US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Mar 2036

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**10:33**	3.9	**10:52**	3.9	**4:04**	-0.2	**4:26**	-0.1	6:32	5:56	
2	Sun	**11:13**	3.7	**11:36**	3.9	**4:49**	-0.1	**5:08**	0.0	6:31	5:57	
3	Mon	**11:57**	3.5			**5:40**	0.1	**5:55**	0.1	6:29	5:58	
4	Tue	**12:25**	3.9	**12:47**	3.3	**6:35**	0.2	**6:47**	0.1	6:28	5:59	
5	Wed	**1:21**	3.9	**1:45**	3.1	**7:35**	0.3	**7:45**	0.1	6:26	6:00	
6	Thu	**2:25**	3.9	**2:49**	3.1	**8:39**	0.3	**8:47**	0.0	6:25	6:01	
7	Fri	**3:32**	4.0	**3:56**	3.1	**9:44**	0.2	**9:51**	-0.2	6:23	6:02	
8	Sat	**4:37**	4.2	**5:00**	3.3	**10:48**	0.0	**10:55**	-0.5	6:22	6:03	
9	Sun	**6:38**	4.4	**6:59**	3.6			**12:48**	-0.3	7:20	7:04	
10	Mon	**7:35**	4.5	**7:54**	3.8	**12:56**	-0.8	**1:42**	-0.6	7:19	7:05	
11	Tue	**8:27**	4.6	**8:46**	4.1	**1:53**	-1.1	**2:31**	-0.8	7:18	7:06	
12	Wed	**9:17**	4.5	**9:36**	4.2	**2:46**	-1.2	**3:18**	-0.9	7:16	7:07	
13	Thu	**10:05**	4.4	**10:25**	4.3	**3:36**	-1.2	**4:02**	-0.9	7:15	7:08	
14	Fri	**10:51**	4.2	**11:11**	4.3	**4:25**	-1.1	**4:46**	-0.8	7:13	7:09	
15	Sat	**11:36**	3.9	**11:57**	4.1	**5:14**	-0.8	**5:30**	-0.5	7:12	7:10	
16	Sun			**12:20**	3.5	**6:04**	-0.4	**6:16**	-0.2	7:10	7:11	
17	Mon	**12:44**	3.9	**1:06**	3.2	**6:55**	-0.1	**7:03**	0.1	7:09	7:11	
18	Tue	**1:33**	3.7	**1:55**	2.9	**7:48**	0.3	**7:53**	0.4	7:07	7:12	
19	Wed	**2:26**	3.5	**2:49**	2.7	**8:43**	0.6	**8:46**	0.6	7:05	7:13	
20	Thu	**3:24**	3.3	**3:48**	2.7	**9:41**	0.8	**9:41**	0.7	7:04	7:14	
21	Fri	**4:27**	3.3	**4:48**	2.7	**10:38**	0.9	**10:38**	0.7	7:02	7:15	
22	Sat	**5:26**	3.4	**5:44**	2.9	**11:33**	0.8	**11:34**	0.5	7:01	7:16	
23	Sun	**6:18**	3.5	**6:33**	3.1			**12:22**	0.7	6:59	7:17	
24	Mon	**7:03**	3.7	**7:17**	3.4	**12:25**	0.4	**1:04**	0.5	6:58	7:18	
25	Tue	**7:46**	3.9	**8:00**	3.6	**1:11**	0.2	**1:43**	0.3	6:56	7:19	
26	Wed	**8:26**	4.0	**8:41**	3.9	**1:55**	0.0	**2:21**	0.1	6:55	7:20	
27	Thu	**9:06**	4.1	**9:22**	4.1	**2:37**	-0.2	**2:58**	0.0	6:53	7:21	
28	Fri	**9:46**	4.1	**10:03**	4.3	**3:19**	-0.3	**3:36**	-0.1	6:52	7:22	
29	Sat	**10:27**	4.0	**10:45**	4.4	**4:01**	-0.3	**4:15**	-0.1	6:50	7:22	
30	Sun	**11:08**	3.9	**11:28**	4.4	**4:45**	-0.3	**4:56**	-0.1	6:49	7:23	
31	Mon	**11:52**	3.8			**5:33**	-0.2	**5:41**	0.0	6:47	7:24	