US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Mar 2038

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**5:05**	3.7	**5:21**	2.8	**11:23**	0.2	**11:11**	-0.1	6:33	5:56	
2	Tue	**6:01**	3.8	**6:13**	2.9			**12:17**	0.1	6:31	5:57	
3	Wed	**6:49**	3.9	**6:58**	3.1	**12:05**	-0.3	**1:01**	0.0	6:30	5:58	
4	Thu	**7:31**	3.9	**7:40**	3.2	**12:53**	-0.4	**1:38**	0.0	6:28	5:59	
5	Fri	**8:10**	3.9	**8:19**	3.4	**1:35**	-0.4	**2:12**	-0.1	6:27	6:00	
6	Sat	**8:47**	3.9	**8:59**	3.5	**2:15**	-0.5	**2:45**	-0.1	6:26	6:01	
7	Sun	**9:24**	3.9	**9:37**	3.6	**2:53**	-0.4	**3:18**	0.0	6:24	6:01	
8	Mon	**10:01**	3.7	**10:16**	3.7	**3:32**	-0.3	**3:52**	0.1	6:23	6:02	
9	Tue	**10:38**	3.6	**10:55**	3.7	**4:11**	-0.1	**4:28**	0.2	6:21	6:03	
10	Wed	**11:16**	3.4	**11:35**	3.6	**4:53**	0.2	**5:05**	0.4	6:20	6:04	
11	Thu	**11:56**	3.1			**5:37**	0.4	**5:45**	0.5	6:18	6:05	
12	Fri	**12:18**	3.6	**12:39**	3.0	**6:25**	0.6	**6:30**	0.6	6:17	6:06	
13	Sat	**1:07**	3.5	**1:29**	2.8	**7:18**	0.8	**7:21**	0.7	6:15	6:07	
14	Sun	**3:04**	3.5	**3:27**	2.8	**9:16**	0.9	**9:18**	0.6	7:14	7:08	
15	Mon	**4:06**	3.6	**4:29**	2.8	**10:16**	0.8	**10:18**	0.5	7:12	7:09	
16	Tue	**5:08**	3.8	**5:30**	3.0	**11:16**	0.6	**11:19**	0.2	7:11	7:10	
17	Wed	**6:07**	4.1	**6:26**	3.3			**12:14**	0.3	7:09	7:11	
18	Thu	**7:01**	4.4	**7:20**	3.7	**12:18**	-0.2	**1:07**	-0.1	7:08	7:12	
19	Fri	**7:52**	4.6	**8:11**	4.1	**1:15**	-0.6	**1:56**	-0.4	7:06	7:13	
20	Sat	**8:42**	4.7	**9:02**	4.4	**2:09**	-0.9	**2:43**	-0.7	7:05	7:14	
21	Sun	**9:32**	4.7	**9:52**	4.7	**3:01**	-1.2	**3:29**	-0.9	7:03	7:15	
22	Mon	**10:21**	4.6	**10:43**	4.8	**3:53**	-1.2	**4:15**	-1.0	7:02	7:16	
23	Tue	**11:10**	4.3	**11:33**	4.8	**4:46**	-1.1	**5:02**	-0.9	7:00	7:17	
24	Wed	**11:59**	4.0			**5:40**	-0.9	**5:52**	-0.7	6:59	7:17	
25	Thu	**12:25**	4.6	**12:50**	3.6	**6:37**	-0.5	**6:45**	-0.4	6:57	7:18	
26	Fri	**1:20**	4.4	**1:45**	3.2	**7:38**	-0.2	**7:41**	-0.1	6:56	7:19	
27	Sat	**2:20**	4.1	**2:46**	2.9	**8:42**	0.2	**8:42**	0.1	6:54	7:20	
28	Sun	**3:26**	3.8	**3:54**	2.8	**9:49**	0.4	**9:46**	0.3	6:53	7:21	
29	Mon	**4:37**	3.7	**5:05**	2.8	**10:56**	0.5	**10:52**	0.3	6:51	7:22	
30	Tue	**5:44**	3.6	**6:05**	2.9	**11:59**	0.5	**11:54**	0.2	6:50	7:23	
31	Wed	**6:39**	3.7	**6:54**	3.1			**12:50**	0.4	6:48	7:24	