US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Aug 2038

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**9:25**	3.7	**9:53**	5.0	**3:15**	0.1	**3:11**	-0.2	6:06	8:10	
2	Mon	**10:12**	3.9	**10:39**	5.0	**3:59**	0.0	**3:59**	-0.3	6:07	8:10	
3	Tue	**11:00**	4.0	**11:25**	4.8	**4:43**	-0.1	**4:48**	-0.2	6:08	8:08	
4	Wed	**11:49**	4.1			**5:29**	-0.1	**5:41**	-0.1	6:09	8:07	
5	Thu	**12:12**	4.6	**12:40**	4.2	**6:17**	-0.1	**6:38**	0.1	6:09	8:06	
6	Fri	**1:01**	4.3	**1:34**	4.3	**7:07**	-0.1	**7:38**	0.3	6:10	8:05	
7	Sat	**1:54**	3.9	**2:32**	4.3	**7:59**	0.0	**8:42**	0.4	6:11	8:04	
8	Sun	**2:52**	3.6	**3:35**	4.3	**8:54**	0.1	**9:48**	0.5	6:12	8:03	
9	Mon	**3:55**	3.3	**4:41**	4.4	**9:51**	0.1	**10:55**	0.5	6:13	8:02	
10	Tue	**5:00**	3.2	**5:44**	4.5	**10:51**	0.1			6:14	8:01	
11	Wed	**6:02**	3.2	**6:42**	4.6	**12:01**	0.4	**11:51 AM**	0.0	6:15	8:00	
12	Thu	**6:59**	3.3	**7:35**	4.7	**1:01**	0.3	**12:49**	-0.1	6:15	7:58	
13	Fri	**7:51**	3.4	**8:24**	4.7	**1:53**	0.2	**1:42**	-0.2	6:16	7:57	
14	Sat	**8:39**	3.5	**9:10**	4.7	**2:39**	0.1	**2:30**	-0.2	6:17	7:56	
15	Sun	**9:25**	3.6	**9:53**	4.6	**3:20**	0.0	**3:16**	-0.2	6:18	7:55	
16	Mon	**10:08**	3.7	**10:34**	4.4	**3:59**	0.1	**3:59**	-0.1	6:19	7:53	
17	Tue	**10:51**	3.8	**11:14**	4.2	**4:37**	0.2	**4:42**	0.1	6:20	7:52	
18	Wed	**11:33**	3.8	**11:53**	4.0	**5:14**	0.3	**5:25**	0.3	6:21	7:51	
19	Thu			**12:15**	3.8	**5:52**	0.5	**6:11**	0.6	6:21	7:50	
20	Fri	**12:34**	3.8	**12:58**	3.8	**6:32**	0.7	**6:58**	0.9	6:22	7:48	
21	Sat	**1:16**	3.5	**1:44**	3.7	**7:13**	0.8	**7:49**	1.1	6:23	7:47	
22	Sun	**2:01**	3.3	**2:35**	3.7	**7:57**	1.0	**8:42**	1.3	6:24	7:46	
23	Mon	**2:53**	3.1	**3:31**	3.8	**8:45**	1.1	**9:39**	1.4	6:25	7:44	
24	Tue	**3:49**	3.0	**4:29**	3.9	**9:37**	1.1	**10:36**	1.3	6:26	7:43	
25	Wed	**4:47**	3.1	**5:25**	4.1	**10:31**	1.0	**11:33**	1.2	6:26	7:41	
26	Thu	**5:43**	3.2	**6:18**	4.3	**11:27**	0.8			6:27	7:40	
27	Fri	**6:35**	3.4	**7:07**	4.6	**12:27**	0.9	**12:21**	0.5	6:28	7:39	
28	Sat	**7:24**	3.7	**7:55**	4.9	**1:16**	0.6	**1:13**	0.2	6:29	7:37	
29	Sun	**8:13**	4.0	**8:42**	5.0	**2:02**	0.3	**2:03**	-0.1	6:30	7:36	
30	Mon	**9:01**	4.2	**9:28**	5.1	**2:47**	0.0	**2:52**	-0.3	6:31	7:34	
31	Tue	**9:49**	4.5	**10:15**	5.1	**3:30**	-0.2	**3:42**	-0.4	6:32	7:33	