US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Mar 2037

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**7:44**	4.9	**8:03**	4.1	**1:06**	-1.2	**1:49**	-0.9	6:32	5:56	
2	Mon	**8:35**	4.9	**8:55**	4.3	**2:00**	-1.4	**2:37**	-1.1	6:31	5:57	
3	Tue	**9:25**	4.7	**9:46**	4.4	**2:52**	-1.4	**3:24**	-1.1	6:29	5:58	
4	Wed	**10:14**	4.4	**10:37**	4.4	**3:45**	-1.3	**4:12**	-1.0	6:28	5:59	
5	Thu	**11:03**	4.1	**11:28**	4.3	**4:39**	-1.0	**5:00**	-0.8	6:27	6:00	
6	Fri	**11:52**	3.7			**5:35**	-0.6	**5:51**	-0.5	6:25	6:01	
7	Sat	**12:21**	4.0	**12:44**	3.2	**6:34**	-0.2	**6:44**	-0.2	6:24	6:02	
8	Sun	**1:17**	3.8	**2:40**	2.9	**8:35**	0.1	**8:40**	0.1	7:22	7:03	
9	Mon	**3:20**	3.6	**3:43**	2.7	**9:39**	0.4	**9:38**	0.2	7:21	7:04	
10	Tue	**4:27**	3.5	**4:48**	2.6	**10:45**	0.5	**10:39**	0.3	7:19	7:05	
11	Wed	**5:32**	3.4	**5:48**	2.7	**11:49**	0.6	**11:38**	0.3	7:18	7:06	
12	Thu	**6:27**	3.5	**6:39**	2.8			**12:42**	0.5	7:16	7:07	
13	Fri	**7:13**	3.6	**7:22**	3.0	**12:31**	0.2	**1:24**	0.4	7:15	7:07	
14	Sat	**7:54**	3.7	**8:03**	3.3	**1:17**	0.0	**1:59**	0.3	7:13	7:08	
15	Sun	**8:32**	3.8	**8:42**	3.5	**1:59**	-0.1	**2:32**	0.2	7:12	7:09	
16	Mon	**9:10**	3.9	**9:21**	3.7	**2:38**	-0.2	**3:05**	0.1	7:10	7:10	
17	Tue	**9:47**	3.9	**10:00**	3.8	**3:16**	-0.2	**3:38**	0.1	7:09	7:11	
18	Wed	**10:24**	3.9	**10:38**	3.9	**3:54**	-0.2	**4:13**	0.1	7:07	7:12	
19	Thu	**11:01**	3.8	**11:17**	3.9	**4:33**	-0.1	**4:48**	0.2	7:06	7:13	
20	Fri	**11:39**	3.6	**11:56**	4.0	**5:14**	0.0	**5:25**	0.2	7:04	7:14	
21	Sat			**12:18**	3.4	**5:58**	0.2	**6:06**	0.3	7:03	7:15	
22	Sun	**12:38**	3.9	**1:00**	3.3	**6:46**	0.4	**6:51**	0.4	7:01	7:16	
23	Mon	**1:26**	3.9	**1:49**	3.1	**7:39**	0.5	**7:44**	0.5	7:00	7:17	
24	Tue	**2:21**	3.9	**2:46**	3.0	**8:38**	0.6	**8:42**	0.4	6:58	7:18	
25	Wed	**3:24**	3.9	**3:51**	3.0	**9:40**	0.5	**9:45**	0.3	6:57	7:19	
26	Thu	**4:31**	4.1	**4:57**	3.2	**10:43**	0.4	**10:50**	0.0	6:55	7:20	
27	Fri	**5:35**	4.2	**6:00**	3.5	**11:44**	0.1	**11:54**	-0.3	6:54	7:20	
28	Sat	**6:34**	4.4	**6:57**	3.9			**12:41**	-0.2	6:52	7:21	
29	Sun	**7:30**	4.6	**7:51**	4.2	**12:55**	-0.7	**1:34**	-0.6	6:51	7:22	
30	Mon	**8:22**	4.6	**8:44**	4.5	**1:52**	-1.0	**2:23**	-0.8	6:49	7:23	
31	Tue	**9:13**	4.6	**9:34**	4.7	**2:46**	-1.2	**3:10**	-1.0	6:48	7:24	