US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jan 2039

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**12:58**	3.0	**1:20**	3.4	**6:55**	0.2	**7:36**	0.2	7:17	4:54	
2	Sun	**1:54**	3.0	**2:13**	3.1	**7:53**	0.5	**8:22**	0.3	7:17	4:55	
3	Mon	**2:52**	3.0	**3:07**	2.9	**8:52**	0.6	**9:08**	0.4	7:17	4:56	
4	Tue	**3:49**	3.2	**4:00**	2.7	**9:50**	0.7	**9:53**	0.3	7:17	4:56	
5	Wed	**4:40**	3.4	**4:51**	2.7	**10:47**	0.6	**10:39**	0.3	7:17	4:57	
6	Thu	**5:27**	3.6	**5:38**	2.8	**11:38**	0.5	**11:24**	0.2	7:17	4:58	
7	Fri	**6:11**	3.8	**6:23**	2.8			**12:24**	0.4	7:17	4:59	
8	Sat	**6:54**	4.0	**7:06**	2.9	**12:08**	0.0	**1:06**	0.3	7:17	5:00	
9	Sun	**7:37**	4.2	**7:49**	3.0	**12:51**	-0.1	**1:46**	0.1	7:17	5:01	
10	Mon	**8:19**	4.3	**8:32**	3.1	**1:33**	-0.3	**2:26**	0.0	7:17	5:02	
11	Tue	**9:01**	4.4	**9:15**	3.1	**2:15**	-0.3	**3:06**	0.0	7:17	5:03	
12	Wed	**9:43**	4.4	**9:58**	3.2	**2:57**	-0.4	**3:48**	-0.1	7:16	5:04	
13	Thu	**10:25**	4.3	**10:42**	3.3	**3:41**	-0.4	**4:31**	-0.1	7:16	5:05	
14	Fri	**11:08**	4.2	**11:29**	3.3	**4:28**	-0.3	**5:16**	-0.1	7:16	5:06	
15	Sat	**11:53**	4.0			**5:20**	-0.2	**6:03**	-0.1	7:16	5:07	
16	Sun	**12:20**	3.4	**12:42**	3.8	**6:17**	0.0	**6:52**	-0.2	7:15	5:08	
17	Mon	**1:16**	3.5	**1:36**	3.5	**7:18**	0.1	**7:44**	-0.2	7:15	5:09	
18	Tue	**2:16**	3.7	**2:36**	3.2	**8:22**	0.1	**8:39**	-0.3	7:14	5:10	
19	Wed	**3:21**	3.8	**3:40**	3.1	**9:29**	0.1	**9:36**	-0.4	7:14	5:11	
20	Thu	**4:24**	4.1	**4:42**	3.0	**10:36**	0.0	**10:35**	-0.6	7:14	5:12	
21	Fri	**5:25**	4.3	**5:42**	3.0	**11:41**	-0.2	**11:34**	-0.8	7:13	5:13	
22	Sat	**6:22**	4.5	**6:38**	3.1			**12:39**	-0.4	7:12	5:14	
23	Sun	**7:17**	4.6	**7:32**	3.2	**12:30**	-0.9	**1:33**	-0.6	7:12	5:15	
24	Mon	**8:08**	4.6	**8:23**	3.2	**1:23**	-1.1	**2:21**	-0.7	7:11	5:17	
25	Tue	**8:58**	4.6	**9:12**	3.3	**2:14**	-1.1	**3:07**	-0.7	7:11	5:18	
26	Wed	**9:44**	4.4	**10:00**	3.3	**3:02**	-1.0	**3:52**	-0.6	7:10	5:19	
27	Thu	**10:28**	4.2	**10:46**	3.3	**3:50**	-0.8	**4:35**	-0.4	7:09	5:20	
28	Fri	**11:11**	3.9	**11:31**	3.2	**4:38**	-0.5	**5:18**	-0.2	7:09	5:21	
29	Sat	**11:54**	3.5			**5:27**	-0.2	**6:01**	0.0	7:08	5:22	
30	Sun	**12:18**	3.2	**12:38**	3.2	**6:18**	0.1	**6:44**	0.2	7:07	5:23	
31	Mon	**1:07**	3.1	**1:25**	2.9	**7:10**	0.4	**7:28**	0.3	7:06	5:24	