US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jul 2036

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:10	3.7	3:54	3.8	9:19	-0.1	9:55	0.4	5:44	8:28	
2	Wed	4:11	3.4	4:56	3.9	10:12	0.0	11:01	0.4	5:45	8:27	
3	Thu	5:10	3.2	5:53	4.0	11:05	0.1			5:45	8:27	
4	Fri	6:05	3.1	6:42	4.1	12:04	0.4	11:56 AM	0.1	5:46	8:27	
5	Sat	6:55	3.1	7:27	4.2	12:59	0.4	12:44	0.1	5:47	8:27	
6	Sun	7:40	3.1	8:10	4.3	1:47	0.3	1:29	0.1	5:47	8:27	
7	Mon	8:24	3.2	8:51	4.4	2:28	0.2	2:11	0.0	5:48	8:26	
8	Tue	9:06	3.2	9:32	4.4	3:06	0.2	2:52	0.1	5:48	8:26	
9	Wed	9:48	3.3	10:13	4.4	3:43	0.2	3:32	0.1	5:49	8:26	
10	Thu	10:30	3.3	10:53	4.3	4:20	0.3	4:12	0.2	5:50	8:25	
11	Fri	11:12	3.4	11:33	4.2	4:58	0.4	4:53	0.4	5:50	8:25	
12	Sat	11:53	3.4			5:37	0.5	5:36	0.5	5:51	8:25	
13	Sun	12:12	4.1	12:36	3.4	6:17	0.6	6:21	0.7	5:52	8:24	
14	Mon	12:53	3.9	1:20	3.5	6:58	0.6	7:10	0.9	5:52	8:24	
15	Tue	1:36	3.7	2:08	3.5	7:42	0.7	8:03	0.9	5:53	8:23	
16	Wed	2:23	3.6	3:00	3.7	8:27	0.6	8:59	1.0	5:54	8:23	
17	Thu	3:15	3.5	3:56	3.9	9:16	0.6	9:57	0.9	5:54	8:22	
18	Fri	4:13	3.4	4:53	4.2	10:08	0.4	10:58	0.7	5:55	8:21	
19	Sat	5:11	3.4	5:50	4.5	11:03	0.2	11:58	0.4	5:56	8:21	
20	Sun	6:08	3.5	6:45	4.8	11:59	-0.1			5:57	8:20	
21	Mon	7:04	3.7	7:39	5.1	12:57	0.1	12:56	-0.4	5:57	8:19	
22	Tue	7:59	3.9	8:33	5.3	1:52	-0.2	1:51	-0.7	5:58	8:19	
23	Wed	8:54	4.0	9:26	5.4	2:45	-0.5	2:45	-0.9	5:59	8:18	
24	Thu	9:48	4.1	10:18	5.3	3:36	-0.6	3:38	-0.9	6:00	8:17	
25	Fri	10:42	4.2	11:10	5.1	4:26	-0.7	4:33	-0.8	6:01	8:16	
26	Sat	11:35	4.2			5:17	-0.7	5:28	-0.6	6:01	8:15	
27	Sun	12:01	4.8	12:29	4.2	6:08	-0.5	6:26	-0.3	6:02	8:15	
28	Mon	12:52	4.4	1:24	4.1	7:00	-0.3	7:27	0.0	6:03	8:14	
29	Tue	1:45	4.0	2:22	4.0	7:53	-0.1	8:29	0.3	6:04	8:13	
30	Wed	2:41	3.6	3:24	3.9	8:47	0.1	9:33	0.5	6:05	8:12	
31	Thu	3:41	3.2	4:27	3.9	9:41	0.2	10:38	0.7	6:06	8:11	