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# Metompkin Inlet, VA - Jun 2039

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 4:04 | 3.8 | 4:40 | 3.7 | 10:09 | 0.4 | 10:35 | 0.5 | 5:42 | 8:18 | |
| 2 | Thu | 5:02 | 3.8 | 5:36 | 4.2 | 11:01 | 0.2 | 11:37 | 0.2 | 5:41 | 8:18 | |
| 3 | Fri | 5:57 | 3.8 | 6:30 | 4.6 | 11:52 | -0.1 | | | 5:41 | 8:19 | |
| 4 | Sat | 6:52 | 3.9 | 7:23 | 5.0 | 12:38 | -0.1 | 12:44 | -0.4 | 5:41 | 8:20 | |
| 5 | Sun | 7:45 | 3.9 | 8:15 | 5.3 | 1:35 | -0.4 | 1:36 | -0.6 | 5:41 | 8:20 | |
| 6 | Mon | 8:38 | 3.8 | 9:08 | 5.4 | 2:30 | -0.6 | 2:27 | -0.8 | 5:40 | 8:21 | |
| 7 | Tue | 9:32 | 3.8 | 10:02 | 5.4 | 3:24 | -0.7 | 3:18 | -0.8 | 5:40 | 8:21 | |
| 8 | Wed | 10:26 | 3.7 | 10:56 | 5.2 | 4:17 | -0.7 | 4:11 | -0.8 | 5:40 | 8:22 | |
| 9 | Thu | 11:20 | 3.6 | 11:49 | 5.0 | 5:12 | -0.5 | 5:05 | -0.6 | 5:40 | 8:23 | |
| 10 | Fri | | | 12:15 | 3.4 | 6:07 | -0.3 | 6:02 | -0.3 | 5:40 | 8:23 | |
| 11 | Sat | 12:43 | 4.6 | 1:11 | 3.3 | 7:03 | -0.1 | 7:02 | 0.0 | 5:40 | 8:23 | |
| 12 | Sun | 1:38 | 4.2 | 2:10 | 3.3 | 8:00 | 0.1 | 8:05 | 0.3 | 5:40 | 8:24 | |
| 13 | Mon | 2:35 | 3.9 | 3:13 | 3.3 | 8:54 | 0.2 | 9:08 | 0.5 | 5:40 | 8:24 | |
| 14 | Tue | 3:34 | 3.5 | 4:16 | 3.4 | 9:45 | 0.3 | 10:11 | 0.6 | 5:40 | 8:25 | |
| 15 | Wed | 4:31 | 3.3 | 5:12 | 3.5 | 10:34 | 0.4 | 11:12 | 0.7 | 5:40 | 8:25 | |
| 16 | Thu | 5:25 | 3.2 | 6:00 | 3.7 | 11:19 | 0.4 | | | 5:40 | 8:26 | |
| 17 | Fri | 6:12 | 3.1 | 6:43 | 3.9 | 12:09 | 0.6 | 12:02 | 0.4 | 5:40 | 8:26 | |
| 18 | Sat | 6:57 | 3.1 | 7:24 | 4.1 | 12:59 | 0.6 | 12:43 | 0.4 | 5:40 | 8:26 | |
| 19 | Sun | 7:39 | 3.1 | 8:04 | 4.2 | 1:42 | 0.5 | 1:23 | 0.3 | 5:40 | 8:26 | |
| 20 | Mon | 8:21 | 3.1 | 8:45 | 4.3 | 2:22 | 0.4 | 2:03 | 0.3 | 5:40 | 8:27 | |
| 21 | Tue | 9:03 | 3.2 | 9:26 | 4.4 | 3:00 | 0.4 | 2:43 | 0.3 | 5:41 | 8:27 | |
| 22 | Wed | 9:44 | 3.2 | 10:08 | 4.4 | 3:38 | 0.4 | 3:22 | 0.3 | 5:41 | 8:27 | |
| 23 | Thu | 10:26 | 3.2 | 10:49 | 4.4 | 4:17 | 0.4 | 4:03 | 0.3 | 5:41 | 8:27 | |
| 24 | Fri | 11:08 | 3.2 | 11:30 | 4.4 | 4:57 | 0.5 | 4:44 | 0.4 | 5:41 | 8:27 | |
| 25 | Sat | 11:50 | 3.2 | | | 5:39 | 0.5 | 5:29 | 0.5 | 5:42 | 8:28 | |
| 26 | Sun | 12:12 | 4.3 | 12:34 | 3.2 | 6:23 | 0.5 | 6:17 | 0.6 | 5:42 | 8:28 | |
| 27 | Mon | 12:55 | 4.2 | 1:22 | 3.3 | 7:08 | 0.5 | 7:11 | 0.7 | 5:42 | 8:28 | |
| 28 | Tue | 1:41 | 4.0 | 2:14 | 3.5 | 7:55 | 0.5 | 8:09 | 0.7 | 5:43 | 8:28 | |
| 29 | Wed | 2:33 | 3.9 | 3:11 | 3.7 | 8:44 | 0.4 | 9:10 | 0.6 | 5:43 | 8:28 | |
| 30 | Thu | 3:30 | 3.7 | 4:11 | 4.0 | 9:34 | 0.2 | 10:13 | 0.5 | 5:44 | 8:28 | |