US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jul 2037

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:53	3.2			5:44	0.3	5:37	0.3	5:44	8:28	
2	Thu	12:15	4.1	12:37	3.2	6:26	0.4	6:24	0.6	5:45	8:27	
3	Fri	12:58	3.9	1:24	3.2	7:09	0.6	7:14	0.8	5:45	8:27	
4	Sat	1:42	3.6	2:13	3.3	7:52	0.7	8:06	1.0	5:46	8:27	
5	Sun	2:29	3.4	3:05	3.3	8:35	0.7	8:59	1.1	5:46	8:27	
6	Mon	3:20	3.3	3:59	3.5	9:20	0.8	9:54	1.1	5:47	8:27	
7	Tue	4:13	3.2	4:52	3.7	10:07	0.7	10:50	1.0	5:48	8:26	
8	Wed	5:07	3.2	5:43	4.0	10:55	0.6	11:46	0.8	5:48	8:26	
9	Thu	5:58	3.3	6:32	4.3	11:45	0.4			5:49	8:26	
10	Fri	6:49	3.4	7:20	4.6	12:40	0.6	12:35	0.2	5:49	8:25	
11	Sat	7:38	3.5	8:09	4.9	1:31	0.3	1:25	-0.1	5:50	8:25	
12	Sun	8:28	3.6	8:58	5.1	2:21	0.0	2:15	-0.3	5:51	8:25	
13	Mon	9:18	3.8	9:47	5.2	3:09	-0.2	3:05	-0.5	5:51	8:24	
14	Tue	10:09	3.9	10:37	5.2	3:57	-0.3	3:55	-0.5	5:52	8:24	
15	Wed	11:00	3.9	11:27	5.0	4:46	-0.4	4:47	-0.5	5:53	8:23	
16	Thu	11:52	4.0			5:36	-0.4	5:43	-0.4	5:53	8:23	
17	Fri	12:17	4.8	12:46	4.0	6:27	-0.3	6:41	-0.2	5:54	8:22	
18	Sat	1:09	4.5	1:43	4.0	7:20	-0.3	7:43	0.1	5:55	8:21	
19	Sun	2:04	4.1	2:43	4.0	8:13	-0.2	8:47	0.2	5:56	8:21	
20	Mon	3:02	3.7	3:46	4.1	9:08	-0.1	9:53	0.4	5:56	8:20	
21	Tue	4:04	3.4	4:50	4.2	10:03	0.0	11:00	0.4	5:57	8:20	
22	Wed	5:07	3.2	5:50	4.3	10:59	0.0			5:58	8:19	
23	Thu	6:05	3.1	6:44	4.4	12:05	0.4	11:55 AM	0.0	5:59	8:18	
24	Fri	6:59	3.2	7:33	4.4	1:03	0.3	12:48	0.0	6:00	8:17	
25	Sat	7:47	3.2	8:19	4.5	1:53	0.2	1:37	-0.1	6:00	8:17	
26	Sun	8:33	3.3	9:02	4.5	2:37	0.2	2:22	-0.1	6:01	8:16	
27	Mon	9:17	3.4	9:44	4.5	3:17	0.1	3:04	-0.1	6:02	8:15	
28	Tue	9:59	3.4	10:24	4.4	3:54	0.2	3:46	0.0	6:03	8:14	
29	Wed	10:41	3.5	11:04	4.3	4:31	0.2	4:27	0.2	6:04	8:13	
30	Thu	11:23	3.5	11:44	4.1	5:08	0.4	5:09	0.3	6:05	8:12	
31	Fri			12:04	3.5	5:46	0.5	5:52	0.6	6:05	8:11	