:33**	3.7	**8:54**	0.6	**9:45**	1.0	6:14	8:00	
12	Sun	**3:49**	3.0	**4:32**	3.7	**9:45**	0.7	**10:44**	1.1	6:15	7:59	
13	Mon	**4:47**	3.0	**5:28**	3.8	**10:37**	0.8	**11:41**	1.1	6:16	7:58	
14	Tue	**5:41**	3.0	**6:18**	4.0	**11:29**	0.7			6:17	7:56	
15	Wed	**6:31**	3.2	**7:03**	4.1	**12:31**	1.0	**12:18**	0.6	6:18	7:55	
16	Thu	**7:16**	3.4	**7:46**	4.3	**1:14**	0.8	**1:05**	0.5	6:19	7:54	
17	Fri	**8:00**	3.5	**8:27**	4.5	**1:54**	0.7	**1:48**	0.3	6:19	7:53	
18	Sat	**8:42**	3.7	**9:08**	4.6	**2:31**	0.5	**2:30**	0.2	6:20	7:51	
19	Sun	**9:24**	3.9	**9:48**	4.6	**3:09**	0.4	**3:12**	0.2	6:21	7:50	
20	Mon	**10:06**	4.1	**10:27**	4.6	**3:46**	0.3	**3:54**	0.2	6:22	7:49	
21	Tue	**10:47**	4.2	**11:08**	4.5	**4:25**	0.2	**4:37**	0.2	6:23	7:47	
22	Wed	**11:30**	4.3	**11:49**	4.3	**5:05**	0.2	**5:23**	0.3	6:24	7:46	
23	Thu			**12:15**	4.3	**5:47**	0.3	**6:13**	0.4	6:25	7:45	
24	Fri	**12:33**	4.1	**1:03**	4.4	**6:33**	0.3	**7:08**	0.6	6:25	7:43	
25	Sat	**1:22**	3.9	**1:57**	4.4	**7:24**	0.4	**8:08**	0.7	6:26	7:42	
26	Sun	**2:17**	3.7	**2:57**	4.4	**8:19**	0.4	**9:10**	0.7	6:27	7:40	
27	Mon	**3:19**	3.5	**4:02**	4.5	**9:18**	0.3	**10:15**	0.6	6:28	7:39	
28	Tue	**4:25**	3.5	**5:08**	4.6	**10:20**	0.2	**11:20**	0.5	6:29	7:37	
29	Wed	**5:30**	3.6	**6:09**	4.8	**11:23**	0.0			6:30	7:36	
30	Thu	**6:31**	3.8	**7:06**	4.9	**12:21**	0.2	**12:24**	-0.2	6:30	7:35	
31	Fri	**7:27**	4.0	**7:59**	5.0	**1:17**	0.0	**1:22**	-0.4	6:31	7:33	