US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Aug 2039

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:09**	3.4	**6:49**	4.9	**12:06**	0.3	**11:59 AM**	-0.2	6:06	8:11	
2	Tue	**7:08**	3.4	**7:45**	5.1	**1:07**	0.1	**12:58**	-0.4	6:07	8:10	
3	Wed	**8:04**	3.6	**8:39**	5.1	**2:03**	-0.1	**1:55**	-0.6	6:07	8:09	
4	Thu	**8:57**	3.7	**9:31**	5.1	**2:54**	-0.3	**2:48**	-0.7	6:08	8:08	
5	Fri	**9:49**	3.8	**10:20**	4.9	**3:42**	-0.3	**3:39**	-0.6	6:09	8:07	
6	Sat	**10:39**	3.9	**11:07**	4.7	**4:28**	-0.3	**4:30**	-0.5	6:10	8:06	
7	Sun	**11:27**	3.9	**11:52**	4.4	**5:13**	-0.2	**5:20**	-0.2	6:11	8:05	
8	Mon			**12:15**	3.9	**5:57**	0.0	**6:11**	0.1	6:12	8:03	
9	Tue	**12:36**	4.0	**1:02**	3.8	**6:41**	0.2	**7:04**	0.5	6:13	8:02	
10	Wed	**1:21**	3.6	**1:51**	3.7	**7:25**	0.5	**7:59**	0.8	6:13	8:01	
11	Thu	**2:08**	3.3	**2:43**	3.7	**8:10**	0.7	**8:55**	1.0	6:14	8:00	
12	Fri	**3:00**	3.0	**3:39**	3.7	**8:57**	0.8	**9:53**	1.2	6:15	7:59	
13	Sat	**3:56**	2.9	**4:37**	3.7	**9:46**	0.9	**10:51**	1.2	6:16	7:58	
14	Sun	**4:54**	2.9	**5:33**	3.9	**10:38**	0.9	**11:48**	1.2	6:17	7:56	
15	Mon	**5:48**	2.9	**6:24**	4.0	**11:30**	0.9			6:18	7:55	
16	Tue	**6:38**	3.1	**7:10**	4.2	**12:39**	1.1	**12:21**	0.7	6:19	7:54	
17	Wed	**7:24**	3.3	**7:54**	4.4	**1:23**	0.9	**1:09**	0.5	6:19	7:52	
18	Thu	**8:08**	3.5	**8:37**	4.6	**2:04**	0.7	**1:54**	0.3	6:20	7:51	
19	Fri	**8:51**	3.7	**9:18**	4.7	**2:43**	0.5	**2:37**	0.2	6:21	7:50	
20	Sat	**9:34**	3.9	**9:59**	4.7	**3:21**	0.4	**3:20**	0.1	6:22	7:49	
21	Sun	**10:17**	4.0	**10:40**	4.7	**3:59**	0.2	**4:04**	0.0	6:23	7:47	
22	Mon	**11:00**	4.2	**11:22**	4.5	**4:39**	0.2	**4:51**	0.1	6:24	7:46	
23	Tue	**11:45**	4.3			**5:20**	0.2	**5:40**	0.2	6:25	7:44	
24	Wed	**12:05**	4.3	**12:32**	4.4	**6:04**	0.2	**6:35**	0.4	6:25	7:43	
25	Thu	**12:51**	4.0	**1:24**	4.4	**6:51**	0.2	**7:33**	0.5	6:26	7:42	
26	Fri	**1:43**	3.7	**2:21**	4.4	**7:43**	0.3	**8:36**	0.7	6:27	7:40	
27	Sat	**2:41**	3.4	**3:24**	4.5	**8:40**	0.4	**9:42**	0.7	6:28	7:39	
28	Sun	**3:46**	3.3	**4:32**	4.5	**9:40**	0.3	**10:49**	0.7	6:29	7:37	
29	Mon	**4:54**	3.2	**5:38**	4.6	**10:44**	0.2	**11:55**	0.5	6:30	7:36	
30	Tue	**5:59**	3.3	**6:38**	4.8	**11:48**	0.1			6:30	7:35	
31	Wed	**6:57**	3.5	**7:34**	4.9	**12:56**	0.3	**12:48**	-0.1	6:31	7:33	