US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jan 2036

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**10:07**	4.1	**10:23**	3.1	**3:24**	-0.1	**4:11**	0.2	7:17	4:54	
2	Wed	**10:47**	4.0	**11:05**	3.1	**4:05**	0.0	**4:51**	0.3	7:17	4:55	
3	Thu	**11:27**	3.8	**11:48**	3.1	**4:48**	0.2	**5:33**	0.3	7:17	4:55	
4	Fri			**12:09**	3.7	**5:35**	0.4	**6:17**	0.4	7:17	4:56	
5	Sat	**12:34**	3.1	**12:54**	3.5	**6:26**	0.5	**7:03**	0.3	7:17	4:57	
6	Sun	**1:26**	3.2	**1:45**	3.4	**7:22**	0.5	**7:52**	0.2	7:17	4:58	
7	Mon	**2:23**	3.4	**2:41**	3.3	**8:21**	0.5	**8:43**	0.1	7:17	4:59	
8	Tue	**3:22**	3.6	**3:40**	3.2	**9:23**	0.4	**9:37**	-0.1	7:17	5:00	
9	Wed	**4:21**	4.0	**4:39**	3.3	**10:25**	0.1	**10:33**	-0.4	7:17	5:01	
10	Thu	**5:18**	4.3	**5:36**	3.4	**11:27**	-0.2	**11:30**	-0.7	7:17	5:02	
11	Fri	**6:13**	4.7	**6:32**	3.5			**12:25**	-0.5	7:17	5:03	
12	Sat	**7:08**	4.9	**7:26**	3.6	**12:25**	-1.1	**1:20**	-0.8	7:17	5:04	
13	Sun	**8:01**	5.1	**8:21**	3.7	**1:19**	-1.3	**2:12**	-1.0	7:16	5:05	
14	Mon	**8:54**	5.1	**9:14**	3.8	**2:12**	-1.4	**3:03**	-1.1	7:16	5:06	
15	Tue	**9:46**	4.9	**10:08**	3.7	**3:05**	-1.4	**3:54**	-1.1	7:16	5:07	
16	Wed	**10:37**	4.7	**11:01**	3.7	**3:59**	-1.2	**4:45**	-1.0	7:15	5:08	
17	Thu	**11:28**	4.3	**11:54**	3.6	**4:54**	-1.0	**5:37**	-0.8	7:15	5:09	
18	Fri			**12:19**	3.9	**5:52**	-0.6	**6:30**	-0.6	7:15	5:10	
19	Sat	**12:50**	3.5	**1:11**	3.5	**6:52**	-0.3	**7:22**	-0.4	7:14	5:11	
20	Sun	**1:49**	3.3	**2:08**	3.1	**7:54**	0.1	**8:15**	-0.2	7:14	5:12	
21	Mon	**2:52**	3.3	**3:07**	2.8	**8:57**	0.3	**9:08**	0.0	7:13	5:13	
22	Tue	**3:54**	3.3	**4:05**	2.7	**10:02**	0.4	**10:00**	0.0	7:13	5:14	
23	Wed	**4:50**	3.4	**4:59**	2.6	**11:03**	0.4	**10:51**	0.0	7:12	5:15	
24	Thu	**5:39**	3.5	**5:47**	2.7	**11:56**	0.3	**11:39**	-0.1	7:11	5:16	
25	Fri	**6:24**	3.7	**6:32**	2.8			**12:39**	0.2	7:11	5:17	
26	Sat	**7:05**	3.8	**7:14**	2.9	**12:23**	-0.2	**1:17**	0.1	7:10	5:18	
27	Sun	**7:46**	3.9	**7:56**	3.0	**1:05**	-0.3	**1:53**	0.1	7:09	5:20	
28	Mon	**8:25**	4.0	**8:37**	3.2	**1:44**	-0.3	**2:29**	0.0	7:09	5:21	
29	Tue	**9:04**	4.1	**9:17**	3.2	**2:23**	-0.4	**3:05**	0.0	7:08	5:22	
30	Wed	**9:43**	4.0	**9:57**	3.3	**3:02**	-0.3	**3:41**	0.0	7:07	5:23	
31	Thu	**10:21**	4.0	**10:37**	3.3	**3:42**	-0.2	**4:19**	0.0	7:06	5:24	