


































Metompkin Inlet, VA - Jul 2037

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|----------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 11:53 | 3.2 | | | 5:44 | 0.3 | 5:37 | 0.3 | 5:44 | 8:28 |  |
| 2 | Thu | 12:15 | 4.1 | 12:37 | 3.2 | 6:26 | 0.4 | 6:24 | 0.6 | 5:45 | 8:27 |  |
| 3 | Fri | 12:58 | 3.9 | 1:24 | 3.2 | 7:09 | 0.6 | 7:14 | 0.8 | 5:45 | 8:27 |  |
| 4 | Sat | 1:42 | 3.6 | 2:13 | 3.3 | 7:52 | 0.7 | 8:06 | 1.0 | 5:46 | 8:27 |  |
| 5 | Sun | 2:29 | 3.4 | 3:05 | 3.3 | 8:35 | 0.7 | 8:59 | 1.1 | 5:46 | 8:27 |  |
| 6 | Mon | 3:20 | 3.3 | 3:59 | 3.5 | 9:20 | 0.8 | 9:54 | 1.1 | 5:47 | 8:27 |  |
| 7 | Tue | 4:13 | 3.2 | 4:52 | 3.7 | 10:07 | 0.7 | 10:50 | 1.0 | 5:48 | 8:26 |  |
| 8 | Wed | 5:07 | 3.2 | 5:43 | 4.0 | 10:55 | 0.6 | 11:46 | 0.8 | 5:48 | 8:26 |  |
| 9 | Thu | 5:58 | 3.3 | 6:32 | 4.3 | 11:45 | 0.4 | | | 5:49 | 8:26 |  |
| 10 | Fri | 6:49 | 3.4 | 7:20 | 4.6 | 12:40 | 0.6 | 12:35 | 0.2 | 5:49 | 8:25 |  |
| 11 | Sat | 7:38 | 3.5 | 8:09 | 4.9 | 1:31 | 0.3 | 1:25 | -0.1 | 5:50 | 8:25 |  |
| 12 | Sun | 8:28 | 3.6 | 8:58 | 5.1 | 2:21 | 0.0 | 2:15 | -0.3 | 5:51 | 8:25 |  |
| 13 | Mon | 9:18 | 3.8 | 9:47 | 5.2 | 3:09 | -0.2 | 3:05 | -0.5 | 5:51 | 8:24 |  |
| 14 | Tue | 10:09 | 3.9 | 10:37 | 5.2 | 3:57 | -0.3 | 3:55 | -0.5 | 5:52 | 8:24 |  |
| 15 | Wed | 11:00 | 3.9 | 11:27 | 5.0 | 4:46 | -0.4 | 4:47 | -0.5 | 5:53 | 8:23 |  |
| 16 | Thu | 11:52 | 4.0 | | | 5:36 | -0.4 | 5:43 | -0.4 | 5:53 | 8:23 |  |
| 17 | Fri | 12:17 | 4.8 | 12:46 | 4.0 | 6:27 | -0.3 | 6:41 | -0.2 | 5:54 | 8:22 |  |
| 18 | Sat | 1:09 | 4.5 | 1:43 | 4.0 | 7:20 | -0.3 | 7:43 | 0.1 | 5:55 | 8:21 |  |
| 19 | Sun | 2:04 | 4.1 | 2:43 | 4.0 | 8:13 | -0.2 | 8:47 | 0.2 | 5:56 | 8:21 |  |
| 20 | Mon | 3:02 | 3.7 | 3:46 | 4.1 | 9:08 | -0.1 | 9:53 | 0.4 | 5:56 | 8:20 |  |
| 21 | Tue | 4:04 | 3.4 | 4:50 | 4.2 | 10:03 | 0.0 | 11:00 | 0.4 | 5:57 | 8:20 |  |
| 22 | Wed | 5:07 | 3.2 | 5:50 | 4.3 | 10:59 | 0.0 | | | 5:58 | 8:19 |  |
| 23 | Thu | 6:05 | 3.1 | 6:44 | 4.4 | 12:05 | 0.4 | 11:55 AM | 0.0 | 5:59 | 8:18 |  |
| 24 | Fri | 6:59 | 3.2 | 7:33 | 4.4 | 1:03 | 0.3 | 12:48 | 0.0 | 6:00 | 8:17 |  |
| 25 | Sat | 7:47 | 3.2 | 8:19 | 4.5 | 1:53 | 0.2 | 1:37 | -0.1 | 6:00 | 8:17 |  |
| 26 | Sun | 8:33 | 3.3 | 9:02 | 4.5 | 2:37 | 0.2 | 2:22 | -0.1 | 6:01 | 8:16 |  |
| 27 | Mon | 9:17 | 3.4 | 9:44 | 4.5 | 3:17 | 0.1 | 3:04 | -0.1 | 6:02 | 8:15 |  |
| 28 | Tue | 9:59 | 3.4 | 10:24 | 4.4 | 3:54 | 0.2 | 3:46 | 0.0 | 6:03 | 8:14 |  |
| 29 | Wed | 10:41 | 3.5 | 11:04 | 4.3 | 4:31 | 0.2 | 4:27 | 0.2 | 6:04 | 8:13 |  |
| 30 | Thu | 11:23 | 3.5 | 11:44 | 4.1 | 5:08 | 0.4 | 5:09 | 0.3 | 6:05 | 8:12 |  |
| 31 | Fri | | | 12:04 | 3.5 | 5:46 | 0.5 | 5:52 | 0.6 | 6:05 | 8:11 |  |