US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jan 2037

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**7:32**	4.8	**7:49**	3.5	**12:49**	-0.7	**1:42**	-0.5	7:17	4:54	
2	Fri	**8:22**	5.0	**8:40**	3.6	**1:38**	-0.9	**2:32**	-0.7	7:17	4:55	
3	Sat	**9:12**	5.1	**9:32**	3.6	**2:29**	-1.1	**3:22**	-0.8	7:17	4:56	
4	Sun	**10:03**	5.0	**10:24**	3.6	**3:20**	-1.1	**4:12**	-0.8	7:17	4:57	
5	Mon	**10:54**	4.8	**11:18**	3.6	**4:14**	-1.0	**5:05**	-0.7	7:17	4:58	
6	Tue	**11:46**	4.4			**5:11**	-0.7	**5:58**	-0.6	7:17	4:59	
7	Wed	**12:14**	3.6	**12:40**	4.0	**6:11**	-0.5	**6:53**	-0.5	7:17	5:00	
8	Thu	**1:14**	3.5	**1:37**	3.6	**7:14**	-0.2	**7:48**	-0.4	7:17	5:01	
9	Fri	**2:18**	3.5	**2:37**	3.3	**8:19**	0.0	**8:43**	-0.4	7:17	5:01	
10	Sat	**3:23**	3.6	**3:39**	3.0	**9:26**	0.1	**9:38**	-0.3	7:17	5:02	
11	Sun	**4:26**	3.7	**4:39**	2.9	**10:33**	0.1	**10:33**	-0.3	7:17	5:03	
12	Mon	**5:22**	3.8	**5:33**	2.8	**11:35**	0.0	**11:25**	-0.4	7:16	5:04	
13	Tue	**6:12**	3.9	**6:22**	2.8			**12:29**	0.0	7:16	5:05	
14	Wed	**6:57**	4.0	**7:07**	2.9	**12:14**	-0.4	**1:14**	-0.1	7:16	5:06	
15	Thu	**7:40**	4.0	**7:50**	2.9	**12:58**	-0.5	**1:54**	-0.1	7:15	5:07	
16	Fri	**8:21**	4.1	**8:32**	3.0	**1:40**	-0.5	**2:32**	-0.1	7:15	5:08	
17	Sat	**9:01**	4.1	**9:13**	3.0	**2:20**	-0.5	**3:09**	-0.1	7:15	5:10	
18	Sun	**9:41**	4.0	**9:54**	3.1	**2:59**	-0.4	**3:45**	0.0	7:14	5:11	
19	Mon	**10:20**	3.9	**10:35**	3.1	**3:39**	-0.3	**4:23**	0.1	7:14	5:12	
20	Tue	**10:59**	3.8	**11:17**	3.1	**4:21**	-0.1	**5:01**	0.2	7:13	5:13	
21	Wed	**11:39**	3.6			**5:04**	0.1	**5:41**	0.3	7:13	5:14	
22	Thu	**12:00**	3.1	**12:20**	3.4	**5:51**	0.4	**6:23**	0.4	7:12	5:15	
23	Fri	**12:46**	3.1	**1:04**	3.2	**6:41**	0.5	**7:07**	0.4	7:12	5:16	
24	Sat	**1:36**	3.2	**1:54**	3.0	**7:35**	0.6	**7:55**	0.4	7:11	5:17	
25	Sun	**2:32**	3.3	**2:49**	2.9	**8:33**	0.6	**8:46**	0.3	7:10	5:18	
26	Mon	**3:30**	3.5	**3:48**	2.9	**9:33**	0.5	**9:40**	0.1	7:10	5:19	
27	Tue	**4:28**	3.8	**4:46**	3.0	**10:34**	0.3	**10:37**	-0.2	7:09	5:20	
28	Wed	**5:24**	4.2	**5:42**	3.2	**11:34**	0.0	**11:33**	-0.5	7:08	5:22	
29	Thu	**6:18**	4.5	**6:36**	3.4			**12:29**	-0.3	7:07	5:23	
30	Fri	**7:11**	4.8	**7:29**	3.6	**12:28**	-0.9	**1:22**	-0.6	7:07	5:24	
31	Sat	**8:04**	5.0	**8:22**	3.7	**1:21**	-1.2	**2:12**	-0.9	7:06	5:25	