US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Oct 2039

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**8:24**	4.2	**8:48**	4.4	**2:09**	0.1	**2:22**	-0.1	6:58	6:46	
2	Sun	**9:06**	4.3	**9:29**	4.3	**2:48**	0.0	**3:07**	-0.1	6:58	6:44	
3	Mon	**9:48**	4.5	**10:08**	4.1	**3:24**	0.1	**3:49**	0.0	6:59	6:42	
4	Tue	**10:28**	4.5	**10:48**	3.9	**4:00**	0.2	**4:31**	0.2	7:00	6:41	
5	Wed	**11:08**	4.4	**11:28**	3.7	**4:36**	0.3	**5:14**	0.4	7:01	6:39	
6	Thu	**11:50**	4.3			**5:14**	0.6	**5:58**	0.7	7:02	6:38	
7	Fri	**12:09**	3.4	**12:33**	4.2	**5:54**	0.8	**6:46**	1.0	7:03	6:37	
8	Sat	**12:53**	3.2	**1:20**	4.0	**6:38**	1.1	**7:37**	1.3	7:04	6:35	
9	Sun	**1:41**	3.0	**2:12**	3.9	**7:28**	1.2	**8:31**	1.4	7:05	6:34	
10	Mon	**2:35**	2.9	**3:11**	3.8	**8:22**	1.3	**9:28**	1.5	7:06	6:32	
11	Tue	**3:36**	3.0	**4:12**	3.9	**9:20**	1.3	**10:23**	1.4	7:06	6:31	
12	Wed	**4:37**	3.1	**5:09**	4.0	**10:19**	1.2	**11:15**	1.2	7:07	6:29	
13	Thu	**5:33**	3.4	**6:00**	4.2	**11:16**	1.0			7:08	6:28	
14	Fri	**6:22**	3.7	**6:47**	4.4	**12:03**	0.9	**12:10**	0.7	7:09	6:26	
15	Sat	**7:08**	4.1	**7:31**	4.5	**12:47**	0.6	**1:01**	0.4	7:10	6:25	
16	Sun	**7:53**	4.5	**8:16**	4.6	**1:30**	0.3	**1:51**	0.0	7:11	6:24	
17	Mon	**8:38**	4.9	**9:01**	4.6	**2:12**	0.0	**2:39**	-0.2	7:12	6:22	
18	Tue	**9:24**	5.1	**9:47**	4.5	**2:54**	-0.2	**3:28**	-0.3	7:13	6:21	
19	Wed	**10:12**	5.3	**10:34**	4.3	**3:37**	-0.3	**4:18**	-0.3	7:14	6:20	
20	Thu	**11:01**	5.3	**11:23**	4.0	**4:22**	-0.3	**5:11**	-0.2	7:15	6:18	
21	Fri	**11:52**	5.2			**5:11**	-0.2	**6:07**	0.1	7:16	6:17	
22	Sat	**12:15**	3.7	**12:47**	5.0	**6:04**	0.0	**7:08**	0.3	7:17	6:16	
23	Sun	**1:11**	3.5	**1:47**	4.7	**7:03**	0.3	**8:12**	0.5	7:18	6:14	
24	Mon	**2:14**	3.3	**2:53**	4.5	**8:08**	0.4	**9:19**	0.6	7:19	6:13	
25	Tue	**3:25**	3.2	**4:03**	4.3	**9:15**	0.5	**10:24**	0.6	7:20	6:12	
26	Wed	**4:38**	3.3	**5:11**	4.2	**10:24**	0.5	**11:24**	0.5	7:21	6:11	
27	Thu	**5:43**	3.5	**6:09**	4.1	**11:30**	0.4			7:22	6:09	
28	Fri	**6:37**	3.8	**6:58**	4.1	**12:16**	0.3	**12:30**	0.3	7:23	6:08	
29	Sat	**7:22**	4.0	**7:41**	4.0	**1:00**	0.2	**1:22**	0.2	7:24	6:07	
30	Sun	**8:03**	4.2	**8:21**	3.9	**1:39**	0.1	**2:08**	0.1	7:25	6:06	
31	Mon	**8:42**	4.4	**9:00**	3.8	**2:15**	0.1	**2:49**	0.1	7:26	6:05	